



Activist Motivates Masses For Water Quality Plight

by Bob Petcher

Famed environmental activist Erin Brockovich led a panel of speakers at the Burroughs Home and Gardens in downtown Fort Myers on October 3 – representing the Calusa Waterkeeper, Captains for Clean Water and Sanibel-Captiva Conservation Foundation (SCCF) – to discuss the issues and challenges on regional water quality resulting from current water management practices.

The message was loud and clear, and repeated often: Get motivated and unified; make phone calls to the Florida Department of Health in Lee County; write letters to elected officials and make sure to vote for the right people in the next legislative session (Florida’s General Election is November 6). It’s a power of the people plea.

“I am here for you. I am here for your environment. What we need to start doing is getting solution-driven,” she said. “I’ll tell you I’m not going to stand up here and change what’s happening in Southwest Florida, you are. This is your fight. You need to stand up, speak out, be involved and fight for this.”



Erin Brockovich speaks to attendees at the clean water rally

photo by Bob Petcher

Before coming to Fort Myers and going on a boat trip on the Caloosahatchee with SCCF officials last Wednesday morning, Brockovich toured Satellite Beach, Lake Okeechobee and the Everglades. She admitted she had no idea of the toll that this water quality problem has taken on the community.

“I didn’t realize the depth of what this has done to tourism and those that don’t have jobs and shelters that are increasing,

and the food lines. I’m shocked,” she said. “We need a Me Too movement for the water.”

Polluted waters have been said to be affected by chemical dumping as well as increased levels of nitrogen and phosphorous and other nutrients from agriculture as well as failed waste water systems. Areas are devastated by red tide, blue-green algae and red drift algae.

SCCF Natural Resource Policy

Director Rae Ann Wessel termed the Caloosahatchee water quality issue the “Goldilocks condition” regarding the management of the river’s salinity.

“We have too much water when we don’t need it, and we get too little water when we do need it,” she said. “It’s a nutrient problem. My challenge to you for this coming legislative session, after you vote, because voting is the one thing you can do to just change the world, is to help us unify a position to move forward on water quality regulations and standards that really can clean up this river. This is our chance to change the future.”

Wessel believes landowners south of Lake O should farm water from the lake. Other solutions include adding treatment and water storage lands for Lake O and the surrounding estuaries, as well as expediting the completion of needed projects like the bridging of Tamiami Trail and repairs to the Herbert Hoover Dike.

“The plan is to ask our state (officials) to incentivize moving water south for water farming,” Wessel said. “We can also prevent new pollution from getting into the lake and into our river.”

John Cassani from the Calusa Waterkeeper has been involved in water advocacy for many years. He also urged people to vote at the upcoming elections.

“We are on the verge of something extraordinary. I have never seen anything

continued on page 22



A scene from 42nd Street

photo provided

A Glitzy American Musical At Broadway Palm

by Di Saggau

The musical 42nd Street is a show for the ages, and it’s playing now at Broadway Palm. The show is alive from start to finish with jazzy tap dances choreographed by Ann Nieman with well-drilled precision. She also directs the show. The energy is remarkable, the dancing

spectacular, costumes and scenery are fabulous, and the whole cast is amazing. It’s absolutely a show not to be missed.

My friend said during intermission, “Are all these actors from Broadway?” She said it’s the best show she’s seen at Broadway Palm. I’ve been reviewing their plays for over 15 years and have seen some really great shows along the way. This one falls into that category. The energy displayed is remarkable as these young performers sing and dance their way through numerous songs, including the title song, 42nd Street, You’re Getting to be a Habit with Me and

continued on page 19

Art Receptions To Celebrate The Unexpected

Visitors to BIG ARTS on Friday, October 19 can experience two distinct realities through upcoming visual arts shows. Simultaneous opening receptions introduce exhibits of conceptual art in Phillips Gallery and plein air in Founders Gallery at 900 Dunlop Road on Sanibel.

The Sense of Things features three Southwest Florida artists – Del Holt, Guy Tieman and Dale Weber – in an exhibit that explores their art as well as each individual’s creative process. Passion for Pastels features Suzanne G. Bennett and Michele Barron Buelow with unusual approaches to plein air painting.

Holt paints creatures and scenarios that refer to our world in whimsical and thought-provoking ways. In conceiving the group show, BIG ARTS’ Visual Arts Committee started with Holt’s work, said Lauren Huff, programs coordinator, then brought two other whimsical conceptual artists into the show fold.

“Holt’s animals in humanesque environments are surreal in terms of the thought process,” she said. “It’s different from most of what we see on the island.”

For example, Holt’s website gathers



Three Ibis by Guy Tieman image provided

his work into online galleries. In the Nudes category, the first work that a web visitor sees is a reclining orangutan viewed from its head and arms in the foreground with just a hint of the rest of its body in view. It’s not at all scintillating; the joke is on the viewer, whose concept of “nude” is thereby challenged.

In Holt’s paintings, primates are

continued on page 18

Historic Downtown Fort Myers, Then And Now:

Fatal Crash On Richmond Street



by Gerri Reaves, PhD

Fort Myers has a lot of World War II history, what with Buckingham Army Air Force Base and Page Field being established early in the war and the influx of tens of thousands of military personnel over the course of the war.

But there's one wartime story that's hard to top for poignancy and drama, and it had nothing to do with the actual war.

Seventy-five years ago, downtown Fort Myers witnessed a young pilot's unforgettable aerial antics.

At about 2 p.m. on October 14, 1943, Ensign John Bernard Sholz of Toledo, Ohio flew low over the business and residential sections of town for about 15 minutes, as people exited homes

and businesses in droves to observe the low circling and barrel-rolling of his fighter plane.

The pilot had been recently stationed at Opa-Locka Naval Air Base in Miami to serve as an instructor.

That day, he was reportedly flying a single-engine plane similar to the AT-6, which was also used at nearby Buckingham Army Air Force Base as well as many other bases.

According to local lore, the pilot wanted to impress his girlfriend, Zeta Wells, also from Toledo, whom he had seen the previous weekend when she had been staying at the St. Charles Hotel.

Genevieve Bowen, who was a child at the time, remembers hearing about the story. The pilot repeatedly flew up and down Jackson Street past the hotel, making sharp turns in between passes, she said.

He flew quite low and "buzzed" the hotel, which straddled the block between Jackson and Lee (where the CityGate Ministries parking lot now is).

After the incident, students and other people reported that the pilot waved to them



Students at the Gwynne Institute (right) at Second and Jackson had a front row seat for the ill-fated flight, as the pilot repeatedly flew up and down Jackson Street. The St. Charles Hotel was located where a church parking lot is now (center distance). photos by Gerri Reaves



The plane came down on Richmond Street, crashing into a house at the edge of today's Cornog Plaza at the library (left). The fuselage and motor crashed through the walls of the house and skidded 50 feet, causing minor damage on Royal Palm Avenue (center distance).

from the steel-frame birdcage cockpit.

Students at the Gwynne Institute at Second and Jackson were glued to the windows watching the aerial swoops.

The pilot completed about six circles before clipping a wing tip on some Australian pines behind the First Baptist Church at Second and Jackson. Fabric from the plane landed on the roof of a house on Second Street near the foot of Jackson.

The plane eventually hit the ground on Richmond Street, crashing into the front room and porch of a home at a spot that is now the edge of the library's Cornog Plaza.

The pilot died.

As the *News-Press* described it in a front-page piece headed *Stunning Flier Dies in Crash*, "the fuselage and motor shot through the walls and skidded 50 feet." Minor

continued on page 8



This aerial photograph from the mid-1940s gives an idea what the pilot saw as he repeatedly buzzed the St. Charles Hotel on Jackson Street. The tallest downtown building at the time was the Franklin Arms Hotel (center) at First and Lee. Jackson Street is one street west (left) of Lee.

photo courtesy Florida State Archives

Independently Owned And Operated
COPYRIGHT 2018 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com



Publisher
Lorin Arundel

Advertising Sales
Bob Petcher

**Graphic Arts/
Production**
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers

Jennifer Basey
Barbara Cacchione
Kay Casperson
Suzy Cohen
Linda Coin
Marcia Feeney
Ed Frank
Shelley Greggs
Tom Hall

Marion Hauser, MS, RD
Ross Hauser, MD
Capt. Matt Mitchell
Trinette Nelson
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Jeanie Tinch

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. Email: press@islandnews.com. Email: ads@islandnews.com. The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.

Wine & Food Fest Benefit Grants Total \$2.36 Million

SWFL Children's Charities, Inc. has presented grants totaling \$2.36 million to seven beneficiaries of the 2018 Southwest Florida Wine & Food Fest to enhance pediatric health care and education programs.

Golisano Children's Hospital, Florida Gulf Coast University and Florida SouthWestern State College are the main beneficiaries, and a portion of auction proceeds also were awarded to PACE Center for Girls of Lee County, Ronald McDonald House Charities of Southwest Florida, SalusCare, Inc. and The Heights Foundation.

The Southwest Florida Wine & Food Fest, a signature event of SWFL Children's Charities, features chef vintner dinners, a grand tasting and live auction. Since its inception 10 years ago, the event has raised more than \$25 million to benefit local nonprofit organizations. SWFL Children's Charities carries out its mission of saving children's lives by supporting organizations committed to pediatric health care services and education.

Golisano Children's Hospital plans to use the Southwest Florida Wine & Food Fest grant to enhance cancer care pediatric equipment, technology and programs.

"SWFL Children's Charities was the second-largest contributor to help build Golisano Children's Hospital, and we're thankful the organization continues to be one of our biggest supporters," said



SWFL Children's Charities, Inc. presents \$2.36 million in grants to seven beneficiaries of the 2018 Southwest Florida Wine & Food Fest. To date, the organization has granted \$21.6 million to local nonprofits to enhance pediatric health care and education programs. photo provided

Dr. Larry Antonucci, president and CEO of Lee Health. "By working together for the benefit of our youth, these programs will ultimately save the lives of Southwest Florida children."

The other beneficiaries have designated Southwest Florida Wine & Food Fest proceeds as follows:

Florida Gulf Coast University – Scholarships for students majoring in pediatric health care sciences.

Florida SouthWestern State College – Scholarships for students majoring in pediatric health care sciences and equipment for FSW's health sciences department.

PACE Center for Girls – Student Services, which encompasses a variety of academic and counseling/social services programs and materials specifically related to PACE's positive behavior modification

system and student technology.

Ronald McDonald House Charities – Ronald McDonald Care Mobile to provide medical and dental treatment to unserved and underserved children in Lee, Charlotte, Glades and Hendry counties.

SalusCare, Inc. – Hiring of a therapeutic life skills coordinator to work with children and adolescents with mental health, substance abuse or co-occurring disorders.

The Heights Foundation – School Success Programs to support children and youth academic development and reinforce students' development of skills for healthy living.

"This year, we expanded the number of grant recipients to seven organizations so the Southwest Florida Wine & Food Fest could have an even greater impact across Southwest Florida," said Sandy

Stilwell-Youngquist, board president for SWFL Children's Charities. "For 2019, the Southwest Florida Wine & Food Fest will redirect its philanthropic efforts to local organizations that support mental and behavioral health initiatives. Mental health is an invisible illness that is rarely discussed, yet it impacts nearly one in five families in Southwest Florida."

The grand tasting and live auction for the 2019 Southwest Florida Wine & Food Fest will take place at noon on February 24, 2019, at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs. The theme of the 2019 event is Building Healthy Minds, aligning with SWFL Children's Charities, Inc.'s new mental and behavioral health focus.

To learn more about the 2019 Southwest Florida Wine & Food Fest, visit www.swflwinefest.org.

Live the Paradise Lifestyle!



11331 LONG ROAD FT MYERS

SWFL Florida's Foremost Equestrian Boarding Facility; indulge your passion for horses; 28+ acres, 22 stall barn; stunning covered dressage arena, outdoor arena; jumps; 2BR apt, office, renovated 3BR mobile home, 18 turn-out pastures, 4-Bay warehouse. Farm equipment included. Steady clientele. Offered at \$1,180,000



Florida Native-Local Expert-Realtor® SCIS
valerie@valerietutor.com
yoursanibelhomes.com
239-834-8141

Kingfisher Real Estate, Inc 2402 Palm Ridge Rd Sanibel FL 33957



Masquerade Benefit Features Musical Tributes

Honor music legends during a night of cover sets at Love Your Rebellion's Sonic Masquerade at Nice Guys Pizza on Friday, October 19 at 9 p.m. The performances by some of Southwest Florida's best musicians will feature tributes to Nirvana, the Beastie Boys, the Violent Femmes, Modest Mouse and Ani DiFranco

Claire Liparulo of the Freecoasters will be opening the show with a set of Ani DiFranco tunes. Then, songstress Kate Skales and Kyle Anne Duggan will perform their rendition of Modest Mouse songs. Exploding Pages' Marc Davis and Mike Cosden join rapper Jon Wayne Gretzky for a Violent Femmes set.

Plus, see hip hop artists Stonin Ronin, Duke Stamina and Breshnyda cover the Beastie Boys. The final tribute brings Angela Page and Pete Flower of the Young Dead together with Shawn Ayotte and Drew Richard for a tribute to Nirvana. The night finishes with a DJ set from Breshnyda.

The show benefits Love Your Rebellion, a 501(c)3 focused on empowering marginalized groups through the arts. Donations requested at the door will go toward Love Your Rebellion's diversity first music and art initiatives.

To learn more about Sonic Masquerade and Love Your Rebellion, visit www.loveyourrebellion.org.



Claire Liparulo

photo by Jesi Cason Photography

Beer Festival At Bell Tower Shops

Twenty-four craft breweries will be participating in Pumptober-Fest at Bell Tower Shops on Saturday, October 13 from 3 to 7 p.m. All but six of the participating breweries hail from the Florida, with a half-dozen brewing right here in Southwest Florida.

"The craft beer scene has exploded across Florida in recent years, and we wanted to create a fun environment for beer aficionados to sample some hard-to-find brews that aren't typically for sale in your neighborhood bar or restaurant," said Shannon Palzer, marketing manager for Bell Tower Shops.

Admission is \$35 in advance, or \$40 at the door, and includes unlimited tastings of ales, lagers, pilsners and stouts. Proceeds from Pumptober-Fest will benefit the Greater Fort Myers Chamber of Commerce Foundation.

"The foundation supports the Chamber's directive to focus on education by providing college scholarships, grants for teachers, entrepreneurial education, internships and mentoring initiatives," said Colleen DePasquale, president and CEO of the Chamber. "We're hoping the first Pumptober-Fest draws a large crowd because the event's success ultimately will allow the foundation to enhance its support for students, teachers and entrepreneurs in the Fort Myers area."

Craft brewers confirmed for Pumptober-Fest include Barrel of Monks Brewery (Boca Raton), Big Storm Brewing Co. (Cape Coral), Big Top Brewing Company (Sarasota), Blue Point Brewing Company (Patchogue, New York), Bury Me Brewing (Fort Myers), Coppertail Brewing Co. (Tampa), Due South (Boynton Beach), Elysian Brewing Company (Seattle, Washington), Fat Point Brewing (Punta Gorda), Florida Avenue Brewing Co. (Tampa), Founders Brewing Company (Grand Rapids, Michigan), Funky Buddha Brewery (Oakland Park), Green Bench Brewing Company (St. Petersburg), Islamorada Beer Company (Islamorada), Kona Brewing Co. (Kona, Hawaii), Millennial Brewing Company (Fort Myers), Motorworks Brewing (Bradenton), Old Soul Brewing (Fort Myers), Scotty's Bierwerks (Cape Coral), Southern Tier Brewing Company (Charlotte, North Carolina), Shipyard Brewing Co. (Portland, Maine), Swamp

Head Brewery (Gainesville), Tampa Bay Brewing Company (Tampa) and 3 Daughters Brewing (St. Petersburg).

Entertainment will be provided by DJ Carlos and Way Too Tall Torrie, a stilt walker and balloon artist. Cat Country 107.1 host Mike Tyler will operate a live remote at the event. Attendees also can test their skills and luck at carnival-style games.

A selection of restaurants at Bell Tower Shops will be offering samples of their innovative cuisine, including Bistro 41, Grimaldi's Coal Brick-Oven Pizzeria, World of Beer and others.

The Greater Fort Myers Chamber of Commerce Foundation needs additional volunteers ages 21 and older to help on the day of the event. Contact DePasquale at colleen@fortmyers.org with your full name, age, cell phone number and email address.

Tickets can be purchased at the gate or in advance by visiting FortMyers.org.

Bell Tower Shops is located at 13499 South Cleveland Avenue in Fort Myers. Updates will be provided on Instagram using the hashtag #PumptoberFest2018.

Ostego Bay To Resume Waterfront Tours

The Ostego Bay Foundation will again offer Working Waterfront Tours on Wednesdays, beginning on October 17 at 9 a.m.

The three-hour guided tour includes a 1-1/2 hour guided visit of the Marine Science Center, which features numerous hands-on exhibits, touch tank, beach exhibit and estuarine aquariums. The remaining time includes a walking tour of the commercial fishing industry working waterfront, including Erickson & Jensen Supply Boat House, net shop and Trico Shrimp Boat loading dock. See how the boats are unloaded, the trawl doors are built, the shrimp nets are hand-sewn, the seafood is off-loaded and other important factors used in this unique multi-million dollar industry.

Cost is \$20 per adult and \$10 per child over age 6. Advance reservations are required. Call 765-8101 for details or register online at www.ostegobay.org/waterfront-tours.

ALEX AND ANI

MADE IN AMERICA WITH LOVE

Synergy

Synergy Tahitian Gardens • 1891 Periwinkle Way, Sanibel Island, FL
239-395-5353 • SynergySportswear.com

DANCE PARTY
2nd Saturday of the month! Ballroom, Latin, Swing. 6 p.m. lesson followed by open dancing.

Suzanne's
DANCE | FITNESS
Fitness with Flair @ Royal Palm Square

Boutique-style group exercise and dance studio. Unique classes, friendly and inviting atmosphere.

DANCE FITNESS
Cool moves, cool music, total body, low impact. Dance fitness, group exercise, contemporary movement, step aerobics, body sculpting.

SOCIAL DANCING
Foxtrot, waltz, rumba, cha-cha, tango, swing, and more! Private lessons, and beginner, intermediate, and advanced group lessons. No partner needed.

239.822.9226 • sdf@DanceSuzannes.com • www.DanceSuzannes.com
Royal Palm Square, 1400 Colonial Blvd. #27, Fort Myers

SIESTA ISLES
NEW LISTING



OPEN 10/13 & 10/14 11:30AM - 3:30PM

18148 CUTLASS DR., FT. MYERS BEACH
• Direct Gulf Access, No Bridges
\$900,000 MLS 218062949
Mark Hasson & Tina Tusack 954.696.1524

COCONUT CREEK



OPEN 10/14 1:00PM - 4:00PM

12431 COCONUT CREEK CT., FT. MYERS
• 3 BR, 3.5 BA + Den, Pool
\$649,000 MLS 218038803
Linda von Wowern, McMurray & Nette 239.223.3382

GULF HARBOUR YACHT & CC
NEW PRICE



11600 COURT OF PALMS #401, FT. MYERS
• Spectacular River Views, 6th Floor
\$591,000 MLS 218059527
Patti Testa 239.770.5445

COLONIAL SHORES
NEW PRICE



15979 CUTTERS CT., FT. MYERS
• Short Bike Ride to the Beach
\$450,000 MLS 218047066
Stacey Glenn, Team Stacey 239.823.1343

THE PALMS OF BAY BEACH
NEW PRICE



4223 BAY BEACH LN. #A2, FT. MYERS BEACH
• 3 BR, 2 BA, Furnished, Estero Bay Views
\$354,000 MLS 218052763
Tina Tusack 239.634.3810

MAJESTIC PALMS



11711 PASETTO LN. #103, FT. MYERS
• Beautiful 3 BR, 2 BA Condo, Turnkey
\$230,000 MLS 218057898
Lori Jackson 239.633.4199

ROYAL SHELL  **Beyond EXCELLENCE™**



WHO'S WHO IN LUXURY REAL ESTATE **PRESTIGE MLS Member GLOBAL**

Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers/Lake Glenville, Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | 239.689.7653 | RoyalShell.com

WALDENS RIVIERA ESTATES
NEW LISTING



1206 WALDEN DR., FT. MYERS
• 3 BR, 2 BA, Pool Home
\$419,000 MLS 218061289
McMurray & Nette 239.850.7888

MAJESTIC PALMS



OPEN DAILY 10:00AM - 5:00PM

11701 OLIVETTI LN. #305, FT. MYERS
• 3 BR, 2 BA, 1,696 S.F.
\$298,180 MLS 218053564
Ross Winchel, Koffman Group 239.898.1214


BRANDYWINE
NEW PRICE



OPEN 10/14 1:00PM - 3:00PM

1278 ARCOLA DR., FT. MYERS
• Corner Unit, Walk to Clubhouse
\$219,900 MLS 218056655
Lori Jackson 239.633.4199

ST. CHARLES HARBOUR



13950 BLENHEIM TRAIL RD., FT. MYERS
• Gated with 24-Hour Security
\$399,000 MLS 218043225
McMurray & Nette 239.850.7888

BRANDYWINE
NEW PRICE



OPEN 10/14 1:00PM - 3:00PM

1218 ARCOLA DR., FT. MYERS
• Remodeled 2 BR, 2 BA + Den
\$239,900 MLS 218001402
Lori Jackson 239.633.4199

PALM ISLES



17890 GREY HERON CT., FT. MYERS BEACH
• Direct Sailboat Gulf Access
\$219,900 MLS 218053487
Roger Stening 239.770.4707

MCGREGOR RESERVE
NEW PRICE




1522 MCGREGOR RESERVE DR., FT. MYERS
• Pristine Condition, 4,410 S.F.
\$825,000 MLS 218037200
Elaine Sawyer 239.940.1386

HARBOUR ISLE Y & R CLUB
NEW PRICE



15120 HARBOUR ISLE DR. #302, FT. MYERS
• Hidden Gem in South Fort Myers
\$625,000 MLS 218032250
Toni Shoemaker 239.464.3645

RIVER FOREST
NEW LISTING



OPEN 10/14 1:00PM - 4:00PM

13856 RIVER FOREST DR., FT. MYERS
• Riverfront, Pool, Large Dock
\$499,998 MLS 218056441
Bradford Bateman, GulfHomePros 239.273.8842

MCGREGOR ISLES
NEW LISTING



348 PRATHER DR., FT. MYERS
• Fully Upgraded Pool Home
\$379,000 MLS 218062803
Ed Biddison 239.218.7444

WHISKEY CREEK ESTATES
NEW LISTING



875 DEAN WAY, FT. MYERS
• 2 BR, 2 BA, 1 Car Garage
\$239,000 MLS 218061598
Tina Tusack 239.634.3810

PEPPERTREE POINTE
NEW PRICE



7233 SAINT ANNS CT., FT. MYERS
• 3 BR, 2 BA Stand-Alone Condo
\$204,900 MLS 218053409
Gary Davis 239.478.6601

Fort Myers Art:

Artwork Shredded After It Sells For \$1.4 Million



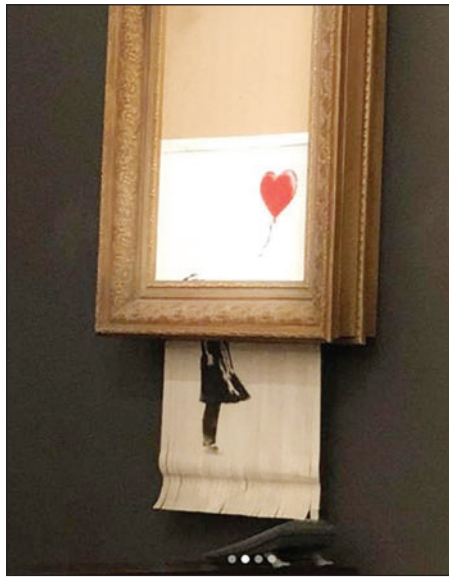
by Tom Hall

Last week, the anonymous street artist Banksy one-upped Robert Rauschenberg and Marcel Duchamp with a prank that shocked the art world. Moments after an absentee

bidder purchased his 2006 painting *Girl with a Balloon* at Sotheby's for \$1,367,104, an alarm inside the frame sounded and the canvas began descending through a shredder hidden inside the bottom of the frame. Within seconds, strips of canvas began emerging from the underside of the frame.

Dumbfounded utterances quickly turned into pandemonium, but that was quickly replaced by pure excitement as bidders and the press realized they'd not only been Banksy-ed, but had just witnessed art history.

Banksy has enjoyed quite a reputation as a prankster. His resume includes placing a mannequin of a Guantanamo Bay detainee in Disneyland, putting his own art in museums and pranking Paris Hilton. When Hilton released her pop album in 2006, Banksy remixed it with Danger



The shredding of the *Girl with a Balloon* painting photo courtesy www.artswfl.com

Mouse, changing the songs to say "Why am I famous?" and "What am I for?" He changed the image so Paris' head was replaced with her dog's and placed 500 of the fake CDs in record stores around the UK.

One of Banksy's more elaborate jokes came just over three years ago when he opened Dismaland, a "family theme park unsuitable for small children," on the seafront at Weston-super-Mare.

In perpetrating his latest prank, Banksy extended an art tradition that goes back more than 100 years to Marcel Duchamp. In 1917, Duchamp turned a urinal upside down, hanged it on the wall and declared it art. Although the stodgy Society of

Independent Artists rejected the piece, Fountain toyed with the relationship between labor and art, concept and technique, and the deification of artists and artistic spaces. It also marked the birth of conceptual and establishment of a relationship between vandalism and genius.

But closer to home and closer to the mark, Banksy's act of shredding *Girl with a Balloon* is reminiscent of the time Robert Rauschenberg erased a drawing by Willem de Kooning, who somewhat reluctantly went along with the idea. After erasing the drawing, Rauschenberg and Jasper Johns labeled, matted and framed the work, which instantly became worth considerably more than the drawing had been (not only because of the stunt itself, but because the resulting piece introduced the idea that art could include not only the accumulation of marks, but their removal as well).

Sotheby's Senior Director and European Head of Contemporary Art Alex Branczik would have everyone believe that neither the auction house nor the purchaser were in on the ruse. In fact, Branczik intimated that the buyer is still on the hook for purchase price and buyer's premium. But even if that's true, don't feel bad for the buyer, because the shredded painting may actually be worth more than \$2 million now.

"Given the media attention this stunt has received, the lucky buyer would see a great return on the (\$1.4 million) they paid last night," MyArtBroker's Joey Syer told the *Guardian*.

It was only a year ago that *Girl with Balloon* was voted the UK's best-loved artwork. It first appeared on a wall in

Great Eastern Street in Shoreditch, East London. The 2006 gallery version featured spray paint and acrylic on canvas, mounted on a board.

Even if it turns out that Banksy and the buyer aren't one and the same, Banksy and his collectors are poised to benefit from the media attention the stunt has garnered. Prices for signed and authenticated prints have been steadily increasing, and last week's prank is expected to propel this even further.

Banksy rose to fame with graffiti that appeared on buildings across the UK, often marked by deeply satirical undertones. The identity of the snarky stencilist has been a closely guarded secret since he (or she) first emerged on the scene. Over the years, several different people have attempted to "unmask" Banksy, an obsession that seems to have gripped the world. Theories surrounding his identity range from the plausible to the downright absurd.

Although he doesn't know Banksy's identity either, Southwest Florida filmmaker John Scoular is within six degrees of the street artist. In 2015, he had occasion to interview Steve Lazarides for his *Examine & Report* documentary on local surrealist/expressionist Marcus Jansen. Lazarides is not only Jansen's UK representative, he was also Banksy's first agent. But if Lazarides knows who Banksy is, he isn't telling either.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧



She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife • Shell Gifts
Jewelry • Books • Candles • Lamps • Sanibel Perfumes • Craft Supplies
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses
Handmade Shell Xmas Ornaments & Flowers

WELCOME VISITORS

SEE OUR HOODIES

Celebrating Over 40 Years On Sanibel!

FALL CLEARANCE
THIS WEEK
DISCOUNTS
60% & MORE

BUY GIFTS NOW!
SALE ITEMS
THROUGHOUT
THE STORE

FREE GIFT!

Adult & Kids T's
sizes XS-XL
3 for \$23
XXL 3 for \$29

20% Off
Any Single Item
(cash sales only)
Good with coupon
not valid on sale items

WE SHIP!

1157 Periwinkle Way
472-6991 • 472-8080

Open 7 Days 9:00am til' 9:00pm
SheSellsSeaShellsSanibel.com

BEST OF FORT MYERS
Voted The Best Shell Shop in SW Florida
-News Press Readers Poll 2000-2018
Voted The Best Gift Shop in SW Florida 2018

BEST OF FORT MYERS
Winner Best Shell Shop -Islander/Island Reporter Readers Poll 2000-2018
2015 Best Craft Shop & Best Gift Shop

Heights Center Performances October 18

The Heights Foundation will host The Heights Party Band concert at The Heights Center on Thursday, October 18 at 7 p.m. Doors will open at 6:30 p.m. The evening will include rock and roll, blues and country-rock from classics like Eric Clapton, Steve Miller, Bob Dylan, Badfinger, Marshall Tucker and more.

The Heights Party Band is a group of rotating local musicians who call The Heights Center home for several concerts each year. Admission is \$10 per person and includes complimentary appetizers and

a cash bar. The event is sponsored by CRE Consultants.

The concert features well-known local musicians including Grammy-award winning songwriter Randy Thomas and his wife Lori; Rob Robinson; Kevin Kenworthy; and special friends.

"The Heights Center is a great venue for us. We are bringing together high quality musicians for a fun, casual evening," said Randy Thomas. "We'll be playing our versions of some of our favorite classic rock, blues and country-rock songs."

Tickets will be available at the door or by visiting www.heightsfoundation.org/heightspartyband.

The Heights Center is located at 15570 Hagie Drive in Fort Myers. For more information, call 482-7706.✧

Networking Event Features Art And Poetry Creatives

Join Gulf Coast Leisure for the next Art and Poetry Networking Event at the Sidney & Berne Davis Art Center on Thursday, October 18 from 8 to 11 p.m. Cost is \$10.

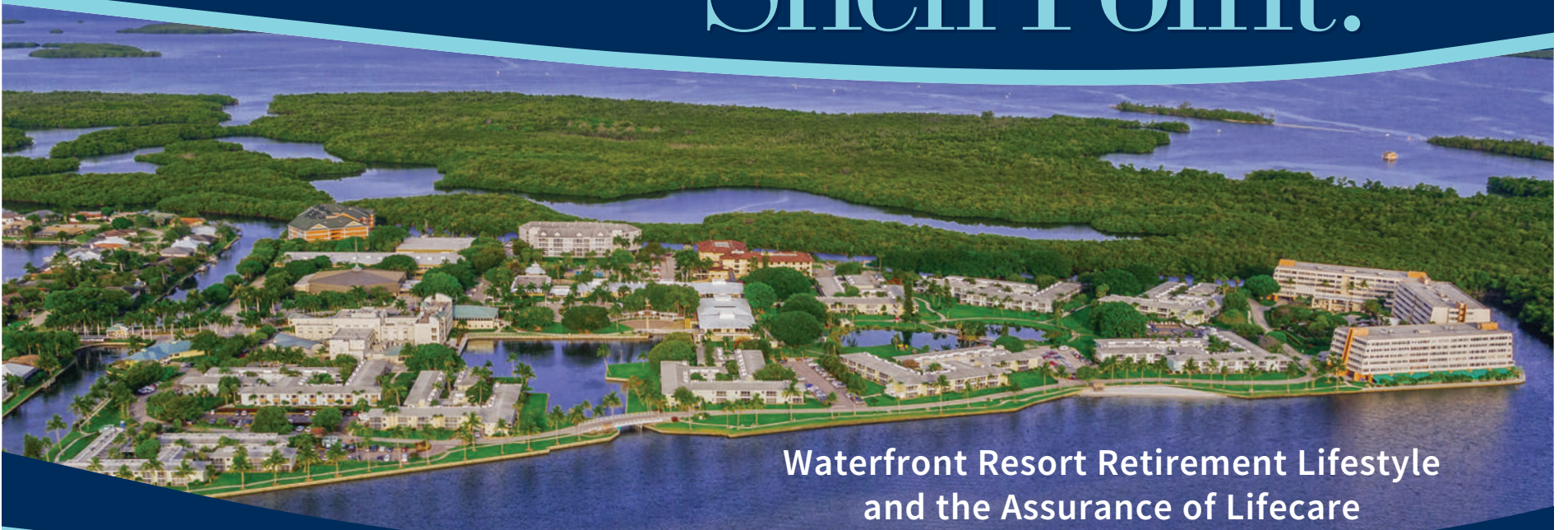
For more than five years, Gulf Coast Leisure's Art and Poetry Networking Event (APNE) has brought together artists, musicians, writers, and more from all over Southwest Florida. Each month, APNE features a different showcase of performers that wows audiences and

displays the immense talent found right in our own backyard.

Gulf Coast Leisure (GCL) is an arts and entertainment company serving Southwest Florida locals and visitors alike. GCL features vibrant, creative expressions of art from individuals representing all walks of life. While the core following is the millennial market, the artistic events and community outreach touches all age groups from teens to baby boomers by creating a movement, culture and lifestyle with productions and products. Gulf Coast Leisure's Art and Poetry Networking Event

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, tickets and artist registration, visit www.gclmovement.com.✧

Location. Location. Shell Point.



Waterfront Resort Retirement Lifestyle
and the Assurance of Lifecare



EXPLORE SHELL POINT TODAY!

ATTEND A DISCOVERY SEMINAR | 9:30 A.M.

Tuesday
October 16

Tuesday
October 30

Tuesday
November 6

Tuesday
November 13

SHELL POINT

RETIREMENT COMMUNITY

Unparalleled setting. Unparalleled lifestyle.™

EXPLORE TODAY! Call **(239) 228-4080** or **1-800-780-1131** or visit **www.shellpoint.org**

Shell Point is located in Fort Myers on the banks of the Caloosahatchee River just 2 miles from the Islands of Sanibel and Captiva.

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc. ©2018 Shell Point. All rights reserved. SLS-3733-18

Along The River

The 30th annual “Ding” Darling Days birding and eco-festival is scheduled this weekend at the JN “Ding” Darling National Wildlife Refuge on Sanibel.

New for this year, Cool Kids Zone on Sunday Family Fun Day will provide activities in the Visitor & Education Center, so families can come in to cool off. It will include puppet shows, story and crafts, DIY nature crafts, face-painting and a selfie photo station.

Let’s Get Outside Day kicks off the celebration on Friday, October 12 with free admission to Wildlife Drive for cyclists and hikers, and various free and discounted tours and eco-activities.

Conservation Art Day follows on Saturday, October 13 with visits from Federal Duck Stamp and Junior Duck Stamp winners, and nature art workshops.

Family Fun Day culminates the weekend with free activities on Sunday, October 14. It features all-free refuge tours, live wildlife presentations, archery clinics, hot dogs, live music and kids’ nature crafts.

JN “Ding” Darling National Wildlife Refuge is located at 1 Wildlife Drive on Sanibel. For more information, visit www.dingdarlingsociety.org/articles/ding-darling-days.

Celebrate the fall harvest season at Fleamasters’ annual **Great Pumpkin Festival** this weekend, beginning on Friday, October 12. There will be live music, pumpkin decorating, artists, crafters, retailers, petting zoo and children’s fun.



The start of a previous Cops & Joggers 5K Race

photo provided

The festival offers free admission and free parking.

Fleamasters Fleamarket is located at 4135 Dr Martin Luther King Jr. Boulevard in Fort Myers. For more information, visit www.fleamall.com/_pages/pumpkin.html.

The Lee County Library System’s third annual **Comic Fest**, an all-ages celebration of pop-culture, fandom and comics, will be held at the **Fort Myers Regional Library** and Cornog Plaza this Saturday, October 13 from noon to 4 p.m.

Artist Stephen Hayford, a diorama artist who specializes in science fiction and fantasy scenes, is one of the featured

presenters at Comic Fest. The free event includes activities, vendors and food trucks. It will be followed by Teens Rock The River, a battle of the bands competition sponsored by the Sidney & Berne Davis Art Center and the Lee County Library System.

Attendees are invited to enjoy workshops, karaoke, games, selfie stations, tech demos and more. Tweens, teens and young adults are invited to dress up for the costume parade with a chance to win fun prizes. Registration is required for some programs.

The Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. For more information or to register, visit www.leegov.com/library/comicfest.

The **Black Maria Film Festival** will return to **Florida SouthWestern State College** (FSW) for its 37th anniversary tour this Saturday, October 13 at 7:30 p.m. The festival will be held at the FSW Thomas Edison Campus, Rush Library Auditorium, Building J, Room 103. Tickets are \$10 for the general public, free for

FSW students with their Buc Card and \$5 for FSW staff and faculty. Tickets must be purchased at the door in cash.

Proceeds from ticket sales will benefit FSW’s Sustainability Club, which is currently focused on designing a food forest on campus and addressing issues of food insecurity.

For more information, contact Dr. Chase at Wendy.Chase@fsw.edu or 489-9470, or visit www.blackmariafilmfestival.org.

The monthly **SoCo Second Saturday Art Crawl** will showcase another artful night along the **SoCo Cultural District** this Saturday, October 13 from 6 to 10 p.m.

Vendors will set up at various locations in the Royal Palm Square, offering their handmade and fine crafts during the event.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard.

For more information, visit www.socoswfl.com or call 590-8645.

The 11th annual **Cops & Joggers 5K Race and Family Fun Night** will benefit the family of fallen Highlands County Sheriff’s Deputy William Gentry, the Fort Myers Police Department Fallen Officer Memorial Foundation and the Brotherhood Ride this Saturday, October 13, with a race starting time of 7:45 p.m. The event is being held at the intersection of Hendry Street and Edwards Drive in **downtown Fort Myers**. This night race begins and ends at Centennial Park along the river in historic downtown.

The 3.1-mile run, which crosses over the Edison Bridge and back, will feature the glow of Fort Myers Police Department’s emergency lights lighting the course all the way to the finish line.

The entry fee on race day is \$35 for all ages.

For more information and to register, visit www.swfpca.org/2018/07/11th-annual-cops-joggers-5k-race-family-fun-night.*

Automotive Service That You Can Trust

LEGENDARY

★★★★★ AUTOMOTIVE & TRUCK SERVICE



\$25 Off your first service

Limit one per customer, no cash value, cannot be combined with any other offer or discount.

We look forward to earning your business



Approved Auto Repair

All Makes and Models both Foreign and Domestic

- Professional Caring Staff
- Clean and Comfortable
- Master Certified Technicians
- Pictures and Video delivered to you of any repair or maintenance issue

239-277-1004

1921 Courtney Drive • Fort Myers 33901

OPEN Monday - Friday 8am to 5:30pm • Saturday 8am to 4pm • Sunday Closed

www.LegendaryFL.com

From page 2

Historic Downtown

property damage was caused on Royal Palm Avenue at the end of Richmond.

Law enforcement scrambled to keep onlookers away from the site lest the smashed gasoline tanks explode.

A final twist to the story: Was romance behind this tragic incident, as remembered over the decades? Miss Wells had already returned home and wasn’t even at the St. Charles.

Her aunt, whom Sholz had also visited the previous week at the hotel, speculated that it could have been her he was trying to “signal from the air,” since as far as she knew, she was his only local acquaintance. Oddly enough, she wasn’t at the hotel either.

Her comment leads one to presume that the pilot knew the niece had departed for Ohio. Who knows? But a romantic angle always makes for a better story, especially a sad one.

Visit Lee and Richmond Streets and imagine a pilot circling daringly just

moments before crashing to his death.

Discover more poignant stories in local history by visiting the following two research centers.

The Southwest Florida Historical Society is an all-volunteer nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *News-Press*, and *The Passing Scene* by Marian B. Godown.*



Two students at Allen Park Elementary with their art projects photos provided

Space-Themed Art Show For Learning Program

The students at Allen Park Elementary are just weeks away from speaking to an astronaut on board the International Space Station. Their latest Year in Space learning program to prepare for the big event is an art show.

"To celebrate their upcoming contact with the International Space Station via ham radio, students at Allen Park Elementary have been working on exhibits for a space-themed art show," explained 5th grade science teacher Courtney Black. "This initiative has been headed up by another 5th grade teacher at Allen Park, Ms. Amy Taylor. Ms. Taylor recognizes the unique experience of the upcoming ARISS event and wanted to get as many students involved as possible."

The students were encouraged to submit their space-themed models, drawings, paintings and stories by the end of this week. Their work will be on display at a reception following the ARISS contact

in October.

"Passion drives my efforts to provide meaningful activities for each and every child," teacher Amy Taylor said. "Art is a perfect complement to our upcoming ARISS contact. Many students process more effectively when they are permitted to explore ideas in alternative ways. Creating works of art that are space related has ignited student boosters. We are ready for liftoff!"

Allen Park Elementary started preparing for their conversation with an astronaut on the Space Station a year ago. Sixteen students were eventually selected from nine schools and all three grade levels to be able to ask a question. Century Link is providing the ham radio the students will use and FGCU some STEM educational support.

ARISS will announce the exact day and time for the students to speak with an astronaut about a week before the actual event. It will be broadcast live over the School District of Lee County's youtube page so that other schools can watch. At least two are already incorporating some of the Year in Space programs into their lesson plans.*

VIP Tickets Available For Taste Of The Town

A limited number of VIP tickets are now on sale for The Junior League of Fort Myers 36th annual Taste of the Town, slated for Sunday, November 4 from 11 a.m. to 5 p.m. at Alliance for the Arts. The Taste of the Town is one of the largest outdoor food and entertainment festivals and is the signature fundraising event of the Junior League of Fort Myers.

Each VIP ticket includes admission to Taste of the Town, private parking, unlimited access to the air-conditioned VIP area and private bathrooms, three complimentary beer/wine tickets, complimentary water or Coke products, one free drawing ticket for a chance to win great prizes, a swag bag that includes exclusive offers and relaxed seating inside the VIP area. Your VIP ticket does not include the cost of food or drinks from

the vendors in the park. Tickets are \$60 each or \$100 for a pair. To purchase your tickets or for a complete list of VIP drawing items, please visit www.jlfmtaste.com.

"VIP tickets are very popular and provide an exclusive experience at Taste of the Town," said Emily Frost, co-chair of the 36th annual Taste of the Town. "It is a great value and the VIP proceeds help the Junior League of Fort Myers give back to the community through our volunteer services and donations to programs supporting women and children in Southwest Florida."

This year's event will showcase local restaurants, live music, children's activities and much more. General admission to Taste of the Town is \$10. Children age 12 and younger are free. Food and beverage tickets range from \$2 to \$5. No pets or coolers allowed.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.jlfmtaste.com or call 277-1197.*

Ghoul Gala To Raise Funds For Arts Education

The Sidney & Berne Davis Art Center and the Foundation for Lee County Public Schools present the Ghoul Gala, an entertaining dinner experience that supports arts education in Lee County public schools, on Saturday, October 27. Cocktail hour begins at 6 p.m., while dinner is at 7 p.m.

The evening includes student performances, dinner and an auction. Lee County teachers have helped their classes create art pieces, installations, skits, musical performances, and more to conjure the ghosts of Fort Myers' past.

Attendees are invited to take part in a spooky celebration of the arts in Lee County schools, while giving back to arts programs. Throughout the evening, catch glimpses of the Snack House restaurant and the personalities that used to haunt it. Take part in a spirited USO celebration from the 1940s and stroll through the ghostly grounds of the Edison gardens. You might run into Mina Edison herself.

Proceeds from the Ghoul Gala will benefit the Foundation for Lee County Public Schools and SBDAC's art education outreach programs. The Foundation for



image provided

Lee County Public Schools is a non-profit charitable education foundation which enhances and enriches the quality of public education in Lee County for students and educators. The Foundation's programs, resources and experiences are made possible through corporate, individual and educational partnerships.

Cost for the dinner experience is \$125 per person or \$1,000 per table.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.*

DECORATING DEN INTERIORS®

Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets



Providing Custom Interiors to Sanibel & Captiva for 28 years

Complimentary In-Home Consultation



695 Tarpon Bay Rd. Sanibel, FL 33957

239.472.6551

coin.decoratingden.com

Holiday For Heroes Campaign

The American Red Cross is launching Holiday for Heroes, an annual campaign which provides the community an opportunity to send messages of thanks and holiday cheer to veterans and military members. These messages can take the form of notes, letters, holiday cards or homemade cards from children, which are then placed inside a handmade holiday stocking. This year, the American Red Cross Florida's Southern Gulf Chapter will again partner with Arthrex, Inc., a global medical device company headquartered in Naples, in assembling and delivering these stuffed holiday stockings for military members who are away from their families during the holidays.

"Holiday for Heroes really gives our community the chance to do something special for our service members and veterans and to thank them," said Jill Palmer, executive director of Florida's Southern Gulf Chapter. "We are grateful to our friends at Arthrex who are committed to making Holiday for Heroes a success."

Donation boxes will be placed throughout the Naples and Fort Myers areas, including Red Cross chapter offices, where residents can drop off the following items along with their holiday messages: Small puzzle books, playing cards; iTunes cards; tuna and non-perishable meat; beef jerky; dry snacks (dry roasted nuts, granola); travel-sized toiletry items; small packs of baby wipes; bug repellent wipes; wrapped hard



Holiday for Heroes handmade stockings

photo provided

candy/gum (no chocolate); chapstick/lip balm; drink mix (individual packets); power bars; and cards and letters of appreciation.

Do not write your last name, address or personal contact information on the items. Use wording on the thank you cards that will encompass the holiday spirit without reference to race or religion as these will go to a diverse group of service men and women. Also, do not put your cards or letters inside an envelope.

Donations must be dropped off before October 23. For a full list of box locations, visit www.redcross.org/holidayforheroes.

Arthrex employees will gather on Wednesday, November 7 to place the donated items in handmade holiday stockings along with encouraging holiday cards provided by the community. These care

packages will then be mailed by Arthrex to soldiers who are serving overseas during the holidays.

For more information, call either of the Red Cross Fort Myers Chapter Office chapter office at 278-3401 or the Red Cross Naples Chapter Office at 596-6868 Monday through Friday from 8:30 a.m. to 4:30 p.m.*

Florida Economic Water Summit

On Monday, October 15 from 6 to 9 p.m., industry leaders from the tourism and hospitality industry, the charter and leisure fishing sector as

well as the real estate industry will join economists and scientists on the stage of the Broadway Palm Theatre for the first annual Florida Economic Water Summit to address the catastrophic damage to South Florida's economy caused by water quality issues.

Doors open at 5 p.m. for a Clean Water Fair by environmental nonprofits. The fair will be followed by dinner and the forum from 6 to 7 p.m. (\$25 donation), the Florida Economic Water Summit from 7 to 9 p.m. (\$10 donation) and the continuation of the Clean Water Fair from 9 to 9:45 p.m.

Prior to the summit in the lobby of the Broadway Palm Theatre from noon to 4 p.m., epidemiologist Adam Schaefer from Florida Atlantic University's Harbor Branch Oceanographic Institute, working in conjunction with the Center for Disease Control (CDC) and a nursing team, will conduct a pilot program of human cyanobacteria contamination testing, comprising of blood, urine and nasal swab testing of volunteer participants. The program, limited to 120 clients (30 per hour), is for research purposes. As such, lab results will not be shared with participants.

The Broadway Palm Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit www.facebook.com/events/712586642427666. To purchase tickets, visit www.broadwaypalm.com/shows/florida-economic-water-summit.*

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE

RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10121 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. [www.17671 Pine Ridge Road](http://www.17671PineRidgeRoad.com), peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.*

CROW Case Of The Week:

Red-Shouldered Hawk



by Bob Petcher

Each year, CROW takes in thousands of patients that need medical attention. Unfortunately, not all patients can be saved as head trauma or some debilitating injury takes its toll, and

the poor creature dies during a surgical procedure or is humanely euthanized because its injuries are irreparable.

Then, there is the case that probably should fit into the latter category, but the patient either ends up making a miraculous recovery or receives a dose of luck along the way.

On September 30, a juvenile red-shouldered hawk (*Buteo lineatus*) was admitted to CROW after it was struck by a vehicle. The report states the driver of the vehicle struck the hawk the day before as he was crossing the Everglades via Alligator Alley on his way home to Fort Myers Beach. Unbeknownst to the driver, the hawk had become lodged in the grill of the vehicle and wasn't noticed until the next morning when the driver returned to his vehicle, saw the hawk and feared it had perished during the previous day's drive. Surprisingly, the hawk was still

alive, and the driver was able to remove the hawk by cutting away the grill plate underneath it. He quickly rushed the hawk to CROW for medical treatment.

Amazingly, the hawk survived its ordeal with only a fractured wing and head trauma. X-rays showed the fractured wing included its radius and ulna, but both were simple, closed fractures. The hawk was provided pain medication and started on fluid therapy. The next day, surgery was performed to place pins in the fractured bones to stabilize them as they heal.

"Good fortune is likely the biggest factor," said Dr. Kyle Abbott, CROW veterinary intern, when asked about the hawk's plight. "The hawk was able to crush through the car's plastic grill and did not hit other harder areas of the car. Being taken into the grill and being stuck in the vehicle also most likely prevented (the hawk from) further injury from the road or other vehicles."

CROW medical staff had to assess the hawk's head trauma prior to repairing the fractured wing.

"The head trauma was significant, and the hawk required stabilization of the brain injury initially," said Dr. Abbott. "The hawk was able to quickly recover from this prior to undergoing surgery."

"Each bone (radius and ulna) received intramedullary pins. The ulna also received a single cross pin to stabilize one fragment of this bone. The other fragment was too small to receive its own cross pin. The three total pins were connected to each other with an external fixator."

After just a few days, the hawk was reportedly bright, alert and standing in



Patient #18-3849 survived a vehicle strike and many hours attached to a radiator grill

photo by Brian Bohman

its enclosure. The fractured bones in the hawk's wing will need time to heal with physical therapy and many bandage changes planned.

"The bones will usually heal within four to six weeks depending on the individual variation of the fractures. Physical therapy will be performed every three days until the patient can be moved outside," said Dr. Abbott. "When in a flight pen, the patient will continue its own physical therapy and strengthening prior to release."

Remarkably, the hawk is doing great after such an ordeal.

"The hawk is healing appropriately and eating well on its own," said Dr. Abbott. "We will monitor the injury closely during physical therapy sessions and use radiographs to ensure the bones are healing appropriately."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING

Like us on Facebook

Now Serving FULL LIQUOR
Tropical Cocktails

Happy Hour
All Day Long

Outdoor
Tropical Dining



11 YEARS & COUNTING!

by Best of the Islands

Live Music &
Outdoor Games

Fresh Seafood &
Dinner Specials

Huge Kids
Menu

BREAKFAST, LUNCH & DINNER

239.472.0606 · SanibelIslandCow.com

Open 7 am - 9 pm · Open "8 Days a Week"

2163 Periwinkle Way · Sanibel Island



Red Tide Is Gone But Not Forgotten



by Capt. Matt Mitchell

Our gradual change of seasons is taking place. It not drastic enough to notice unless you're up early to enjoy the cooler morning temperatures along with the significant

drop in humidity. Feeding fish and birds working schools of small fry bait have begun to appear all over the sound as the southerly bait migration of fall is firing up. No matter if its spring or fall, the change of season always offers anglers some of the best fishing opportunities all year.

Another clue that fall is here is the prevailing easterly wind direction which we have had for the past few weeks. This wind is just what we needed to totally push the last little patches of red tide in the sound offshore. For the first time in months, our beaches along with the sound got a clean bill of health and is red tide free. Water in the sound is not only clear but alive again with all kinds of life.

This week brought some of the best catch-and-release snook fishing I have experienced in months. I've been averaging over 20 snook a trip while casting live shiners on both oyster bars and mangrove shorelines. This week, we had several snook over 30 inches and often had many favorite well-known

snook honey holes all to ourselves. The biggest snook of the week measured 34.5 inches and was landed by Sean while out with his fiancé, Monica. Sean was under pressure right from the start when Monica landed a 32.5-inch snook early in the trip. Sean lost a giant one boat side midway through the morning that broke his heart, then right at the end, he pulled out a buzzer-beater and got it done.

Nothing has been more frustrating over the past few months than to hear people who have not been out on our water for weeks or even months speak out about how this red tide was catastrophic in killing all the life in our waters. Nothing could be further from the truth. Contrary to popular belief, our fishing has been outstanding over at least the last month. Simply looking at a very vague red tide map gives you no idea that are waters have made an incredible recovery.

This red tide/green algae nightmare has been a real catch-22 for all of our local businesses. We all want and need this water quality issue taken care of once and for all. Seeing the same red tide story in the headlines since July is both good and bad. It does bring national attention to this major water quality issue although, on the other hand, it has suffocated local businesses with the slowest August anyone can ever remember. Even now that this red tide has gone, it's still very fresh in peoples minds who don't even live here. With so much misinformation out there, tourists are understandably very apprehensive to return.

The most frustrating part of all is that the solution to this water quality crisis is so very simple – restore the natural



Sean from Pine Island with a 34.5-inch snook caught and released while fishing with Capt. Matt Mitchell this week photo provided

flow from Lake O flow south into the Everglades. This solution requires the purchase of all the farmland south of the lake. With this only permeant fix not being on the table for either of the candidates for Florida Senate, we can only vote for a new governor that will get this way-overdue Everglades restoration done. Both Senate candidates' plan is to re-enforce the dikes around the lake and come up with more water storage areas that serves only as a band aid. Neither one of the candidates for Senate have done anything to help our water quality.

Both their plans for Lake O will only let the lake hold more water to dump on us during high water periods. Even though we are now red tide free, we cannot let this environmental catastrophe to ever happen again.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪

CLEAR YOUR GEAR
It Catches More Than Fish

Untangle tackle from vegetation and discard it responsibly

Jay Hoicomb/International Bird Rescue

BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.

1

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCUISER

*Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life*

472-3380 • 466-3344

Dave Doane

Your Bottom Specialist
Call on Paint Prices



From left, Carl Barraco, Mike Price, Cecilia St. Arnold, Lynne Kimmich, Taylor Loethen and Nathan Shaw photo provided

Backpack Event Raises \$6,500 For Tice Elementary

Blessings in a Backpack partnered with Alliance Financial Group employees and local dignitaries on September 27 to pack over 500 bags of food for students at Tice Elementary School in Fort Myers.

Prior to the event, Alliance Financial employees raised \$2,500 that was

used to purchase the food. While at the event, employees raised another \$4,000 that will go toward additional food for the students.

Among the VIPs taking part were Chief Assistant State Attorney Amira Fox and Jacksonville Jaguars fullback Tommy Bohanon, who is from Cape Coral. They helped fill backpacks with kid-friendly, ready-to-eat items that are given each Friday to students in need. Those students return to school on Mondays with an empty backpack, a full stomach and an eager mind.✱

Business Ethics Award Finalists



From left, Dr. Eric Dent, Brian Rist, Samantha Scott and Jennifer Nelson photo provided

The Uncommon Friends Foundation announced the finalists for its 2018 Business Ethics Award. The finalists are Chris-Tel Construction, PBS Contractors and Priority Marketing.

As part of the final judging, finalists and area business leaders will jointly participate at the 13th annual Ethical Leadership Conference on Tuesday, October 23, hosted by the Lutgert College of Business at Florida Gulf Coast University. The roundtable discussion will focus on ethical challenges Southwest Florida executives face in business. The winner of the Business Ethics Award will be announced at the Uncommon Friends Foundation's

annual Uncommon Evening, to be held on November 8 at the Burroughs Home & Gardens, located at 2505 First Street in Fort Myers.

Recent past winners of the Uncommon Friends Foundation Business Ethics Award include Pushing the Envelope (2017), CPR Tools, Inc. (2016), CRS Technology (2015) and Sunshine Ace Hardware (2014).

For information on Uncommon Evening tickets and sponsorships, contact Executive Director Jennifer Nelson at 337-9503 or at jennifer@uncommonfriends.org. Visit www.uncommonfriends.org for full sponsorship details.✱

Live the Paradise Lifestyle!



Paseo!!

8791 Melosia St #8302 Paseo community Fort Myers
Stunning split level Santa Monica turnkey townhome; 2013 construction; open floor plan; 2 bed/2.5 bath on a Quad w/private pool just steps away. Soaring ceilings, impact glass, upgraded cabinetry, granite counters, tile floors. Oversized one car garage. Furnished \$223,500

Southwind Preserve!

8524 Southwind Bay Circle Fort Myers
Gorgeous, turnkey 4 bed, 2.5 bath two-story family home 15 minutes to beaches. Ideal for families or snowbirds. Stunning updates, HGTV décor. New Tile roof & interior paint in 2018; office, media room, 2-car garage. Spacious, pool & spa & lovely covered lanai for entertaining. \$428,500



Florida Native-Local Expert-Realtor® SCIS
valerie@valerietutor.com
yoursanibelhomes.com
239-834-8141
Kingfisher Real Estate, Inc 2402 Palm Ridge Rd Sanibel FL 33957





Castorbean, a category-II invasive species, grows quickly, shading out other plants

photos by Gerri Reaves

Plant Smart Castorbean

by Gerri Reaves

Castorbean (*Ricinus communis*) is a fast-growing tree of the spurge family that was first documented in Florida in the 1760s. It grows so fast that it can reach tree size in only three or four months.

This native of Northeastern Africa and the Middle East has spread so successfully in the state that it is listed by the Florida Exotic Pest Plant Council as a category-II invasive species. Such species are defined as ones “that have shown a potential to disrupt native plant communities.”

It has not been sold in the state since 2001.

The tree pops up in disturbed areas, undeveloped lots, thickets, or along roadsides, often forming colonies via suckers. Other common names are castor oil plant, wonder tree and palma Christi.

It was cultivated in Egypt as long as 6,000 years ago for its oil. During World War I, it was cultivated in South Florida as a possible source for lubricating oil in the aviation industry.

This multi-branched tree reaches up to 40 feet high and is notable for the very

large umbrella-like leaves that can be up to a yard across.

Alternate palmate leaves are dark green or reddish with long stems. They have five to 11 pointed lobes and finely toothed edges.

Erect clusters of flowers grow at the top of the stems, bearing both yellow male flowers below and red female flowers at the top. They bloom year-round in Florida.

The bur-like fruits are covered in flexible spines and a half-inch to an inch across. They dry and split to reveal three mottled or black seeds with an unappealing appearance, prompting descriptions like an “engorged tick.”

No surprise that the term *Ricinus* in the scientific name is Latin for “a kind of tick.”

Extreme caution should be taken with the seeds, for they can be deadly if chewed by people or animals. They contain the toxic alkaloid ricinine, or ricin, and chewing even one seed can result in death.

Even an incredibly small amount of that toxin ultimately causes the disintegration of red blood cells. After days of serious symptoms ranging from vomiting, abdominal pain, blue skin and unconsciousness to clammy skin, diarrhea and scanty urine, death can occur from



The unripe spiny seed capsules will eventually split to reveal the poisonous seeds. The spent yellow male flowers (left) and red female flowers (right) are still clinging to the stalk.

uremia, the accumulation of urinary waste products in the blood.

Oddly enough, ingestion without chewing is said to be less likely to cause a toxic reaction because a coating on the seed prevents absorption of the ricinine.

Castorbean’s official invasive status and toxic seeds are compelling reasons to banish this tree if it’s in your yard or dares to take up residence.

Nevertheless, the plant has many commercial and medicinal uses. The non-toxic vegetable oil is used in a wide variety of products, from crayons to varnish.

The stems are used to make paper products. The beans are used in treating

various ailments, and castor oil, of course, has long been known as a purgative and topical agent.

Research is being conducted on growing reduced-ricin or ricin-free cultivars in the U.S. for commercial purposes.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida’s Poisonous Plants, Snakes, Insects* by Lewis S. Maxwell; *National Audubon Society Field Guide to Florida*; www.cabi.org; www.edis.ifas.ufl.edu; www.floridata.com; www.sciencedaily.com; and www.wildsouthflorida.com

*Plant Smart explores the diverse flora of South Florida.**

Agreement For Flood Mitigation

The Lee Board of County Commissioners recently approved a cooperative agreement to allow the South Florida Water Management District (SFWMD) to assume the responsibility of maintaining 13 waterways, including removal of vegetation, debris or other types of obstructions. This will help the county and district join forces on flood-mitigation efforts.

The agreement elevates the district’s activities here to provide improved flood control. Lee County will coordinate with the district to establish priorities and a plan for maintenance.

The county and the SFWMD have had a long working relationship on projects regarding water supply, water quality and flood control. With this agreement, the SFWMD will now be performing operation and maintenance within Lee County.

“Working with our staff for months to develop this plan of action to increase flood protection to the citizens of Lee County is a major step in further cementing the long and successful working relationship we have with the South Florida Water Management District,” said Lee County Manager Roger Desjarlais. “We look forward to developing a plan of action with the district annually to continue to address our flooding concerns.”

The agreement is part of an action plan to address and mitigate flooding that occurred in August 2017 and after Hurricane Irma.

The specific waterways included in the agreement are Bedman Creek, Cypress Creek, Daughtrey Creek,

Estero River (including the north and south branches), Halfway Creek, Hickey Creek, Imperial River, Kehl Canal, Leitner Creek, Mullock Creek, Oak Creek, Orange River and Spring Creek

The first waterbodies identified for work include the Orange River in east Lee County, Mullock Creek in south Fort Myers and Oak Creek in Bonita. The work will resemble what the district did on the Imperial River following Hurricane Irma last year.

SFWMD is a regional independent taxing authority created by the Florida Legislature that collects taxes from Lee County property owners and 15 other central and South Florida counties.*

Land Purchase Approved For Creek Launch

The Lee Board of County Commissioners on Tuesday approved the purchase of 0.92 acres on Telegraph Creek at North River Road in North Fort Myers to provide for a paddlecraft launch on the scenic waterway, part of The Calusa Blueway Paddling Trail. The closing is expected to occur on or before December 31.

The parcel is on the western bank of Telegraph Creek, a tributary of the Caloosahatchee, and is on the south side of North River Road. The purchase price is \$90,000. The property will be maintained by Lee County Parks & Recreation.

The land previously had been used as an informal launching site for canoeists and kayakers until private owners fenced the land in 2017.

“Telegraph Creek offers a serene paddling experience stretching from the

continued on page 23

EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES



300 Center Road, Fort Myers FL 33907

PHONE **239.939.9663** • FAX **239.939.8504**

www.NoLawn.com • www.AllNative.biz

OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun



**OUR NURSERY FEATURES
OVER 200 SPECIES OF NATIVE
PLANTS ON SEVERAL ACRES**

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

*We also offer landscape design,
consultation, installation and maintenance.*



JBF CELEBRITY CHEF TOUR

CHEF MEET & GREET
NOVEMBER 28th 5:30PM until 7:30PM

CELEBRITY CHEF TOUR DINNER
NOVEMBER 29, 2018
6:30 PM | Il Ceilo

1244 Periwinkle Way, Sanibel Island, FL

Hosted by Chef Melissa Akin of Il Cielo

COCKTAIL RECEPTION

Passed hors d'oeuvres from 5:30-6:30pm

ONE NIGHT ONLY

SIX COURSE DINNER WITH WINE PAIRINGS

JBF nominees prepare specialty & signature dishes per course

TICKETS \$275 PER PERSON for two-night event or \$225 for Celebrity Chef Tour Dinner only

Purchase tickets at IL Cielo, by calling 239.472.5555 or online at www.jamesbeard.org/events/sanibel-island-fl-2

The James Beard Foundation's mission is to celebrate, nurture, and honor chefs and other leaders making America's food culture more delicious, diverse, and sustainable for everyone.



CHEF PAT SHEERIN

Passed Hors d'oeuvres:

Date Glazed Snake River Pork Belly, Chinese Banana Mustard, Cashews

1st Course:

Smoked Skuna Bay Salmon, Everything Spice, Red Onion Yogurt, Tito's and Tonic pickled Cucumbers, Buckwheat Nest.



CHEF ED SURA

Passed Hors d'oeuvres:

Cauliflower, Gruyere Truffle

2nd Course:

Miso Sweet Corn Custard, Edamame, Smoked Peanuts, Shiso



CHEF PAUL VIRANT

Passed Hors d'oeuvres:

Chicken Sausage Beignets, fermented Cherry Bomb Aioli

3rd Course:

Pompano En Papillote, Spinach, Black Truffle, Celery Root Remoulade

CHEF ANDREW ZIMMERMAN

Passed Hors d'oeuvres:

Pork and Shrimp Shu Mai, Smoked Trout Roe, Sweet Soy

4th Course:

Creekstone Farms New York Strip, Wagyu Beef Cheek Pastrami Hash, Fondant Potatoes, Green Peppercorn Sauce



CHEF MELISSA AKIN

Passed Hors d'oeuvres:

Roasted Corn Blini, Avocado Crème Fraiche, Local Caviar

5th Course:

Duck Confit Ravioli, Smoked Duck Breast, Foie Gras Ganache, Coffee Sand, Pomegranate-Cranberry Syrup



PASTRY CHEF LEV DALKE

6th Course:

Biko Cake, Corn whipped Panna Cotta, Sesame Nougatine, Puffed Rice, Kabuso Sauce



CHEF PAT SHEERIN

City Mouse, Ace Hotel Chicago
Chef / Managing Partner Trencherman, Chicago
Executive Chef, Signature Room, Chicago
French Culinary Institute Degree, New York
Bachelor of Arts Michigan State University



CHEF ANDREW ZIMMERMAN

Sepia and Proxi Restaurants, Chicago
5 Time James Beard Foundation
Best Chef Nominee
French Culinary Institute Degree, New York
(1st in Class)
Iron Chef American Winner, Battle Cream Cheese
Michelin Star holder at Sepia since 2011



CHEF ED SURA

Chef de Cuisine, Uchiko, Austin
2016 Semi-finalist James Beard
Foundation Rising Star Chef Award
Great Lake Culinary Institute 2009
NoMI, Chicago
Perennial Virant, Chicago



CHEF PAUL VIRANT

Vie (Western Springs, IL), Vistro, (Hinsdale, IL),
8 Time James Beard Foundation Nominee
(Best Chef, Great Lakes, 2008 - 2016)
Culinary Institute America, Hyde Park, New York
Jean Banchet Award for Culinary Excellence
as Top Celebrity Chef 2007
Michelin Star holder at Vie 2011



CHEF MELISSA AKIN

Executive Chef, Il Cielo
Host Pastry Chef James Beard Foundation 2017
Chef, Wild Dunes, Charleston
Associates Degree, NECI 1998



PASTRY CHEF LEV DALKE

Graduated French Pastry School,
Kennedy King College, Chicago 2012
Levy Restaurants, Mizzou, MO
Nourish Café & Market, MO
Sugarjones Inc, IL

Book Review

Spy Master



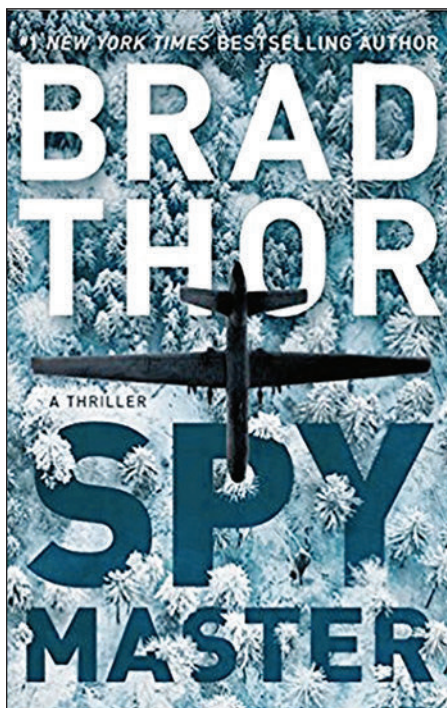
by Di Saggau

In his latest thriller, Brad Thor again regales us with his hero Scot Harvath, in a tale of international espionage. This is his 18th novel featuring Harvath, and it convincingly

portrays Russia as an evil empire reborn of the Cold War and determined to reconquer its former territory.

The story begins in a remote cabin in Norway where all hell breaks loose. A chain of explosions and shrapnel tears through the flesh of the approaching counter-terrorism operators. Harvath saves his colleague but other members of the team aren't as lucky. Harvath's mission is one of the deadliest he has ever undertaken. Now in his mid-40s, Harvath takes performance-enhancing injections and is even thinking of marrying his longtime girlfriend Lara.

Saving the world is a big job but Harvath seems to be up to it. He and his numerous commandoes from around the world track down and capture a variety of Russian bad guys and get them to talk. It's interesting to read about all the latest interrogation techniques. Harvath and his team are dispatched to Europe with a critical



assignment, to do whatever it takes to keep America and her NATO allies from being dragged into war.

As a prelude to war, one of the world's most dangerous intelligent agencies has been charged with preparing the battlefield. Their job is to demoralize the enemy and win the conflict before it even begins. To do this they will sow as much chaos, dissent and destruction as possible.

With his mentor Reed Carlton out of the game, Harvath must play an

additional role; one which he has spent his entire career avoiding, and one which he believes he is ill prepared to take on. In the final section of the novel the team skydives into Lithuanian airspace and glides over the Russian enclave of Kaliningrad, then lands in a pasture at night. It's interesting how they fight off a bunch of armed Russians. There's also a twist at the end, a betrayal that is no doubt a clue

that a Scot Harvath thriller – Number 19 – will soon be available to preorder. I will be watching for it.

In *Spymaster*, Harvath proves more cunning, more dangerous and more lethal than ever before. With breathless pacing, ripped-from-the-headlines twists, and the predictive storytelling that are his trademark, Brad Thor has written his finest thriller, a masterpiece of action, intrigue and betrayal.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My son is in 9th grade, and I think he's being cyberbullied. He does well academically and has a few friends. He's a good kid, and I want to make sure he's safe.

I've asked him about this, but he says nothing is wrong. What signs should I be looking for?

Theresa T, Fort Myers

Teresa,

You are not alone with your worry. A new Pew Research Center survey finds that 59 percent of U.S. teens have personally experienced at least one of six types of abusive online behaviors: offensive name-calling 42 percent; spreading of false rumors 32 percent; receiving explicit images they didn't ask for 25 percent; constant asking of where they are, what they're doing, who they're with, by someone other than a parent 21 percent; physical threats 16 percent; having explicit images of them shared without their consent 7 percent.

Kids are very hesitant to tell their parents about this situation. The main reasons children don't share are: 1) they may not know exactly what online bullying is; 2) even if kids do realize they're being bullied, they may not be sure how to handle the situation. Rather than speak up, they may just stay silent while they try to figure it out; 3) They may be worried that if they complain, the bullying will get worse. Or they may feel that some attention from kids, even if it's negative, is better than none; and 4) Kids may also be afraid of losing online privileges. They might be nervous that their parents will address the problem by taking away their cell phones and computers.

Since your child may not tell you about it, it's important for you to be aware of possible signs that he's being bullied online. Learn how to recognize the signs. He could be a victim of cyberbullying if:

He suddenly stops using the computer, even though he's always enjoyed it before.

He doesn't want to use the computer in a place where you can see it.

He turns off the computer monitor or changes screens every time you walk by.

He seems nervous or jumpy when he gets an instant message, text or email.

He alludes to bullying indirectly by saying something like "there's a lot of drama at school" or "I have no friends."

He doesn't want to go to school or appears uneasy about going.

He becomes withdrawn.

Here's how to help. Start by talking to your child. You can open the conversation by describing a bullying incident that happened to you as a child, or an example of cyberbullying that you heard about on the news. Make sure your child understands that if someone spreads rumors about him online, posts fake profiles of him or sends him mean texts or emails, that's bullying.

Cyberbullying can put your child at risk for anxiety and depression. It can also make it difficult for your child to concentrate at school. Here are steps you can take if you think he may be the target of online bullying.

If your child isn't willing to discuss this situation and you truly believe he is being bullied, you will have to calmly tell him that you're going to exercise your right as his parent and the administrator of his computer and phone and check out where he's been online and the history of what he's deleted.

If you confirm that he is being bullied, here's what you can do. Suggest to your child that he let the bullies know you have access to his electronics and that you monitor his online activities. If that doesn't work and the bullying is intense and frequent, you may need to take one or more of these steps:

Talk to the parents of the kids who are bullying your child. Let them know what's going on and how it's affecting him.

Reach out to your child's guidance counselor or principal. Every school should have anti-cyberbullying policies and protocols to help.

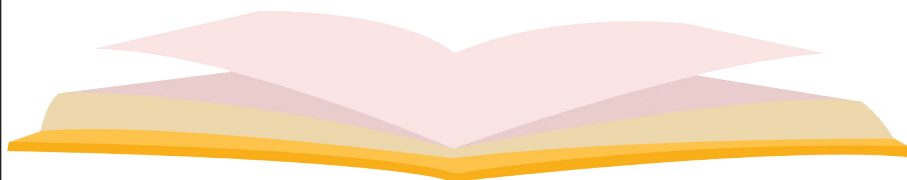
If neither of those strategies works, you may need to get law enforcement involved. Print out or save evidence of the bullying in case you need it to show the police.

If your child experiences anxiety, loneliness and other issues because of bullying, consider seeking professional help. You don't have to do it alone.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

GRAND OPENING SALE

at BOOK WAREHOUSE of SANIBEL



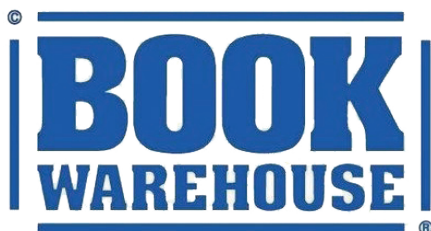
All* ADULT Hardcover Books \$4

Select Paperback Books Buy 1 Get 1 FREE

Children's Picture Books Buy 2 Get 3rd FREE

Limited Time Only!

See our Facebook page at Book Warehouse (Sanibel, FL) for a FULL October Community Event Calendar including author signings, book readings, and MORE!



239-258-1358 • Located in Sanibel Outlets
20350 Summerlin Road Suite 3132 • Fort Myers, FL 33908

*Excludes Frontline and Coffee Table Books

2018 Industry Appreciation Award Winners

The Horizon Council and the Lee County Economic Development Office recently announced the recipients of the annual Industry Appreciation Awards at the Hyatt Regency Coconut Point in Estero.

The Business Citizenship Award was presented to Edison National Bank/Bank of the Islands (small category, one to 50 employees) and Pavese Law Firm (large category, 51 or more employees) for their financial, volunteer and active involvement in community organizations and programs that create a better quality of business and civic life in Lee County.

Edison National Bank/Bank of the Islands is invested in the success and well-being of its customers and community. In its 20 years, the bank has given almost \$2.5 million in sponsorships, donations and support to the community, including more than \$200,000 in sponsorships and donations last year alone. Bank leadership gives generously of their personal time, talents and resources to benefit those in need through local nonprofits, serving as leaders who inspire other businesses, employees and customers.

Pavese Law Firm is one of the largest legal practices in Southwest Florida. Pavese has played a significant role in the growth of local businesses and communities. The firm is recognized for applying the law to such causes as preserving state lands, supporting important infrastructure projects and establishing major institutions such as Florida Gulf Coast University. Additionally, attorneys and staff donate generously to local charities, provide leadership on multiple boards and contribute about 600 volunteer and pro bono hours annually.

The Diversity in Business Award was awarded to Lee Health for its implementation of programs in the workplace that create and promote diversity by employing initiatives within the organization and the community. Diversity is generally defined as acknowledging, understanding, accepting, valuing and celebrating differences among people with respect to age, class, ethnicity, gender, physical and mental ability, race, sexual orientation, spiritual practice and public assistance status.

Lee Health has been serving Lee County for 100 years. As one of the Top 10 largest healthcare systems in the nation and one of the largest employers in Lee County, Lee Health serves as a leader in diversity, providing a model for other large Southwest Florida organizations and for the healthcare industry. In 2003, Lee Health established its diversity department, DiverseLee. The program puts diversity and inclusion into practice as the Southwest Florida nonprofit healthcare system serves a diverse community by being culturally responsive to their health needs, hiring the best employees from diverse

backgrounds, showing its commitment through various initiatives, and creating programs and trainings that better equip employees to care for a diverse community.

The Nonprofit of the Year Award was presented to Alliance for the Arts (Small category, operational budget less than \$1 million) and The Heights Foundation/The Heights Center (Large category, operational budget more than \$1 million) for recognizing a business or civic need within our community. Through community responsibility, innovation, growth, sound business practices and community partnerships serves our community with vision and integrity.

Since 1975, the Alliance for the Arts has been successfully working toward its mission to transform lives and improve Lee County through the arts. With a team of nine and the support of volunteers and community partners, the Alliance continually expands its services. Recently, the Alliance added services for minority artists and performers, as well as audiences with special needs, and it spearheaded data collection for the Arts & Economic Prosperity 5 study in Southwest Florida.

The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood in Fort Myers, where the poverty rate is more than twice Lee County's average. The award-winning nonprofit's 14,000-square foot center is a beacon of hope that offers critical educational opportunities for both children and adults. The foundation is continually innovating with new programs and partnerships to enhance people's lives.

The Startup of the Year Award was presented to Testimonial Tree, which was founded in Lee County in the last three to five years and has demonstrated continued growth both financially and in staffing since start-up while leading and overcoming challenges.

Testimonial Tree automates customer satisfaction surveys, spreading word of mouth referrals through a member's website, social media and online review sites, using algorithms and patent pending technology. The company collaborates with members to help them grow their business and evolve the platform based on their needs. This rapidly growing start-up achieved more than a 1,200 percent increase in revenue from its first year to 2017. Based in Estero, Testimonial Tree currently serves more than 1,000 customers.

The Business of the Year Award was awarded to FineMark National Bank & Trust for being in business six or more years in Lee County, under the same corporate name and ownership and successfully offering high-quality products and services and superior customer service. In addition, the company has demonstrated strong ethical standards, community mindedness, supports employee development and exhibits exemplary leadership within their industry and among their clients while contributing to the economic growth and free enterprise of Lee County.

For more information, visit www.LeeCountyBusiness.com or 533-6800.✳

Immigration Program Grant Launched

The Southwest Florida Community Foundation is launching its first ever Immigrant Program Grant.

With funding from The Florida Bar Foundation and national funders, the 2019 Immigration Program Grant season opens with a call for projects and programs for services (both established and new) designed to increase the quality of life in sustainable and equitable ways for immigrants and refugees in Southwest Florida. Projects and programs will support equity and empowerment in our region.

The Southwest Florida Community Foundation seeks projects and programs from 501(c)(3) organizations that assist immigrants and refugees in Southwest Florida. Projects and programs must provide legal services or legal services and at least one of the three following to immigrants and/or refugees in Southwest Florida: community outreach and education; legal services capacity building and/or technical assistance capacity building; and/or advocacy and organizing.

The grant period is January 1, 2019 through December 31, 2019. Awards will be announced in December 2018. Guidelines, information on dates, deadlines, eligibility requirements, available funding and details on the process are available at www.floridacommunity.com/grants-process/



Nirupa Netram photo provided

immigration-program-grant.

Nirupa Netram has joined the Southwest Florida Community Foundation as their immigration program officer. Netram grew up in Southwest Florida and has spent her career in the region. Her experience includes nonprofit, government and private sectors. She earned her juris doctor from Stetson University College of Law and her bachelor of business administration (cum laude) from Stetson University. She was admitted to The Florida Bar in 1998 and has been a Florida certified circuit civil mediator since 2014. Netram is admitted to practice law in the United States District Court, Middle District of Florida and the United States Supreme



continued on page 18






Available at
www.AMAZON.COM
WWW.EDITORIALXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall’s research and appreciate the accessible format, too.”

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Financial Focus

Creating A Bountiful 'Harvest'



by Jennifer Basey

We're officially in autumn – the season when we bring in what we planted in the spring. But the concept of planting and gathering isn't confined to agriculture. In fact, it can be used in many walks of life, including investing. So what can you do to help work toward a successful investment "harvest?"

Here is (not quite) a bushel of ideas:

Plant the right "seeds." When farmers plant specific crops, they know about what to expect – how long it will take for them to grow, how much yield they'll produce, and so on. When you invest, you too need to plant "seeds" by choosing investments that are designed to help meet your goals. For example, to accumulate enough money for a comfortable retirement, you will probably need to own a reasonable percentage of growth-oriented vehicles, such as stocks – you generally can't expect the type of growth you need by investing solely in fixed-income investments, such as bonds and certificates of deposit.

Nurture your "crops." Agricultural workers are diligent about cultivating their crops through proper irrigation, fertilization and weed control. And if you want to keep your investment portfolio healthy, you also must find ways to nurture it. First of all, you will need to keep adding new dollars regularly, because the larger your overall investment base, the more you can expand its growth potential. But you might also need to do some "weeding" of your own, because

over the years, you may have purchased some investments that, for one reason or another, are now no longer suitable for your needs. If that's the case, you might be better off by selling these investments and using the proceeds for new ones that could fill gaps in your portfolio.

Diversify. Farmers may plant a mix of crops: corn, soybeans, flax, legumes, fruits, and so on. Consequently, if one crop fails, it won't sink the farmer's entire business. As an investor, you, too, need to diversify, because if you only own one type of asset class, and a financial downturn hits that asset, your portfolio can take a big hit. But spreading your dollars among stocks, bonds, cash and other investments can help reduce the impact of market volatility on your holdings. (However, diversification can't guarantee profits or protect against all losses.)

Thus far, we've looked at ideas on how you can create a healthy investment crop. But once it's time to actually start harvesting your portfolio – that is, once you begin liquidating parts of it to support yourself during your retirement years – you also need to act carefully. Specifically, you need to establish a withdrawal rate that's appropriate for your situation, based on your age, lifestyle, income sources and other factors. You could be retired for two or three decades, so it's essential you don't withdraw so much during your early years of retirement that you risk outliving your money. A financial professional can help you determine the rate that's right for you.

The agricultural harvest season only lasts a few weeks. But doing a good job of growing and managing your investment crop can help you reap the rewards far into the future.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com. ✨

From page 1

Art Receptions

common, and they often appear in scenes with a moon or other circular objects that make them appear to have halos. Two wear Victorian-style dresses with their hair in ringlets.

His work can be found in the collections of Jane Goodall and Malcolm Forbes.

"As we age, we tend to lose our ability to explore, express and take risks," Tieman asserts on his website. "Now, in my 50s, with my sons in high school, I've begun creating art for myself again. I've avoided the intricacies and labor of glass art and focused on print and drawing and wood and paint – art that allows me to experience the true satisfaction of artistic expression."

His Scribbles & Bits pieces depict birds and abstract geometrics, some with robotic associations. Of Tinkertoys and Crayons pieces become wood and paint figures with colorful dowels.

Weber is all about second chances. He creates assemblages from found objects.

"I find cast-offs along railroad tracks, at construction dumps, flea markets, thrift shops; wherever they lay," his

online artist's statement reads. "I believe all matter, inanimate as well animate, is destined to lead many lives and serve many purposes. With encouragement the discarded can re-invent itself on a different level."

Passion for Pastels focuses on the outside world more realistically. Both artists involved "toe the line of abstract art," Huff said. "Both push the boundaries of plein air, conveying motion and emotion" in what is normally a fairly static genre."

Bennett, inspired by her surroundings, focuses on the twisting lines of the local foliage, large swatches of color from landscapes, and huge colorful domes of sunsets.

Barron Buelow focuses on portraying the scene in front of her, the movement, the incredible variety of hue and shape that nature displays. Locally, she is a member of the Sanibel-Captiva Art League and teaches pastel at BIG ARTS.

Both receptions begin at 5:30 p.m. and feature complimentary wine and hors d'oeuvres. Both shows open on October 17 and are on display through November 25.

For more information, call 385-0900 or visit www.BIGARTS.org. ✨

Superior Interiors

Upgrading Your Patio



by Barb Cacchione

As this season forges on, you'll find yourself spending time outdoors, taking advantage of the beautiful weather. As more time is spent in the outdoor patio areas, you may come to realize that a makeover is due. To maximize comfort, style and functionality, consider a rustic chic approach. This design type perfectly complements the environment and allows one to embrace the true beauty of nature.

Wood and cast iron furniture make a rustic yet modern statement, and they complement each other so effortlessly. Place a cast iron table and chairs in the shade on top of an outdoor area rug to offer comfort while guests wine and dine. Spread wooden benches, chairs and tables throughout the area based on the number of guests you plan on hosting.

Use wooden crates and small industrial buckets and vases to display fresh plants and flowers. Take it up a notch by

planting your own herbs, making this chic green decor statement functional on top of aesthetically pleasing. Your design consultant can help you find an abundance of containers in different shapes, sizes and textures to place throughout the patio area.

To give your outdoor area the "wow" factor nobody's expecting, incorporate a water feature, like a small running bird bath or fountain. The splashing sounds of the water can exude feelings of tranquility, which can turn your backyard into a private, calming oasis, making an impressive statement.

Chalkboard surfaces are a huge staple in modern rustic decor. Not only do they make a stylish and creative statement, but they're also fully functional. Think about painting a wall or alternate surface with chalkboard paint. Your guests will love this personal and fun touch.

An outdoor bar is another fan favorite. This idea is especially fitting if you plan to utilize your space for year-round entertainment. Match the rustic theme by adding a beverage cart.

Don't neglect to improve your patio space this year. Instead, take these design tips and begin to transform your backyard into the rustic chic sanctuary of your dreams.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindeciden.com. ✨

Free Wireless Internet Access To Be Provided

Some 2,500 high school students and their families are going to be able to connect to the internet at home for the first time through free wireless hotspots. The School District of Lee County is one of just 122 districts nationwide selected to participate in The 1Million Project.

"This is a great opportunity for these students to be able to access the internet at home to complete their school work and other class projects," said Graduation Coordinator Shellie Taylor. "We hope it will lead to more involvement, better grades and higher graduation rates."

The 1 Million Project is a multiyear initiative by Sprint to offer free mobile devices and free high-speed wireless internet connectivity to 1 million low-income, U.S. high school students lacking a reliable source of internet access at home. It is meant to help eliminate the "homework gap" that puts low-income students at a major disadvantage because they don't have ready access to the internet needed for completing homework, communicating with teachers, or applying for jobs, scholarships or college.

The 2,500 students chosen for the internet hotspots will get 3 gigs of high-speed data every month and continued free access after that at slower speeds. The devices are being distributed at all 14 high schools and the Lee Adolescent Mothers Program (LAMP). Once a student graduates, they return the device to the school so it can be used by another student.

"Today's students need equitable access to essential digital tools and connectivity to succeed in high school," said Doug Michelman, president of the 1Million Project Foundation. "Those students who are disconnected when they leave school every afternoon should not be at a disadvantage just because their families cannot provide them connectivity at home. With the support of Sprint, a national wireless company, we are in a powerful position to do something about this problem by arming eligible students with the critical tools they need to succeed and to believe that they can succeed."

The first distribution event of the hotspot devices was held at Island Coast High School on September 28 when 125 students received service. ✨

From page 17

Immigration

Court. Her professional memberships include The Florida Bar, the Lee County Bar Association and the American Bar Association.

"Immigrants and refugees have long been a part of our state and region, with one in five state residents being foreign-born," Netram said. "Immigrants and refugees in Florida come from every global region, with most born in Latin America (including the Caribbean), followed by people from Asia and Europe. The human, social and economic capital they bring contributes to our state's vitality."

Netram added that at the same time, immigrant and refugee communities in Southwest Florida continue to recover from the disastrous impact of Hurricane Irma in September 2017. Recent changes in federal immigration law and policies have made recovery and life in general more challenging and complex for noncitizens. ✨

Special Olympics School Programs

Lee County Parks & Recreation has announced a partnership with the Lee County School District to implement school-based Special Olympics programs. These programs begin with pre-kindergarten and continue through high school with the purpose to promote social inclusion and acceptance through shared sport training and competition experiences for individuals with and without disabilities.

The most exciting and most visual of these programs will be high school Unified Sports. Unified Sports provide opportunities for students with and without disabilities to participate in sports activities alongside one another in athletic completion. The special needs individuals, referred to as athletes, and the non-disabled individuals, referred to as partners, participate together on a team that competes against other high school teams. Training begins next month with games in November.

Every Lee County high school will have the opportunity for their athletes and partners to form a team and compete against other high schools from Lee County, Collier County or at the state level.

Schools can work to develop to become a Unified Champion School that includes whole school involvement. These are schools that not only have Unified Sports

teams, but also demonstrate inclusive youth leadership to promote acceptance and inclusion. For example, they create whole school involvement activities such as campaigns to eliminate derogatory terms used for people with disabilities.

Lee County is proud to begin Unified Sports with two schools that will be Unified Champion Schools. These schools are Cypress Lake High School and North Fort Myers High School. Other schools will be given the opportunity to become Unified Champion Schools in the future.

These Unified Champion School teams will compete against teams from all over the state and, in February, have a chance to win a Unified Basketball State Championship. Last year, Immokalee High School was a state champion in Unified Basketball.

Special Olympics Florida offers four Unified Sports that include basketball, flag football, soccer and track.

Lee County Parks & Recreation has hired Don Payne, a former ESE teacher and athletic director from the Lee County School District to support implementation of school-based Special Olympics programs.

"At this time, Lee County will start with Unified Basketball in the fall/winter and Unified Track in the winter/spring with the hopes to offer the other two sports in the future," said Payne, Lee County Parks & Recreation Special Olympics coordinator.

For more information about the Special Olympics programs, contact Payne at 533-7518.✪

October 25 – Cape Coral High School.

Those attending the meetings will learn about the FAFSA (Free Application for Federal Student Aid) form and steps needed to take to help students receive financial aid from postsecondary institutions (colleges, community colleges, high tech centers, etc.) College financial aid experts will cover the definition of financial aid, how to apply, deadlines, step-by-step instructions for completing the FAFSA, Bright Futures and state aid versus federal aid and more.

Matthew Sanchez, the director of student financial aid at Florida SouthWestern State College, will lead the discussion. Students and parents are invited to come to whichever event is most convenient to them.✪

them. Schultz and Hope shine in their roles as well.

I also enjoyed Chris Duir as Andy Lee, the dance director, who reminded me a bit of Tommy Tune. Sam Brackley as Billy Lawlor was impressive as a young actor and dancer who befriends Peggy. Meagan Michelson and Victor Legarreta as co-authors of the show add some comic relief. There are songs, songs, songs, and dances, dances, dances. The huge tap-dancing chorus fills the stage in glittery costume after costume and performs tap dance routines that will blow you away. I suggest you get your tickets soon for this dazzlingly lavish production.

The musical plays through November 17 at Broadway Palm Dinner Theatre. Tickets are available at www.broadwaypalm.com, at the box office, located at 1380 Colonial Boulevard in Fort Myers, or by calling 278-4422.✪



Adrian Kerr

photos provided



Dr. Michael Sauer

FSW To Present Fall Research Lecture Series

Florida SouthWestern State College (FSW) will present its fall Research Lecture Series at the FSW Thomas Edison Campus Rush Auditorium, Building J, Room 103 on Wednesday, October 17. The series begins at 10:15 a.m. with FSW Marine Sciences Professor Dr. Michael Sauer presenting his research on Variability in Dissolved Organic Matter in San Carlos Bay and Its Impact on Microbial Respiration and Measurements

of Microalgal Chlorophyll a. From 11:30 a.m. to 12:30 p.m., FSW faculty and students will hold poster sessions on their projects and findings. At 12:45 p.m., FSW Corporate Training and Services Director Adrian Kerr will present Egyptian Pyramids: Fact Versus Fiction

The Research Lecture Series will highlight the research several FSW faculty and students have focused on throughout the semester. The series is free and open to the public.

For more information, contact Dr. Joseph van Gaalen, assistant vice president of institutional research, assessment and effectiveness, at 433-6965 or joseph.vangaalen@fsw.edu.✪

Financial Aid Nights Begin Soon

For many students, the dream of continuing their education past high school would not be possible if not for financial aid. To assist students and families, Lee County Public Schools, with the help of a local financial aid expert, will be hosting several Financial Aid Nights.

The following events, which will run from 6 to 8 p.m., will be held in the respective school's auditorium: Tuesday, October 16 – Lehigh Senior High School; Thursday, October 18 – South Fort Myers High School; Tuesday, October 23 – Dunbar High School; and Thursday,

From page 1

Broadway Palm

the fabulous *We're in the Money*. In this number, the chorus taps furiously on drum-shaped nickels and dimes. There's also *Lullaby of Broadway* and *Shuffle Off to Buffalo* that shows some of the best work from the chorus.

The story is about Peggy Sawyer (Nikki Miller), a Broadway star wannabe who saves the day for Julian Marsh (James Schultz), the director of the Broadway show *Pretty Lady*. She steps in for an ailing Dorothy Brock (Jennifer Hope), the temperamental star. Peggy has 36 hours to learn all the shows and all the dances. While this would be next to impossible in real life, Peggy manages to wow the audience, save the show and become the star of her dreams. Miller has a lovely voice, and she can tap with the best of



Rabbit Rd. Property Management & Home Watch

An affordable Property Management/Home Watch Company which specializes in managing small Condominium Associations in the Fort Myers/Lee county area. We are licensed, insured and bonded with over 20 years of experience. We are also Florida CAM licensed and accredited members of the National Home Watch Association.

Call or e-mail us for more information.

Phone: 239-558-5733 • E-mail: rabbitrdmgt@gmail.com

www.RabbitRoadMgt.com



ISLAND
INSURANCE
SERVICE



Mark O'Brien
Owner/Agent



Susan Barnes
Personal Lines



Trish Barbone
Agent



Justin Wheeler
Agent

Call our office today
for a new Auto
quote.

We are **HERE**
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

Ugliness Of College Basketball Recruiting Unveiled At Federal Trial



by Ed Frank

Perhaps you have not seen previous reports, but a trial is underway in a Federal court in New York over the biggest scandal in college basketball history – a messy affair involving coaches at Kansas, Louisville, Auburn and North Carolina State.

The mess is likely to spread as coaches at Arizona, DePaul, Creighton, Louisiana State and Michigan State also are extremely nervous.

In the early days of the trial, evidence was presented describing a shady world of bagmen, secret payments and bags of cash, all to lure top college prospects to certain schools and to sign on with particular agents and Adidas once they turned professional.

The trial is based on a FBI investigation in which eight people, including four assistant coaches, were arrested a year ago and charged with illegally directing hundreds of thousands of dollars in shoe company money to the players and or their families to influence recruits to specific schools, agents and apparel companies.

Former Adidas executive James Gatto, former AAU coach Merl Code and agent Christian Dawkins are standing trial now. But three former assistant coaches – Arizona’s Emmanuel Richardson, Oklahoma State’s Lamont Evans and University of Southern California’s Tony Bland – are scheduled for trial next April.

And former Auburn assistant coach Chuck Person and former NBA referee Rashan Michel are scheduled for trial in New York next February, accused of accepting \$91,500 to steer certain players to Auburn.

Before these trials are over, the shady world of basketball recruiting is likely to be bared open for all to see.

The top recruits named in the investigation are Brian Bowen, Silvio De Sousa, Balsa Koprivica and Nassir Little.

The three on trial are accused of plotting to pay Bowen’s family \$100,000 to attend Louisville. It cost Louisville coach Rick Pitino his job. Bowen also was recruited heavily by Creighton, Michigan State and Nebraska.

LSU recruited Little and Koprivica. De Sousa, meanwhile, was expected to sign with Maryland before switching to Kansas.

Before these three trials have ended, there could be additional indictments involving more schools, agents and clothing and shoe company officials – and the ugly world of basketball recruiting and the weakness of NCAA rules enforcement made clear.

Search Begins For New Minnesota Twins Manager

It’s probably no surprise that Minnesota’s relatively new baseball front office of Derek Falvey and Thad Levine fired Twins Manager Paul Molitor last week.

It has been rumored that the Falvey and Levine team wanted their own man at the helm despite the fact that Molitor was named American League Manager of the Year last season.

The Twins were plagued this season by lack of solid starting pitching and a bevy of injuries to starting players.

Molitor has proven he is a smart, solid manager, so don’t be surprised if he lands another job soon.*

Bob Sizemore Memorial Golf Tournament

The inaugural Bob Sizemore Memorial Golf Tournament, sponsored by FineMark National Bank & Trust, will be held on Saturday, October 20. All proceeds raised will go to the Southern Accents Memorial Fund for the benefit of the MD Anderson Cancer Center.

The event will be held at Cypress Lake Country Club, located on Winkler Road in Fort Myers. The four-person scramble will begin with a registration at 11:30 a.m., shotgun start at 1 p.m. and following up with a dinner, auction and awards at 6 p.m.

Organized by the Southern Accents Memorial Fund and FineMark National Bank & Trust, the golf tournament is part of an annual campaign to raise funds for the MD Anderson Cancer Center. In the last nine years of his career, Bob Sizemore was an employee of FineMark National Bank & Trust. When Sizemore was diagnosed with cutaneous T-cell lymphoma (CTCL) cancer, Dr. Madeline Duvic, in department of dermatology at the renowned MD Anderson Cancer Center, kept him thriving for 16 years.

In an effort to support CTCL Research, presenting sponsor FineMark National

Bank & Trust along with family and friends of the Sizemores are encouraging the public to participate in the inaugural Southern Accents Memorial Fund Bob Sizemore Memorial Golf Tournament.

For more information on the golf tournament, or to find out how you can make a difference in the lives of those living with cutaneous t-cell lymphoma cancer, contact Steven Sizemore at 432-6808 or email SteveSize@yahoo.com.*

Finemark FGCU Tennis Open

Bonita Bay Club is hosting the FineMark FGCU Collegiate Open from Friday, October 26 through Sunday, October 28.

Florida Gulf Coast University’s Men’s and Women’s tennis teams will compete against players from University of Central Florida, University of South Florida, University of Arkansas, University of Kentucky, University of Louisville, Princeton, University of Memphis, Purdue University and University of Illinois.

“Bonita Bay Club members and staff, sponsors and team coaches have worked hard to make the FineMark FGCU Collegiate Open a success,” said FGCU Head Men’s Tennis Coach C.J. Weber. “This incredible event will display some of the country’s finest tennis players from

ten of the best tennis programs in the country. I’m anticipating great competition throughout the whole weekend, along with great community support and involvement.”

“Bonita Bay Club has supported FGCU’s tennis program for many years, and we enjoy watching it flourish,” said Bonita Bay Club’s Director of Sports Paula Scheb, a USPTA Master Professional. “We hope this exciting weekend of collegiate

competition becomes an annual tradition for FineMark, FGCU and the club.”

Proceeds from the event will benefit New Horizons of Southwest Florida, a nonprofit that empowers at-risk youth to reach their full potential through tutoring, mentoring and faith-building.

Bonita Bay Club is located at 26660 Country Club Drive in Bonita Springs. For schedule and tickets, visit www.bbcfgcuopen.net.*

SPORTS QUIZ

1. Entering 2018, when was the last time a pitcher started 36 or more games in a major-league season?
2. Which major-league team did Lou Piniella manage first, and which one did he manage the longest?
3. When was the last time before 2017 that the University of Miami, Fla., won a bowl game by more than one point?
4. In the 2016-17 NBA season, Elfrid Payton became the fifth player in Orlando Magic history to have at least 1,000 points and 500 assists in a season. Name two of the other four to do it.
5. Who were the last players before Pittsburgh’s Jake Guentzel in 2018 to reach 20 points in 10 or fewer NHL playoff games?
6. Name the last time before 2018 that Russia’s men’s soccer team advanced to the knockout stage of the World Cup.
7. When was the last time before 2018 that the U.S. won wrestling’s World Cup?

ANSWERS

1. In 2003, Atlanta’s Greg Maddux and Toronto’s Roy Halladay each started 36 games. 2. The New York Yankees (1986); the Seattle Mariners (1993-2002). 3. It was 2004 (the Hurricanes beat Florida, 27-10, in the Peach Bowl). 4. Penny Hardaway (three times), Scott Skiles (three). Darrell Armstrong (twice) and Steve Francis (once). 5. Mark Messier and Wayne Gretzky, in 1988. 6. It was 1986, when the team represented the Soviet Union. 7. It was 2003.

Boutique Office - Big Results



PFEIFER
REALTY
GROUP

PRGHomeTeam.com



Thinking of Selling?

The Pfeifer Team has
141 Sales This Year!

Call Us for a
Professional Consultation

239.472.0004

10th Annual • Sanibel Island, Florida 10K RACE E.I.S.H. 4



Oct. 27th
2018

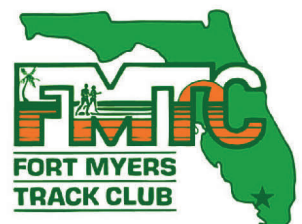
REGISTER TODAY

Awards, Medallions, T-Shirts,
Goody Bags and Refreshments Provided

Race Day Starts at 7:30 a.m.

Sanibel Community House

Register at fishofsancap.org or
ftmyerstrackclub.com



Hope Parkinson Fall Forum October 26

Registration is open and seats are available for the Hope Parkinson Program Fall Forum titled Medical Treatments for Parkinson's Disease at Crowne Plaza Fort Myers on Friday, Oct. 26 at Bell Tower Shops.

The forum will feature fellowship-trained neurologist and movement disorder specialist Dr. Heather Herrema, who will present Parkinson's Disease Medication Off Episodes and Surgical and Medical Treatment Options for PD. A question-and-answer session will follow.

Dr. Herrema currently practices at Central Neurology in St. Petersburg, Florida and serves as a clinical investigator for several medication trials at the Suncoast Medical Research Center. A graduate of the Michigan State University College of Osteopathic Medicine, she completed her fellowship training with the Henry Ford Parkinson's Disease and Movement Disorder Program in Detroit.

Check-in and exhibits begin at 8:30 a.m., while the program begins at 9 a.m. Cost is \$10 per person and includes beverages, a light breakfast and valet parking.

Seating is limited and preregistration is required by Friday, October 19. Register online at <https://donate.hopehcs.org/fallforum> or call Michelle Martin at



Dr. Heather Herrema photo provided 985-7727.

The Fall Forum Presenting Sponsor is US WorldMeds; Event Partner is Medtronic. Event sponsors include Abbvie, Acadia Pharmaceuticals, Fyzical Therapy & Balance Centers and Lee Health Rehabilitation Services.

Hope Healthcare provides specialized care for all people with complex needs related to life-changing illness.

Crowne Plaza Fort Myers is located within Bell Tower Shops at 13051 Bell Tower Drive in Fort Myers. Visit www.hopehcs.org for a full listing of Hope's programs and services.✪

Brockovich demanded that everyone needs to report health issues by calling the department of health.

"They need to hear from you if you are having health problems. Call the health department," she said. "Not one of you, not 10 of you. Call them, call them, call them until they respond. Do not get complacent, do not give up, do not go away, make it your job that they hear you."

Community representatives attending included Sanibel City Councilman Chauncey Goss, Fort Myers Beach Chamber of Commerce President Jacki Lyszak, Fort Myers Councilman Liston Bochette and Sanibel and Captiva Islands Chamber of Commerce President John Lai.

Bailey's General Store co-owner Richard Johnson stated the damages caused by the water issues are the worst in the family business' 119-year history.

"If we don't take care of the problem, (tourists) are not going to come back," he said. "We've got to change how we manage water in the state of Florida. You've got to reach out to legislators, elected officials and others that are appointed to manage water in the state of Florida."

Brockovich also told forum attendees to go to www.communityhealthbook.com to post and share information.

"Go to my community healthbook and light it up, and I will start pushing that information down to your politicians," she said. "This movement, this change will happen if you rise up and you speak up and you go at it. Do not stand down... stand up."✪

Understand Your Medicare Benefits For Free

The Medicare Open Enrollment Period begins on October 15, and future and current Medicare beneficiaries are invited to attend free presentations about the ins and outs of Medicare in Lee County. The presentations will feature professionally trained counselors of the SHINE (Serving Health Insurance Needs of Elders) program. SHINE is a Medicare counseling program offered locally through the Area Agency on Aging for Southwest Florida (AAASWFL).

Five free presentations will be offered in October at the following dates and locations. Advance registration is not required unless otherwise indicated.

Open Enrollment and Medicare Part D – October 19 from 10 to 11:30 a.m. Healthy Life Center – Estero, Coconut Point Mall, 23190 Fashion Drive, suite 105, in Estero; RSVP to 495-4475

Open Enrollment and Medicare Part D – October 29 from 4 to 5:30 p.m. Healthy Life Center – Cape Coral, 609 SE 13th Court, in Cape Coral; RSVP to

424-3210

Open Enrollment and Medicare Part D – October 31 from 10 a.m. to noon. Lake Kennedy Center, 400 Santa Barbara Boulevard, in Cape Coral

The Open Enrollment and Medicare Part D presentation covers participants' many Medicare options and how to save on Part D (prescription coverage). Medicare 101 is a well-rounded presentation that teaches the basics of Medicare Parts A, B, C and D. At all presentations, SHINE counselors will also discuss how to prepare for the open enrollment period and explain the new Medicare cards that have begun distribution to Florida residents. Counselors will be available to answer questions after the presentations.

SHINE is a program of the Florida Department of Elder Affairs and is operated locally through AAASWFL. Specially-trained SHINE counselors help educate and empower Medicare beneficiaries, their families, and caregivers to understand their health care options so they can make the best decisions for their individual needs.

For a listing of SHINE counseling sites and enrollment events, please visit www.floridashine.org.✪

EMS Defibrillators Grant Approved

The Lee Board of County Commissioners recently voted to accept a grant from the Florida Department of Health (FDOH) to purchase automated external defibrillators (AEDs), Stop the Bleed kits and other supplies.

FDOH awards the grants to Florida counties annually. Lee County's grant for this year totals \$91,619. The money will be used to:

Purchase additional AEDs for county facilities, improving access to the lifesaving devices in an emergency. Lee has more than 130 AEDs in county facilities today. More than 2,000 county employees are trained in CPR and the use of an AED.

Contribute \$15,000 to expand community placement of Stop the Bleed kits, which are used to help slow or stop bleeding during emergencies. These kits include tourniquets and supplies to dress wounds. More than 1,600 people attended a community event with EMS and LCSO at the Barbara B. Mann Performing Arts Center earlier this year. Education also was provided on Stop the Bleed Day with the Fort Myers Police Department at the Edison Mall.

Purchase equipment to improve the safety of pediatric patients traveling in ambulances, including enhanced restraint systems.

The Florida legislature established the EMS Trust Fund for the purpose of improving and enhancing the existing pre-hospital emergency medical system in each county. The grant amount represents Lee County's share of the money collected through a surcharge on moving violation citations in the previous fiscal year.

For more information about Lee

County EMS, visit www.leegov.com/publicsafety or on Facebook at Lee County Public Safety.✪

Dean's List

Four Southwest Florida natives were named to the Summer 2018 Dean's List at Tallahassee Community College.

Cristian Marzullo of Cape Coral, Connor Mackay of Fort Myers, James Bailey of Fort Myers (33907) and Wyatt Leonard of Fort Myers were the honorees.✪

President's List

Two Fort Myers natives were recently named to the Summer President's List at Tallahassee Community College.

Addison Nugent and Kenneth Leddy were the honorees.✪

College Graduates

Three Fort Myers native recently graduated from the University of Alabama

The graduates are Courtney Kaufman with a bachelor of arts, Amanda Knight with a master of arts and Matthew Roepstorff with a master of laws.✪

Early College Acceptance

Fort Myers native Jasmily Santana recently earned a place in the fall 2018 entering class at Bard College at Simon's Rock after completing 10th grade.✪

From page 1

Water Quality

like this before," he said. "You are going to have an extraordinary opportunity in about six weeks to bring about policy reform. There's never been more at stake."

Daniel Andrews of Captains for Clean Water called the water issue an "unnatural problem." His business as a fishing guide has been directly impacted.

"(I'm) out there on the water as a guide every single day. You have a complete eco-system collapse," he said. "I think everybody that lives in the state of Florida realizes that if we don't fix our water, we are not going to have anything for the next generation. If we can get all of the businesses down here to recognize how great of an effect this is to our economy, to our way of life, we will see change. Educate yourselves."

Bob Bowcock, Brockovich's associate and managing director of Integrated Resources Water Inc., said the problem starts at Orlando's airport and the Kissimmee River watershed. He said it involves the collection of nutrients and pollution from additional river systems and creeks as well as septic tank leach fields, broken waste water treatment plants and broken sewer lines.

"It's all dumping into this river system," he said. "This is everyone's problem."

Several of the attending residents and business owners claimed the water and air conditions have made them sick with some mentioning hospital stays.

Family Physician Added To Primary Care Staff

Dr. Yesinia Martinez has joined Physicians' Primary Care of Southwest Florida as a family medicine physician.

Dr. Martinez earned her doctor of medicine degree from the Universidad Autonoma de Santo Domingo in the Dominican Republic. Her residency was completed at the Brooklyn Hospital Center in New York.

Dr. Martinez has worked as a primary care physician and a consulting physician for Telemedicine services in Fort Myers for the past five years.

She also has worked as a health educator at St. Barnabas Hospital in New York providing workshops to decrease infant mortality in the Bronx area of New York City.

Dr. Martinez is a member of the American Board of Family Medicine, American Academy of Family Physicians and the Dominican Medical Association.



Dr. Yesinia Martinez photo provided

Dr. Martinez will see patients at the Lehigh Acres Family Medicine office at 5700 Lee Boulevard.

For more information, visit www.ppcswfl.com.✱

Promotions To American Red Cross Regional Team



Heidi O'Sheehan photos provided

The American Red Cross South Florida Region recently announced the promotion of Charles Parker to regional disaster officer and Heidi O'Sheehan to regional director of service to the Armed Forces.

Parker brings a wealth of experience with the American Red Cross to his role. Originally from Indiana, he has lived in Florida for over 20 years, currently making his home in Highlands County. Parker spent many years as a director of operations and general manager for



Charles Parker

several printing operations, including 13 years for Gannett Company and four years for The Flyer in Miami. He first joined the Red Cross in 2008 as a board member and disaster volunteer, and became a staff member in August 2011 as the disaster specialist in Okeechobee. He has also served as disaster program manager, regional mass care manager and most recently regional senior disaster program manager for South Florida.

O'Sheehan brings an impressive continued on page 24

Funds Awarded To Support Family Needs Program

The Health Resources and Services Administration (HRSA) recently announced \$10,236,342 will be allotted to the Florida Association of Healthy Start Coalitions, Inc. through the Maternal, Infant and Early Childhood Home Visiting Program (MIECHV Program). These funds support communities to provide voluntary, evidence-based home visiting services to women during pregnancy and to parents with young children up to kindergarten entry. Nationally, \$361 million in funding was awarded to 56 states, territories, and nonprofit organizations.

"Evidence-based home visiting programs help parents improve their family's health and provide better opportunities for their children," said HRSA Administrator George Sigounas, MS, PhD. "These awards allow states to support local agencies in providing tailored home visiting services, meeting the specific needs of families in their own communities."

Over the past six years, nationally, the MIECHV Program has provided over 4.2 million home visits. In FY 2017, the MIECHV Program served more than 156,000 parents and children in all 50 states, the District of Columbia, and five territories, and provided over 942,000 home visits. The program serves almost 42 percent of U.S. counties with high rates of poor birth outcomes or poverty. Almost three-fourths of families participating in the program had household incomes at or below 100 percent of the Federal Poverty Level.

"The MIECHV Program helps

parents and caregivers connect with services and resources and empowers families with the tools they need to thrive," said Laura Kavanagh, acting associate administrator of HRSA's Maternal and Child Health Bureau. "The program's two-generation approach is aimed at improving the well-being of both parents and children across the lifespan, leading to healthier and stronger families and communities."

Administered by HRSA, in close partnership with the Administration for Children and Families, the MIECHV Program supports pregnant women and families, particularly those considered at-risk, as they raise children who are physically, socially, and emotionally healthy and ready to succeed.

For more information on HRSA's Home Visiting Program, visit www.mchb.hrsa.gov/programs/homevisiting. For a list of all awardees, visit www.mchb.hrsa.gov/maternal-child-health-initiatives/home-visiting/fy18-home-visiting-awards.✱

From page 13

Land Purchase

Caloosahatchee to the Telegraph Creek Preserve, a Conservation 20/20 property," said Mike Hammond, coordinator of the Great Calusa Blueway for Lee County Parks & Recreation. "It's a unique and beautiful creek. It's a great spot to paddle."

The Great Calusa Blueway paddling trail was established in 2002 by Lee County Parks & Recreation and the Lee County Visitor & Convention Bureau. The Estero Bay leg was completed in 2003; the Pine Island Sound leg was completed in 2005; and the Caloosahatchee leg debuted in October 2007. For more information, log on to www.fortmyers-sanibel.com/calusablueway.✱

Want a better alternative to joint or spine surgery?

We'll review your MRI and case for FREE

to see if you qualify for regenerative joint and spine treatments.

Our specialists have been helping patients prevent surgery since 1993!

PROLOTHERAPY | PLATELET RICH PLASMA | STEM CELL THERAPY



9738 Commerce Center Ct.
Fort Myers, FL 33908

239.308.4725
CaringMedical.com

We are an out-of-network provider.

dearRPharmacist

Five Reasons You'll Want A Weighted Blanket



by Suzy Cohen, RPh

Dear Readers: Suffering from sleep problems? One strategy that I think is helpful is to use a weighted blanket. This is an easy, completely natural way to improve your mood, lower stress levels and

fall asleep faster.

If you have sleep troubles, or your child has them from a chronic condition such as autism, then a weighted blanket might be useful. Weighted blankets are simply blankets that are specially designed to weigh much more than a typical quilt or comforter.

These blankets range in weight from as few as four pounds to well over 30 pounds. Most are filled with plastic beads or natural materials like rice or barley.

This extra heft means that the blanket puts pressure on your body when you sleep under it, and this mimics the feeling of close physical contact. In this way, weighted blankets create an atmosphere of physical intimacy and security that can improve your mood and sometimes soothe sensory disorders.

I think these are a great idea if you have akathisia or restless legs syndrome. If you're still skeptical of the general health benefits these could offer, let me share five interesting facts.

1. Using a weighted blanket can lower your stress levels and improve your ability to relax. It's all from an increase in

serotonin, which converts to melatonin, your sleep hormone.

2. Reducing cortisol allows for a better night's sleep. Studies support a reduction in this stress hormone.

3. The modern world makes many people feel isolated. Wrapping yourself in a weighted blanket when you feel alone can increase oxytocin levels and provide instant calm.

4. Could it help with attention problems? The gentle tactile feeling of deep touch pressure can work as a relaxer to significantly increase the concentration and performance of children with ADHD.

There is also evidence that the extra sensory stimulation from a weighted blanket can help children improve their fine motor skills, especially if they have autism. In fact, these blankets were first invented as a stress aid for autistic children.

5. Obsessive-compulsive disorder (OCD) can be challenging to manage, but using a weighted blanket might help to control the symptoms. These heavier blankets boost your serotonin levels, which works to reduce symptoms of OCD, calm the mind and hopefully reduce compulsions.

For these same reasons, the blankets can also improve other emotional issues or cognitive problems connected to low serotonin levels, including aggression, bipolar disorder and PTSD. At our deepest core, we all want to be cuddled, right? It's kind of like that.

There are some people that should not use a weighted blanket. Choosing the best weighted blanket for you is critical. It's based on many factors. I've written a longer version of this article and, if you'd like, it just sign up for my free newsletter at www.suzycohen.com and I'll email you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an Advanced Registered Nurse Practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.*

Educational Program On Mental Health

The League of Women Voters of Lee County will hold an educational program on Mental Health: A Community Perspective at The Lodge at Heritage Palms Golf and Country Club on Saturday, November 3 from 9 to 11 a.m.

A panel will focus on mental health as a disease not a stigma from psychological, first responder, clinical and personal perspectives. There is no charge for admission.

The Lodge at Heritage Palms Golf and Country Club is located at 11070 Seminole Palm Way in Fort Myers. For reservations or more information, call 278-1032 or e-mail reservations@lwvlee.org by October 31.*

Doctor and Dietician

Staying Active In Retirement



by Ross Hauser, MD and Marion Hauser, MS, RD

In retirement, it is important to remain active. Yes, you can finally sleep in later since you don't have to fight traffic or punch a clock. But to maximize your enjoyment, manage your time well. Wasting hours being bored and sedentary in front of the TV day after day is simply not good for you. Use your abundance of free time for more stimulating activities.

Combine your active time with social outings, because both of these help you to be happier, as well as lower the risks of depression and dementia. Social activities like playing games, joining clubs, engaging in sports, or attending church functions connect you to people, which is good for your mental and physical wellbeing.

Participation in meaningful activities, such as volunteering, is another health boost while benefitting others in your community. There are always volunteer opportunities for tutoring, participating in restoration projects, fundraising, or helping out at an animal shelter, among many others. Those who feel a sense of purpose have been shown to live longer. Purposeful activities relieve stress, fight depression and lower blood pressure.

Remaining active supports your physical health which includes your mobility and overall independence. Choose activities that you enjoy, so you are more likely to stick to them. Do you enjoy walking and prefer being outside? Join a walking group. Is the gym more your style? Sign up for a new exercise class that sounds interesting. You may even want to try your hand at a second career or advancing your education. This can provide social engagement and purpose while also keeping your brain sharp.

Engaging in meaningful activities will add meaning and happiness to your retirement years. Maybe it's time to plan that big road trip you've dreamt about for years. Have fun – you've earned it!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.

FSW Radiologic Technology Accreditation

Florida SouthWestern State College's (FSW) associate in science in radiologic technology has received continuing accreditation from the Joint Review Committee on Education in Radiologic Technology (JRCERT) having met the standards for an accredited educational program in radiography. The program was reaffirmed through 2026.

"Accreditation ensures that we are delivering the highest quality program and education to our students," said James Mayhew, program director, FSW

Radiologic Technology. "When students graduate from accredited programs, it also assures their employers and patients that they have received the highest level of training and are qualified to enter the workforce."

Radiologic technologists are allied health professionals who combine patient care skills with an in-depth knowledge of human anatomy and proficient utilization of medical imaging equipment. The technologist's goal is to produce diagnostic images of the human body with minimum radiation exposure at a level of proficiency that will cause the least discomfort to the patient.

For more information about FSW's Radiologic Technology program, contact Tamra Pacheco, instructional assistant, at tamra.pacheco@fsw.edu or 985-3499.*

Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age.

The next screening on the Ronald McDonald Care Mobile will be held on Friday, October 19 from 9:30 a.m. to 2 p.m. at the New Life Assembly, located at 5146 Leonard Boulevard South in Lehigh Acres.

It is estimated that one in every 68 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted

From page 23

Red Cross

military and leadership background as her new position. She joined the South Florida Region in May as the SAF Specialist with a true passion for helping military members, veterans and their families. She is a retired Army Officer with 21 years of combined service split between active duty and the Ohio and Florida Army National Guards. O'Sheehan's service highlights include attending U.S. Army Airborne School, serving as the officer in charge of the

South Area Command Emergency Operations Center immediately following 9/11, performing humanitarian operations in the wake of six major disasters and serving as a company commander for a one-year deployment to the Middle East in support of Operation Iraqi Freedom. She retired from the military in 2005.

"We are delighted to have Chuck and Heidi part of our regional leadership team," said Joanne Nowlin, regional CEO of the South Florida Region. "They both provide valuable skills and experience to our organization and we are excited to welcome them in their new roles."*

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Jackie And Manny



Jackie ID# A512353



Manny ID# A755193

Hello, my name is Jackie. I am a 9-year-old male German shepherd mix who has passed the puppy and teenage years and am ready to live my golden years in the comfort of my forever home. I am looking for a relaxed, laid-back lifestyle that involves long naps, watching movies and curling up next to you when you read a good book. I might be up for walking short distances from the couch to the food bowl and back. If low-maintenance is what you are looking for, then I am the guy for you.

My adoption fee is \$25.

Hi, I'm Manny. I am a 2-year-old male domestic shorthair who is sweet, friendly and adoring of

all things food-related. I have nine lives and none of them should be spent in a shelter. I long for and deserve a home of my own. I am the perfect snuggle buddy after a long day at work. My stunning good looks are just an added bonus.

My adoption fee is \$10.

Lee County Domestic Animal Services will be joining the American Society for the Prevention of Cruelty to Animals (ASPCA) with the #FindYourFido initiative for the second consecutive year. The campaign's goal is to raise awareness of homeless animals and to help find safe, loving homes for dogs in the community. To encourage local supporters to #FindYourFido, Animal Services will reduce its adoption fees for dogs to \$30 through October 31. The ASPCA #FindYourFido campaign is designed to expand the digital exposure for animals nationwide and raise awareness regarding the benefits of adopting a pet. During the month of October, "Fido," a cardboard cutout ambassador for adoptable dogs, will be in the lobby of Animal Services to illustrate how easy it is to picture a shelter pet in someone's daily life and encourage animal adoption.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.**

Haven on Earth Animal League

Pud And Della



Pud



Della

Hi! I'm Pud. I am a handsome, declawed, 14-year-old male champagne tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to

date on all vaccines. My adoption fee is \$50. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

Hello, I'm Della. I am a beautiful tabby girl who recently had a litter. I'm only 1 year old and very sweet. I have been fully vetted and brought up to date on all vaccines. Come see me at PetSmart on Six Mile Cypress. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

Haven on Earth Animal League, Inc. is a 501c3 nonprofit animal rescue organization in Fort Myers, operated completely by volunteers. Its mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**

PAWS Of Sanibel

Matilda And Sasha



Matilda



Sasha

Hi, my name is Matilda. My foster mom calls me Tilly for short. I'm about a year old and was found in the area of East Lake Road, off Casa Ybel Road. Some kind people took me in. The lady from PAWS took me over to Coral Veterinary Clinic

in Fort Myers to have them look me over. I have been combo-tested (negative), had FVRCP and rabies immunizations, was treated for fleas and will be spayed this month. I did not have a microchip. PAWS was not able to find my people, and I am now available for adoption. My foster mom loves cuddling with me. She says I'm such a sweet girl and someone will be very lucky to have me.

Hello, I'm Sasha. I was picked up on Airport Road off Casa Ybel by the Sanibel Police after a call from a local resident. I am approximately 1 to 2 years old, have no microchip and am a tan/black tabby. I am very sweet and gentle and am now in a foster home. My combo test for FIV/FeLV/Heartworms was negative. I have been given immunizations for FVRCP, FeLV, rabies, and given a heartworm and flea preventive. I will likely be spayed this month. Please consider giving me a forever home.

These young cats are extremely sweet and well-behaved. If you are interested in adopting one or both of these beautiful girls, call Pam at PAWS, 472-4823.*



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingstone Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

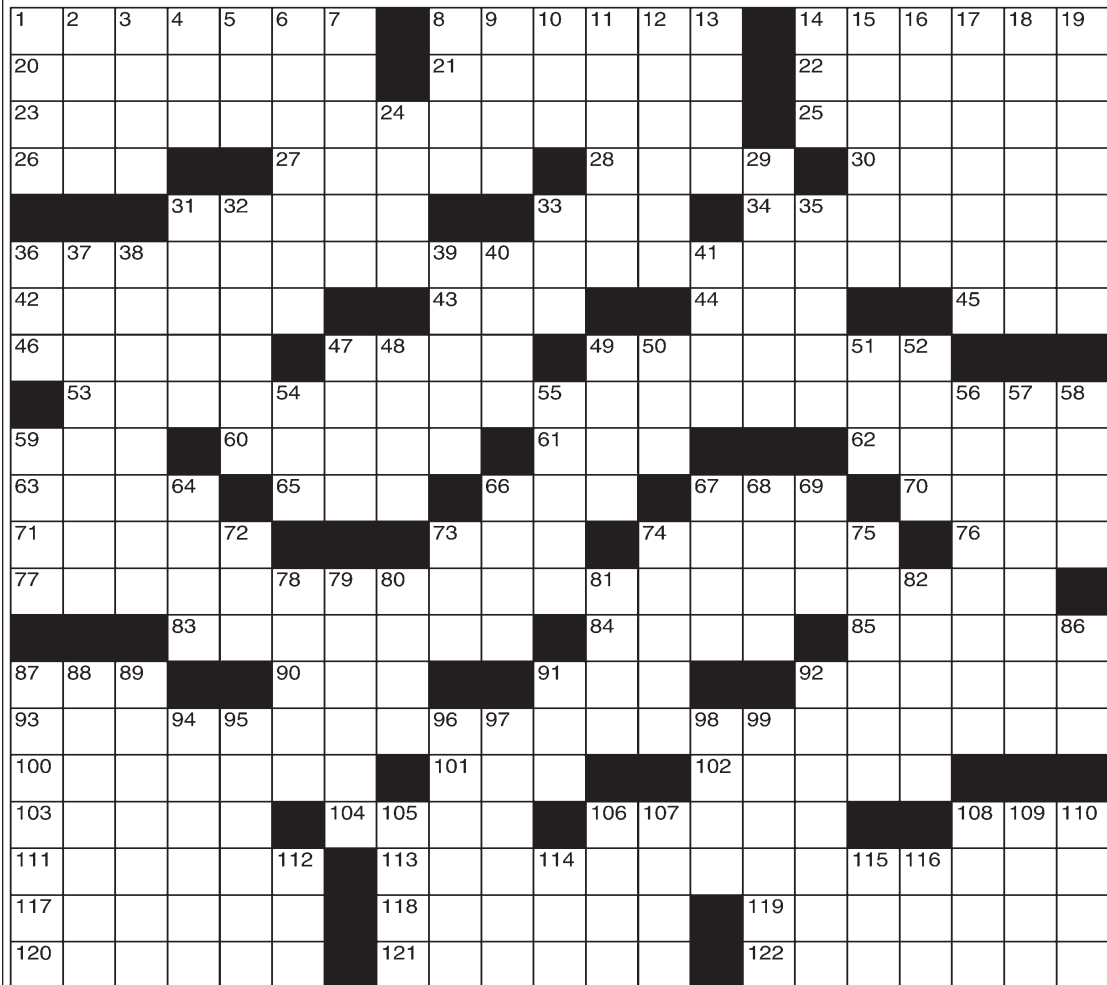
PUZZLES

Answers on page 29

Super Crossword

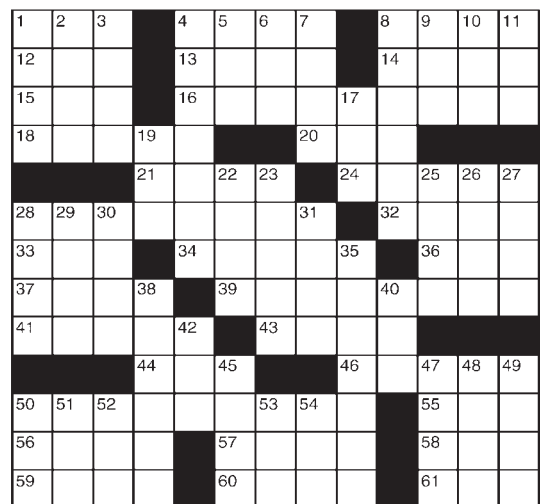
CRADLE OF THE MIDEAST

- ACROSS**
- 1 Seasoned seaman, slangily
 - 8 Trees that yield a chocolate substitute
 - 14 Entry
 - 20 Muckety-muck
 - 21 Spain and Portugal, collectively
 - 22 Produce
 - 23 Start of a riddle
 - 25 There since birth
 - 26 Zeta-theta link
 - 27 Longtime name in gas
 - 28 "— Three Lives" ('50s TV series)
 - 30 Sri Lankan language
 - 31 Light unit
 - 33 Toothpaste-endorsing org.
 - 34 Big and oafish
 - 36 Riddle, part 2
 - 42 Small Aussie parakeet
 - 43 Variety
 - 44 Small, for short
 - 45 Ending for baron
 - 46 Plum lookalikes
 - 47 Diner cuppa
 - 49 Warms up, as leftovers
 - 53 Riddle, part 3
 - 59 Fighter with Fidel
 - 60 Neighbor of Egypt
 - 61 Retina locale
 - 62 Italian farewells
 - 63 Baseballer Aparicio
 - 65 Clark of "Hee Haw"
 - 66 Original "Hee Haw" ailer
 - 67 A fire sign
 - 70 Threaded fastener
 - 71 Pop singer
 - 73 Gunky stuff
 - 74 Perm parlor
 - 76 Ph.D. hopeful's test
 - 77 Riddle, part 4
 - 83 Pedal for a floor loom
 - 84 Domain
 - 85 11 hours before noon
 - 87 Lead-in to Magnon
 - 90 "I'm — loss"
 - 91 Bikini part
 - 92 Acting unthinkingly, informally
 - 93 End of the riddle
 - 100 Cry to a good dog
 - 101 18-wheeler
 - 102 "I — Say No" (show tune)
 - 103 Cheese-topped chip
 - 104 Help to do wrong
 - 106 Jiggly treat
 - 108 Real heel
 - 111 Torino locale
 - 113 Riddle's answer
 - 117 Stop, legally
 - 118 "Seinfeld" gal pal
 - 119 Via E! or FX
 - 120 Will concern
 - 121 Prison boss
 - 122 Harmful flies
 - DOWN**
 - 1 Boy of Mayberry
 - 2 Place for hay
 - 3 "A little dab'll —"
 - 4 "Shameless" ailer, briefly
 - 5 Aladdin's monkey pal
 - 6 City in southeast Wyoming
 - 7 Big Apple opera house
 - 8 U.S. prez, militarily
 - 9 "Peek- —, I see you!"
 - 10 Kylo — (Darth Vader's grandson)
 - 11 Tater Tots brand
 - 12 Sch. locale with microscopes
 - 13 In no danger
 - 14 Foe of Spinks
 - 15 NBA position
 - 16 Rabbinical mysticism
 - 17 Descendant of Esau
 - 18 Bowling aims
 - 19 Having only daughters
 - 24 Skye of films
 - 29 Bad boy in "The Omen"
 - 31 Raced in a certain sled
 - 32 Big IT company
 - 33 Biblical boat
 - 35 Eastern rice dish
 - 36 Half a fl. oz.
 - 37 Hilo dance
 - 38 "Modern Family" actor
 - 39 Sofa type
 - 40 Writer Paton
 - 41 Grades K-12
 - 47 Karate relative
 - 48 "Scram!"
 - 49 Light units
 - 50 Vegas-to-Denver dir.
 - 51 Tic- — -toe board
 - 52 Peeved state
 - 54 "— Mutual Friend"
 - 55 Football's Tim
 - 56 Ensarl
 - 57 Concert itinerary detail
 - 58 Bone: Prefix
 - 59 Musical score symbol
 - 64 River buildup
 - 66 Manage
 - 67 Not on time
 - 68 Lioness in "Born Free"
 - 69 "How lovely!"
 - 72 ENT part
 - 73 Hair stiffener
 - 74 Singer McLachlan
 - 75 Political columnist Peggy
 - 78 1954-77 defense gp.
 - 79 Sister of Tito Jackson
 - 80 Hard cheese
 - 81 Singer Corey
 - 82 Not fitting
 - 86 Labor Day, e.g.: Abbr.
 - 87 Whodunit poison stuff
 - 88 Goes around
 - 89 One rejected
 - 91 Seek alms
 - 92 Cincinnati citizens, say
 - 94 Mexican bloom
 - 95 Certain reed player
 - 96 Ring of the iris
 - 97 Build-it-yourself auto
 - 98 Rights group, for short
 - 99 Actor Lyle or actress Nita
 - 105 Percolate
 - 106 Mrs. Jetson
 - 107 Idyllic garden
 - 108 Airport waiters?
 - 109 Fit for the job
 - 110 Hair colorers
 - 112 Gobbled up
 - 114 Lad or lass
 - 115 Road hazard
 - 116 Belfry animal



King Crossword

- ACROSS**
- 1 Request
 - 4 Blunder
 - 8 Weapon handle
 - 12 Island neckwear
 - 13 Sandwich cookie
 - 14 Exile isle
 - 15 Spelling contest
 - 16 "West Side Story" composer
 - 18 Tiny ear bone
 - 20 Ball prop
 - 21 Office part-timer
 - 24 Stuffs tightly
 - 28 "E = mc2" man
 - 32 Not procrastinating
 - 33 Chowd down
 - 34 Precipitous
 - 36 Historic time
 - 37 Wound cover
 - 39 Piano name
 - 41 Pitched
 - 43 2012 Ben Affleck movie
 - 44 Vast expanse
 - 46 Celery unit
 - 50 "The Grapes of Wrath" author
 - 55 Heavy weight
 - 56 Frogs' hang-out
 - 7 Typeface
 - 8 Straight, for short
 - 9 Hearty brew
 - 10 G-men's org.
 - 11 Bronze
 - 17 Moment
 - 19 Part of TGIF
 - 22 Citi Field team
 - 23 Michelangelo masterpiece
 - 25 Freshly
 - 26 Actress Sorvino
 - 27 Remain
 - 28 Right on the map?
 - 29 Pruritus
 - 30 In the vicinity
 - 31 — -do-well
 - 35 Football
 - 38 Adjoining
 - 40 "To be or — ..."
 - 42 Cyst
 - 45 Sleeping
 - 47 Small particle
 - 48 Timber wolf
 - 49 Make a sweater
 - 50 Hot tub
 - 51 Upper surface
 - 52 Type measures
 - 53 Greek vowel
 - 54 Mangy mutt
- DOWN**
- 1 Actress Jessica
 - 2 Witnessed
 - 3 Chicken —
 - 4 Drinking vessels
 - 5 Tramcar contents
 - 6 "— the fields we go"



MAGIC MAZE ● ANIMAL ENCLOSURES

V Y U R E O K H D A X U Q N K
 H E B Y V S S P M J H E B Y V
 (A Q U A R I U M) T P Q O L I G
 D B Y W T R P O O M E K I F D
 B L Y W K U H O H L V Y S Q O
 M K L I F C C Z B N R A B D B
 Z X W A T Y O A U A E S Q O N
 L J H U T T T D I F S H D C A
 Y W H V T S S V D L E N N E K
 Q P N L E G A C L A R R O C K
 I H F E C B Z Y N E P G I P W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|----------|----------|----------|-------|
| Aquarium | Corral | Paddock | Stall |
| Aviary | Henhouse | Pigpen | Sty |
| Barn | Hutch | Preserve | Zoo |
| Cage | Kennel | Stable | |

PROFESSIONAL DIRECTORY

FINANCIAL SERVICES

THE RIGHT INVESTMENTS IN YOUR IRA CAN MAKE ALL THE DIFFERENCE.

Jennifer L Basey
Financial Advisor

To learn about the benefits of an Edward Jones IRA, call or visit today.

42 Barkley Circle, Suite 1
Fort Myers, FL 33907
239-931-4543

www.edwardjones.com

Member SIPC

Edward Jones
MAKING SENSE OF INVESTING™

GENERAL CONTRACTOR

D. BROWN
GENERAL CONTRACTORS LLC

CGC1517615



NEW CONSTRUCTION & REMODELS

239-593-1998 | www.dbrowngc.com

CONSTRUCTION/REMODELING

COOPER

CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.

239.454.5699

cooperconstruction@embarqmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A Friend"

TREE WEST

- Tree Trimming • Tree Removal
- Stump Grinding

239-910-3256

info@treewestfl@gmail.com

www.treewestflorida.com

P.O. Box 564, Sanibel, FL 33957

Licensed, insured, workers compensation

HOME WATCH



Rabbit Rd. Home Watch Service

An affordable Home Watch Service based on Sanibel Island. We are licensed, insured, bonded and members of the National Home Watch Association.

239-558-5733

rabbitrdmgt@gmail.com

www.RabbitRoadMgt.com

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE



JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE

P.O. Box 1050 • SANIBEL • FLORIDA 33957

WWW.ISLANDHOMESERVICE.COM

INFO@ISLANDHOMESERVICE.COM

PHONE: (239) 472-5247 • CELL: (239) 229-6366

ELECTRICAL

J.T.E. ELECTRIC

SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL



Brady J. Rees
Generator and Service Expert

T | 239-368-9511

C | 239-980-1596

STANDBY POWER

Authorized Dealer

Lee, Collier, Hendry,
Charlotte, Sarasota Counties
Lic.# EC-13002460

generator@jteelectricinc.com

204-B Waldo Avenue,
Lehigh Acres, FL 33971

WINDOW CLEANING



JC Window Cleaning

407-902-7845

239-203-5913

Juan Penaloza

Residential-Commercial-New Construction

LICENSED and INSURED

JCCPCLEANING@AOL.COM/jccpwindowcleaning.com

Jcpc Window and Cleaning Service, LLC
P.O. BOX 1084, SANIBEL FL 33957

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More
CAPT. MATT MITCHELL



USCG
Licensed
& Insured

C: (239) 340-8651

www.captmattmitchell.com

email: captmattmitchell@aol.com

CONTRACTOR



Surfside Home Improvements Aluminum & Remodeling



- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More

\$500. OFF WITH AD

cbc1261010

239-936-0836

Family owned, 40 Years Local

CLEANING SERVICES



Professional Cleaning Services

Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson

(239) 810-6293

brightntidy@gmail.com

Licensed & Insured

Would you like to advertise your business card every week?

Call:

239-395-1213



The New Math:

\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!


Thank you for your generosity!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

 FRIDAY Few Showers High: 85 Low: 75	 SATURDAY Mostly Cloudy High: 87 Low: 77	 SUNDAY Partly Cloudy High: 86 Low: 76	 MONDAY Few Showers High: 87 Low: 77	 TUESDAY Mostly Cloudy High: 83 Low: 73	 WEDNESDAY Mostly Cloudy High: 84 Low: 74	 THURSDAY Mostly Cloudy High: 86 Low: 76
---	--	--	--	---	---	--

Redfish Pass Tides

Day	High	Low	High	Low
Fri	2:40 am	9:46 am	4:53 pm	8:55 pm
Sat	3:09 am	10:35 am	5:58 pm	9:20 pm
Sun	3:43 am	11:30 am	7:26 pm	9:50 pm
Mon	4:25 am	12:35 pm	None	None
Tue	5:20 am	1:47 pm	10:29 pm	None
Wed	6:44 am	12:48 am	11:01 pm	2:55 pm
Thu	8:33 am	2:47 am	11:26 pm	3:54 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	1:45 am	9:48 am	3:58 pm	8:57 pm
Sat	2:14 am	10:37 am	5:03 pm	9:22 pm
Sun	2:48 am	11:32 am	6:31 pm	9:52 pm
Mon	3:30 am	12:37 pm	None	None
Tue	4:25 am	1:49 pm	9:34 pm	None
Wed	5:49 am	12:50 am	10:06 pm	2:57 pm
Thu	7:38 am	2:49 am	10:31 pm	3:56 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	3:10 am	10:17 am	4:45 pm	10:16 pm
Sat	3:43 am	10:55 am	5:25 pm	10:45 pm
Sun	4:14 am	11:33 am	6:06 pm	11:08 pm
Mon	4:45 am	12:17 pm	6:51 pm	11:25 pm
Tue	5:18 am	1:17 pm	7:43 pm	11:38 pm
Wed	5:58 am	2:28 pm	8:40 pm	None
Thu	7:00 am	12:08 am	9:41 pm	3:29 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	4:50 am	1:02 pm	7:03 pm	None
Sat	5:19 am	12:11 am	8:08 pm	1:51 pm
Sun	5:53 am	12:36 am	9:36 pm	2:46 pm
Mon	6:35 am	1:06 am	None	3:51 pm
Tue	7:30 am	5:03 pm	None	None
Wed	12:39 am	4:04 am	8:54 am	6:11 pm
Thu	1:11 am	6:03 am	10:43 am	7:10 pm

PUZZLE ANSWERS

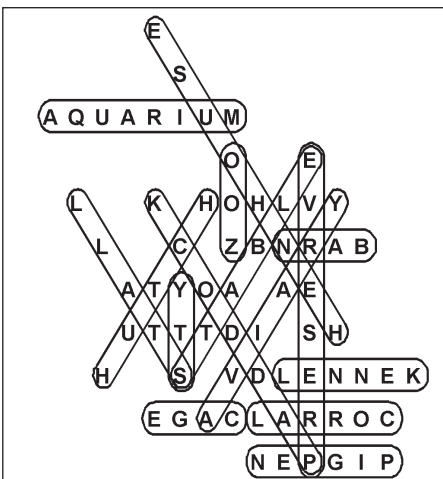
SUPER CROSSWORD

O	L	D	S	A	L	T	C	A	R	O	B	S	A	C	C	E	S	S										
P	O	O	H	B	A	H	I	B	E	R	I	A	L	E	A	D	T	O										
I	F	Y	O	U	R	E	I	N	O	N	E	O	F	I	N	B	O	R	N									
E	T	A	A	M	O	C	O	I	L	E	D	T	A	M	I	L												
				L	U	M	E	N	A	D	A	A	P	E	L	I	K	E										
T	H	E	U	N	I	T	E	D	A	R	A	B	E	M	I	R	A	T	E	S								
B	U	D	G	I	E				I	L	K																	
S	L	O	E	S					J	A	V	A																
									A	N	D	Y	O	U	W	A	N	T	A	N	I	N	F	A	N	T	T	O
C	H	E							S	U	D	A	N															
L	U	I	S						R	O	Y																	
E	L	L	I	E					G	O																		
F	A	L	L	A					S	L	E	E	P	W	H	A	T											
									T	R	E	A	D	L	E													
C	R	O							A	T	A																	
Y	O	U	D	O	T	O	M	A	K	E	T	H	A	T	H	A	P	P	E	N								
A	T	T	A	B	O	Y			R	I	G																	
N	A	C	H	O					A	B	E																	
I	T	A	L	I	A				R	O	C	K	A	D	U	B	A	I	B	A	B	A	B	A	B	A	B	A
D	E	S	I	S					E	L	A	I	N	E														
E	S	T	A	T	E				W	A	R	D	E	N														

KING CROSSWORD

A	S	K			G	O	O	F			H	A	F	T	
L	E	I			O	R	E	O			E	L	B	A	
B	E	E			B	E	R	N	S	T	E	I	N		
A	N	V	I	L					T	E	E				
					T	E	M	P			C	R	A	M	S
E	I	N	S	T	E	I	N		O	N	I	T			
A	T	E			S	T	E	E	P		E	R	A		
S	C	A	B		S	T	E	I	N	W	A	Y			
T	H	R	E	W		A	R	G	O						
					S	E	A		S	T	A	L	K		
S	T	E	I	N	B	E	C	K			T	O	N		
P	O	N	D		E	T	U	I			O	B	I		
A	P	S	E		D	A	R	N			M	O	T		

MAGIC MAZE



SUDOKU

3	8	5	4	9	2	7	1	6
1	7	9	8	5	6	4	3	2
2	6	4	7	3	1	5	9	8
9	5	1	2	8	4	3	6	7
6	4	3	5	7	9	8	2	1
7	2	8	6	1	3	9	5	4
4	3	6	9	2	7	1	8	5
5	1	7	3	6	8	2	4	9
8	9	2	1	4	5	6	7	3

My Stars ★★★★★ FOR WEEK OF OCTOBER 15, 2018

Aries (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.

Taurus (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.

Gemini (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.

Cancer (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.

Leo (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.

Virgo (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work and send it off.

Libra (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.

Scorpio (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.

Sagittarius (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.

Capricorn (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.

Aquarius (January 20 to February 18) You need to move any remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.

Pisces (February 19 to March 20) A career change appears increasingly likely to happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

Born This Week: You have a strong sense of obligation to justice, which inspires others to follow your example and do the right thing.

STRANGE BUT TRUE

- It was noted American science fiction author Philip K. Dick who made the following sage observation: "Reality is that which, when you stop believing in it, doesn't go away."
- You might be surprised to learn that when Hernan Cortes reached the New

World in the 1600s, he found the Aztecs drinking hot chocolate at their banquets.

- The World Health Organization does not include cockroaches on its list of insects hazardous to human health.
- Are you afraid of rattlesnakes? Those are certainly dangerous creatures, but keep in mind that the venom of a black widow spider is 15 times deadlier than that of the rattler – and the spider doesn't provide an early-warning alarm like the rattler does.
- The name for that lovely lavender stone, amethyst, is derived from the Greek term for "not drunk."
- You probably knew that cats were revered in ancient Egypt, but did you know that when a domestic cat died, the family went into mourning? Yep. People would shave their eyebrows to demonstrate their grief over the passing of their beloved pet.
- If you're like the average American, you eat roughly 17 pounds of potato chips every year.
- Way back in 1879, the *Cincinnati Gazette* predicted that the game of baseball had "run its course."
- Singer and songwriter Roger Miller, best known for his hit song *King of the Road*, had a passion for music early, even though his family was poor. When he was in grade school, he spent his weekends picking cotton so he could save up enough money to buy a guitar. After eighth grade he quit school and went to work herding cattle and riding in rodeos.

THOUGHT FOR THE DAY

"It is better to sleep on things beforehand than lie awake about them afterwards." – Baltasar Gracian

TRIVIA TEST

1. **Movies:** Who directed the movie *La Dolce Vita*?
2. **Geography:** Where is the famous Olduvai Gorge located?
3. **Mythology:** Tyr was a Norse god of what?
4. **Music:** What pop group sang *Love Shack*?
5. **Presidents:** How old was Theodore Roosevelt when he was inaugurated?
6. **Science:** In what century was Isaac Newton born?
7. **History:** When was the last year the Dodgers played in Brooklyn?
8. **General Knowledge:** What is the symbol of the zodiac sign Scorpio?
9. **Language:** What does the Greek prefix "speleo" mean?
10. **Measurements:** How many bottles of champagne are in a jeroboom?

TRIVIA ANSWERS

1. Federico Fellini
2. Tanzania
3. War
4. The B-52s
5. 42
6. 17th century
7. 1957
8. Scorpio
9. Cave
10. Four

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147
 garciaonsanibel.com

Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

4/29 ★ TFN

COMMERCIAL RENTAL

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/ 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net

10/12 ★ 11/16

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

7/13 ★ TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

8/5 ★ TFN

VACATION RENTAL



Cottages To Castles
 Unique Vacation Rentals
 2427 Periwinkle Way
 Sanibel, FL 33957
 Local: (239) 472-6385
 Toll Free: (800) 472-5385
 Fax: (239) 472-5858
 www.cottages-to-castles.com

1/26 ★ TFN

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!

- Cottages • Condos • Homes • Miles of Beaches & Bike Paths
- 239-472-7277**
1-888-451-7277

1/4 ★ TFN

SEASONAL RENTAL

TROPICAL SANIBEL BEACH COTTAGE WITH EVERYTHING!

Old Florida charm with all new updates! Ground-level cottage on private lane, short walk to beach, 2BR/1.5BA, sleeps 6. Fully furnished/equipped, separate exercise room and inside laundry, wooded backyard w/ privacy fence, outside H/C shower. Bikes, beach chairs, umbrellas, beach wagons, towels provided. Pets w/approval. Min one month - April 2019 still available! Contact Chris: 314-406-7058
 cgbeckner@yahoo.com
 for pictures and price.

10/5 ★ 10/12

ANNUAL RENTAL

SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800
 2/1 on Sandpebble \$1,800
 2/2 on Sandpebble \$2,000
 3/2 on Periwinkle \$2,200*
 *(w garage & shared pool)
 Dogs okay.
 Call or text Bridit @ 239.728.1920

10/5 ★ TFN

CALOOSA SHORES

3BR/2B Annual Rental \$2,700 month. Furnished, two car garage. Ground level, no stairs, on canal, 3 miles from school near Ding Darling.
 239-770-5568. Call in evening.

9/28 ★ 10/19

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

Waterfront - 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.

GUMBO LIMBO

This 3/3 UF pool home backs up to Conservation Land \$2,300/mo.

472-6747

Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.
 Paul H. Zimmerman, Broker/Owner
 10/5 ★ TFN

ROOMMATE WANTED SANIBEL

Share House, Private BR & Bath. Beautiful, clean lakefront home to share. \$850/mo. + 1/2 utilities.
 239-246-3394

9/28 ★ TFN

SANIBEL ANNUAL RENTAL

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor - close access to the beach and causeway on the East End of Sanibel. Perfect location - \$3,800 per month. Call or text Rose at 239-851-5188.

7/27 ★ TFN

ROOMMATE WANTED

ROOMMATE WANTED

Health Park Area, Single Woman, BR & Bath, Private Garden.
 239-671-5655.

10/12 ★ 10/19

SERVICES OFFERED



Complete Landscaping Services & Weekly Lawn Service
 New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.
239-896-6789

4/13 ★ TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
 Joe Scarnato (239) 849-6163
 scarnatolawn@aol.com

1/25 ★ TFN

SERVICES OFFERED

PROFESSIONAL CAR WASH & WAX & DETAIL BY HAND

Sanibel & Captiva Islands & South Fort Myers. Exterior & Interior Cleaning. Tire Dressing. No job too big or too small. I come to your Home, Condo, or Hotel. Reasonable Rates. Satisfaction Guaranteed. Call Bryan 239-284-3639

10/12 ★ TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047

1/4 ★ TFN

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

4/20 ★ TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

1/4 ★ TFN

HELP WANTED

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

5/6 ★ TFN

HANDY-MAN - PAINTER - LIGHT CARPENTRY

SANIBEL MARINA
 634 N YACHTSMAN DR
 SANIBEL
 472-2723

8/17 ★ TFN

GARAGE SALE

MOVING GARAGE SALE

Everything must go! Big variety of items from a builders garage to designer interior items. Art supply, art books, kids games toys and books. Colorful ceramic tile for mosaic projects, furniture. 6425 Pine Ave., Sanibel Saturday 10/13 8 to noon Sunday 10/14 8 to noon

10/12 ★ 10/12

To advertise in the *Island Sun* and *The River Weekly News* Call 395-1213

Shore Fishing: Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish. If you want a picture with the fish, support it as

you lift it out of the water - and do it quickly. Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off. Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

FWC Takes Steps To Combat Invasive Species

Florida's native fish and wildlife are facing a serious threat posed by a variety of invasive species found throughout the state. The Florida Fish and Wildlife Conservation Commission (FWC) is taking steps to combat the introduction and spread of these nonnative animals. FWC recently voted to approve a reorganization of rules related to nonnative species.

In addition, the commission requested FWC Executive Director Eric Sutton and Vice Chairman Robert Spottswood to work on a temporary executive order to limit importation of potentially high-risk injurious species. This will act as a stopgap measure while staff develops proposed rules.

"As we are in the process of rule development, we need an executive order in place to take the pressure off until we are ready to take the final action," said Spottswood.

Invasive species are animals not native to Florida that cause economic or environmental harm or pose a threat to human safety. More than 500 nonnative species have been reported in Florida. Eighty percent of these have been introduced via the live animal trade with more than 120 established in Florida, meaning they are reproducing in the wild.

"It costs much less to prevent a species from becoming established than it does to control them once they are here," said Commissioner Joshua Kellam. "What we need to do as a commission is focus on

prevention early on to stop the next wave of invasive species."

Although invasive species are not a problem unique to Florida, the state's subtropical climate allows a variety of species, such as pythons, Argentine black and white tegus, green iguanas, monitor lizards and many invasive freshwater fish species, to thrive.

Most nonnative fish and wildlife find their way into Florida's habitats through escape or release from the live animal trade. Therefore, regulation is an essential component to prevent nonnative species from taking hold in Florida's environment.

"We are taking proactive steps through regulation to address those species that pose the highest risk to Florida of becoming tomorrow's invasive species problem," said Kipp Frohlich, director of the FWC's Division of Habitat and Species

Conservation. "Actions we take today can prevent other species from becoming established and help avoid problems similar to the ones caused by Burmese python."

The public can help the FWC control nonnative invasive wildlife by reporting sightings to the FWC's Exotic Species Hotline at 888-IveGot1 (888-483-4681), online at www.ivegot1.org or by using the free smartphone app IVEGOT1.

The FWC also encourages the public to safely remove nonnative invasive species from the wild when possible. Nonnative species are not protected, except by anti-cruelty law, and can be humanely killed on private lands at any time with landowner permission, no permit required. People may also lethally remove nonnative reptiles from 22 FWC-managed public lands without a license or permit.



Nile monitor lizard photo provided

For more information about nonnative species in Florida, visit www.myfwc.com/nonnatives.*

HORTOONS



SCRAMBLERS

1. Mingle; 2. Rescue;
3. Relay; 4. Listen

Today's Word SAYINGS

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Southport On The Bay	Bonita Springs	2018	4,000	\$3,475,000	\$3,190,000	38
Hidden Harbor	Bonita Springs	1995	2,894	\$1,325,000	\$1,225,000	95
Flamingo Harbour Condo	Fort Myers Beach	2002	2,900	\$1,299,000	\$1,225,000	0
Cape Coral	Cape Coral	1977	5,994	\$985,000	\$985,000	1
Nature's Cove	Estero	2002	4,034	\$949,000	\$900,000	159
Montelago	Miromar Lakes	2003	2,704	\$924,900	\$863,000	635
Laurel Ridge	Bonita Springs	2006	3,454	\$899,000	\$870,000	136
Cape Coral	Cape Coral	2005	4,073	\$819,900	\$749,000	94
Belle Lago	Estero	2007	4,405	\$769,900	\$749,000	185
Ascot	Bonita Springs	1999	2,736	\$769,900	\$755,000	159



It's been a tough summer,
& we just want to say
**THANK YOU FOR
YOUR SUPPORT.**

The Original
Yucatan Shrimp

**“For the sun-kissed & sun-desirous
alike, a vacation on a plate.”**

The New York Times
Magazine

Flat Breads • Outdoor Seating • Island Mojitos

Sanibel Island



2500 Island Inn Rd
Sanibel Island FL, 33957
239.472.8311

Captiva Island

Open to the Public!



South Seas Island Resort
Captiva Island FL, 33924
239.312.4275



Follow & Review us on social media!