



The Bugtussle Ramblers

Live Bluegrass At The Alliance For The Arts On January 10

Palgrass presents three hours of live bluegrass at the Alliance for the Arts on Sunday, January 10 beginning at 2 p.m.

The January concert features bluegrass bands Kindred Spirit, Pain In The Grass and The Bugtussle Ramblers. Tickets are \$8 at the door or \$6 for Alliance members. Seating is open and first come, first served. Children 12 and under are admitted free if accompanied by an adult. Pre-sale tickets are not available. Doors open at 1:30 p.m.

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Author Ryan To Give Lunch Lecture At Davis Art Center

Deemed “master at crafting suspenseful mysteries,” author Hank Phillippi Ryan will join guests at the Sidney & Berne Davis Art Center for lunch on Monday, January 18 beginning at noon. Ryan will then lead a lecture and question session about her background and literature works, followed by a book signing opportunity.

Ryan is the on-air investigative reporter for Boston’s NBC affiliate. She’s won 33 Emmys, 13 Edward R. Murrow Awards and dozens of other honors for her groundbreaking journalism. A bestselling author of seven mystery novels, Ryan has won multiple awards for her crime fiction: five Agathas, the Anthony, Daphne, Macavity and, for *The Other Woman*, the coveted Mary Higgins Clark Award.

Her 2013 novel, *The Wrong Girl*, won both the Agatha Award for Best Contemporary Novel and the Daphne Award for Mainstream Mystery/Suspense, and is a seven-week *Boston Globe* best-seller.

Truth Be Told is the Agatha Award winner for Best Contemporary Novel and an Anthony Award nominee for Best Novel. *Truth Be Told* was also a *Library Journal* Best Book of 2014, with starred reviews from *Booklist* and from *Library Journal*, which raves, “Drop everything and binge read!”

She won a second Agatha Award in 2015 for Best Nonfiction as editor of *Writes Of Passage*, an anthology of essays by mystery authors, which was also honored with a Macavity Award and Anthony Award.

Ryan’s newest novel, *What*, is an *RT Book Reviews*’ top pick for “exceptional suspense!” and named a Best Thriller of 2015 by *Library Journal*, which raves, “Mystery



Hank Phillippi Ryan

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Church Concert Series Presents Broadway & More

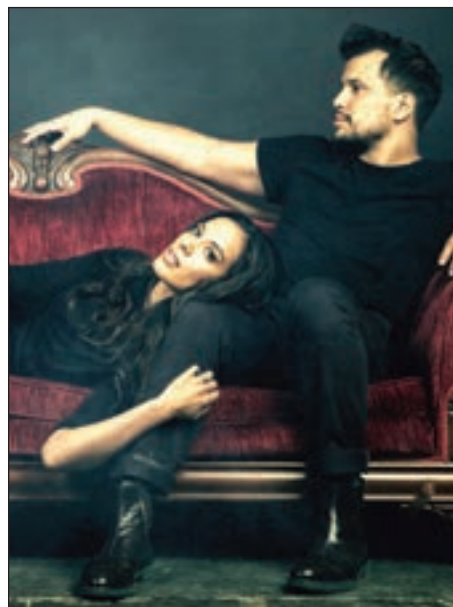
St. Peter Lutheran Church Concert Series will feature Broadway & More on Monday, January 11 starting at 7 p.m. The concert, starring Mark Sanders and Lee Van Asten, will include favorites from Broadway and the American Songbook.

Sanders’ appearances include the Broadway tour of *Fiddler On The Roof* and as a guest vocalist with the Gulf Coast Symphony at the Barbara B. Mann Performing Arts Hall. Van Asten has entertained Southwest Florida audiences with piano and vocal performances for more than 30 years.

Doors open at 6:30 p.m. and admission is free; donations will be accepted. St. Peter Lutheran Church is located at 3751 Estero Boulevard in Fort Myers Beach. Call 463-4251 for more information.*



Lee Van Asten and Mark Sanders



Johnnyswim



Sheena Brook

Festival To Bring Brews And Bands

The Sidney & Berne Davis Art Center has announced a new event, the Taps & Tunes Craft Beer & Music Festival, to celebrate the best in beer tasting and one-of-a-kind music. The event will take place at Centennial Park East, 2150 Edwards Drive, in Fort Myers from 2 to 8 p.m. on January 30.

Sample over 80 brews from award-winning breweries and learn the basics of home brewing and tasting. Set on the edge of the Caloosahatchee River in Centennial Park, the inaugural event will allow for scenic views of the historic river district and river’s edge.

Headliners are Los Angeles-based duo Johnnyswim, composed of Amanda Sudano (daughter of Donna Summer) and Abner Ramirez. The two began writing and singing together in the spring of 2006 and found their similar influences of folk, soul and rock blended together well. Their music has recently been featured on VH1’s *You Oughta Know Concert*, NBC’s *Tonight Show*, and the HGTV’S *Fixer Upper*. They will perform at 6 p.m.

Also performing are Fort Myers artists Sheena Brook and For A Season. They will go on at 4 p.m. and 2 p.m. respectively.

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Historic Downtown Fort Myers, Then And Now:

New Project For A New Year

by Gerri Reaves, PhD



New Year's Day 1937 saw the start of a project that brought optimism to Fort Myers during the Great Depression: the Fort Myers Yacht Basin, one of the most transformative construction projects in the town's history.

Who can imagine downtown without it?

The yacht basin was only one federal project that greatly benefited the town and Lee County, projects ranging from a riverfront park, water plant, and post office to a hospital and airport, just to name a few.

During those hard economic times, such projects provided basic incomes, hope and a sense of purpose for countless people.

The Federal Works Project Administration (WPA) took nearly two years to complete the yacht basin.

Competition for those revitalizing WPA projects could be fierce. In fact, it was due to the political savvy and leadership of Mayor David Shapard that Fort Myers, not Sarasota – for which the yacht basin was originally designed – was awarded the project.

Political know-how also played a role locally. For decades, plans to renovate the deteriorating and increasingly unsightly riverfront had gone nowhere, primarily because of disagreements over riparian rights.



The yacht basin is in such demand this time of year that it's difficult to get a view across the river unless onboard a vessel. Major changes since 1951 include high-rises (right) along Edwards Drive. The twin spans of the Edison Bridge (far distance) have replaced the low two-lane original bridge. photo by Gerri Reaves



An eastward view across the Fort Myers Yacht Basin taken near Hendry Street in October 1951 courtesy of Florida State Archive

However, when Shapard and the city council managed to acquire land from the estates of Harvie E. Heitman, Robert B. Leak, John Morgan Dean and Joseph Vivas, it was a major breakthrough.

The project was funded by the city and the WPA.

It cost over \$300,000, with the city paying less than half of that amount – and that included cancelled taxes from the property deals.

The ensuing infill and construction erased the last traces of the pioneer-era commercial riverfront – no more wooden docks or businesses located on houseboats.

Transforming the waterfront with a basin and park also paved the way for better water quality in the Caloosahatchee.

The yacht basin was dedicated in 1939 with great fanfare. Since then, it has expanded twice and greatly increased capacity.

Start the new year with a sunset walk to the yacht basin.

Be sure to include the Southwest Florida Museum of History at 2031 Jackson Street in your New Year's itinerary.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

If you love local history, don't forget to visit the Southwest Florida Historical Society's research center. The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society, *The Passing Scene* by Marian B. Godown, and *The Story of Fort Myers* by Karl H. Grismer.*

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Fort Myers Art:

Local Artist Plans To Shell Shock The Community

by Tom Hall



Be prepared to be shell shocked by Linda Benson as she starts-off the New Year with a big bang. Benson will be exhibiting beautifully painted seashells she has found right here in paradise in an exhibition titled *Shell Shocked*.

“These oversized giant sea shells make a statement and reflect the environment here in Southwest Florida,” comments Benson. “Watercolors bring out the details in the shells.”

Benson paints on her vintage studio boat, the *Artist Xpress*, and teaches painting on Sanibel at BIG ARTS and The Sanctuary and in downtown Fort Myers at the Arts for ACT Gallery & Studio, where she also volunteers.

Her style reflects both her training at the Art Institute of Chicago and the American Academy of Art, as well as a 40-year career as a commercial artist. For 19 of those years, she was a creative artist for the *Chicago Tribune*. During the last 10 years of her career, she was a graphic designer and manager of various Florida newspapers and won numerous graphic design awards from the Florida Press Service and FNAME.



Linda Benson's new show is entitled *Shell Shocked*, in which she is exhibiting painted seashells that she found in Southwest Florida

At the *News-Press*, she was awarded artist of the year in 2004. In 2010, she appeared on FOX TV's *Morning Blend* to paint then-co-hosts Carly Wegner and Wild Bill Wood.

If you are interested, classes are forming now for Benson to guide you down your own creative path.

Linda Benson's *Shell Shocked* exhibition opens January 1 during Art Walk in the Office Gallery (called Behind the Main) at Arts for ACT, 2265 First Street, in downtown Fort Myers' historic River District.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

Author To Speak

Friends of Lakes Regional Library will host local sports writer and author David Dorsey on Friday, January 8 at 1 p.m.

Dorsey is the author of *Fourth Down in Dunbar*, in which he looks at the Dunbar athletes who have become stars in the National Football League.

He is a writer for *The News-Press* in Fort Myers.

Lakes Regional Library is located at 15290 Bass Road. All are welcome for this free program.✧

Applications Now Open For Shrimp Festival Queen Contestants



Shrimp Festival Queen contestants with 2014 Queen Jordan Ward

The Fort Myers Beach Lions Foundation is looking for queen contestants for the 58th annual Queens Pageant. The contestants must be 16 to 20 years of age and single. The 2016 Queen and the Princesses will ride in the Shrimp Festival Parade on Saturday March 12. The pageant will start at 1 p.m. at Lynn Hall Park.

For an application, visit www.fortmyersbeachshrimpfestival.com/QUEEN_APPLICATION.html. Please submit your application by January 31.

Other Queen's contest events will be held prior to the festival and will be announced including contestant appearances and preliminary judging.

Pictures and video of previous festivals and contest are available online at www.fortmyersbeachshrimpfestival.com.

Each year for 57 years, 100 percent of festival profits are used for Fort Myers Beach Lions charities, some of which are:

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Native Red Cedar Trees for an all natural Christmas

Sale Of Trees To Benefit Programs At Edison Ford

Lee County students decorated 61 trees for the holidays, many of which are live, Florida Red Cedar Trees and are on display in the Edison & Ford Winter Estates Student Tree Trail. These live trees are available for sale and make an excellent alternative to the traditional cut Christmas tree

because after Christmas, the trees can be planted in the landscape. Proceeds from the tree sales benefit the education programs at Edison Ford, a non-profit 501(c)3 charitable organization.

"The students used recycled materials for the handmade decorations and now the trees will be recycled in landscapes and will look great decorated next year," said Chris Pendleton, president and CEO.

"The trees range in height from eight to 12 feet tall and will make wonderful lawn specimens or provide privacy screening," added Debbie Hughes, senior

horticulturist.

Florida Red Cedars are brilliant green evergreen trees that can grow up to 40 feet tall. They are stately, handsome and pyramidal. In the landscape, they make a great visual windbreak and cover for wildlife.

"At Edison Ford, we will install several trees as screening," said Hughes. "We also will plant some in the Edison Moonlight Garden where the Edison

family planted Italian Cypress a hundred years ago."

The Student Tree Trail is open through January 3, from 9 a.m. to 9 p.m., and is free. The public is invited to vote for their favorite decorated tree.

The live Cedars are sold undecorated and priced at \$95. Delivery is available for an additional fee. For more information, call 334-7419 or visit www.edison-fordwinterstates.org.

From page 3

Shrimp Festival Queen Contestants

• Fort Myers Beach Lions for student scholarships
• Local eye exams, cataract and other sight saving operations for those who can't afford them otherwise.

- Providing glasses for local area people in need
- Florida Lions Foundation for the Blind
- Lions Clubs International Foundation
- Conklin Center for the Blind
- Southeast Guide Dogs
- Lions Leader Dogs for the Blind
- Fort Myers Beach Elementary School
- Fort Myers Beach Library large print books and audio books
- Fort Myers Beach Little League and soccer teams sponsorships
- WGCU Radio Reading Service
- Lee County CERT program at Fort Myers Beach
- Food donation funds Harry Chapin Food Bank
- Guide Dogs for the Deaf
- Other local eyesight cases
- Cypress Lake High School teams

The Fort Myers Beach Lions Foundation is a 501(c)3 not-for-profit corporation. The Shrimp Festival is the Lions major fundraiser for the year, and all proceeds go to Lions charities and local community projects.

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Kiwanians Welcome Sheriff Scott To End Of The Year Club Meeting



Chief Dennis Eads, Fort Myers Police Department; Donna Clarke, president, Fort Myers Kiwanis Club; and Lee County Sheriff Mike Scott

submitted by Patricia Stevens

On December 16, Fort Myers Mayor Randy Henderson introduced the Fort Myers Kiwanis Club's guest speaker, Sheriff Mike Scott. Also present at the luncheon meeting was Fort Myers Police Chief Dennis Eads and FMPD K-9 Officer Phil Youngblood.

Scott said the Task Force, including the Lee County Sheriff's Office, the Fort Myers Police Department and the FBI, are, "taking it to a higher level by removing career criminals from our streets." This unified front of law enforcement officers with the 100 percent backing of the city mayor and city council is getting the job done quickly and

efficiently. "The streets know there is a different kind of pressure," added Scott.

The sheriff also reminded us that as a city we are not alone in these problems. Demographics are the same in every city nationwide. The popularity among some of the younger generation of sordid song lyrics about abusing women, approval of gang wars, killing of cops and use of drugs are influencing our youth and are a major factor in the attitudes of our young men and women. They are not only being desensitized but they are being encouraged to embrace these things and they are being led down the wrong path by the wrong people.

Scott went on to say that the good relationship we have with federal agencies and the sharing of information among other communities are contributing factors to the success of this team effort.

When asked about the job of first responders, the sheriff reminded us that the citizens are really the first responders. It is a mistake to take ourselves out of the equation and leave our safety totally to others. He encouraged the reporting of any questionable activities. We need to be aware and alert at all times.

This was the last Fort Myers Kiwanis Club meeting for 2015. The next meeting will take place on Wednesday, January 6 at noon, with guest speaker Gary Nelson of the Inventors Fair. The public is always welcome to attend their lunch meetings, held at 1634 Woodford Avenue in Fort Myers. For more information, contact Pat Stevens, secretary, at 226-1556.

Happy new year to all!✪

Calusa MOAA Meeting

William Zacovic, LTC, U.S. Army (ret), will be the speaker at the monthly meeting of the Calusa Chapter of the Military Officers Association of America on Saturday, January 9. The 9 a.m. meeting will be held at Gulf Coast Village, 1333 Santa Barbara Boulevard, Cape Coral. All military officers and spouses are invited to attend.

Zacovic will speak about the current status and issues facing the JROTC in Lee County.

The cost for the buffet breakfast is \$10, payable at the door. Reservations are requested and may be made by contacting Dixie Buick, 945-5030, or calusamoaa@yahoo.com.

Information about the Calusa Chapter of MOAA may be obtained by contacting the president, Gary Peppers at 573-6690. Membership information may be obtained by contacting Tim Cook at 945-6155.✪

American Legion Post 274

On Friday, January 1, American Legion Post 123 will serve fried fish, shrimp, crab cakes, New England Clam Chowder and baked chicken. Harry Boyle will be playing from 7:30 to 10:30 p.m.

On Saturday, January 2, the pool league plays at 1 p.m. Queen of Hearts starts at 7 p.m. and a prime rib or baked fish dinner will be available. Harry Boyle will again play from 7:30 to 10:30 p.m.

A breakfast buffet will be featured on Sunday, January 3 from 8:30 to 11 a.m. and Bingo runs from noon to 3 p.m. Karaoke with Susie is from 6 to 10 p.m.

On Monday, January 4, the executive

committee meets at 5 p.m. followed by a legion member meeting at 7 p.m. A pot roast dinner will be served.

Tuesday, January 5 features fettucine Alfredo with shrimp or a fried chicken dinner. Mega Money is at 6:30 p.m. and the Gregg Allan Van Show plays from 7 to 10 p.m.

On Wednesday, January 6 there is an SAL meeting at 5:30 p.m. and Bingo is from 5:30 to 9 p.m.

Baby back ribs are on the menu for Thursday, January 7 and The Classics will play from 6 to 9 p.m.

The American Legion Melvin Cowart Post 274 is located at 899 Buttonwood Drive, Fort Myers Beach. Dinner is served daily from 5 to 7 p.m.

For more information, call 463-6591.✪

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Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."
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'Ding' Darling Kicks Off 2016 Lecture Series

Cindy Bear from Randell Research Center on Pine Island and author Martha Kendall team up to talk about how local flora helped the Calusa culture to thrive centuries ago. As a kickoff to the 13-part "Ding" Darling Friday Lecture Series, they will present two programs beginning at 10 a.m. and 1 p.m. on Friday, January 8 in the "Ding" Darling Visitor & Education Center on Sanibel.

"The Calusa were among the most powerful Native American groups," said Bear, programs and services coordinator at Randell. "If we try to imagine their world without plants, we quickly realize their way of life would have been impossible without them. In this presentation, we will describe the Calusa way of life and then focus on plant remains archaeologists have identified from excavations at Pineland, site of the second largest town of the Calusa. We will also show how past people have used these plants for firewood, housing construction, medicine, fiber, tools and more."

Kendall, author of *The Plant World of the Calusa: A View from Pineland*, planted the first native garden at Pineland's Calusa Heritage Trail. Her color illustrated book focuses on how the Calusa used various plants that grew during their 1,500-year reign in Southwest Florida.

Following their presentations, Kendall



Author Martha Kendall

will sign copies of her book, which is available for purchase in the Refuge Nature Store, all proceeds of which benefit refuge wildlife and conservation and education programs.

Admission is free. The lectures are sponsored by HighTower Advisors Fort Myers and Mike and Terry Baldwin, with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

New seating policy: Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.



Cindy Bear of the Randell Research Center

As usual, Wildlife Drive is closed on Friday, but visitors are welcome in the "Ding" Darling Visitor & Education Center, Indigo Trail, and at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/lectures. For the schedule of the 2016 DDWS Film Series, visit dingdarlingsociety.org/films.

Future lectures:

*January 22 – Cynthia Barnett – Rain: A Natural & Cultural History

January 29 – Dr. Ken Meyer, ARCI – The Dance of the Reddish Egret: From 'Ding' to North Florida

*February 5 – Ellen Prager – Sex, Drugs and Sea Slime: The Oceans' Oddest Creatures and Why They Matter

*February 12 – Don and Lillian Stokes – Better Birding

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HORTOONS



Lake Kennedy Senior Center Winter Social With Martindale And Busch

Join your friends and neighbors at the Lake Kennedy Senior Center on Wednesday, January 20 for the inaugural Winter Social. Doors open at 12:30 p.m.

Popular local entertainers Ann Martindale and Richard Busch will perform the Great American Jazz & Standards, including the songs of such greats as George Gershwin, Cole Porter, Johnny Mercer, Harold Arlen and many others; classic American songs from the 1930's onward. Socialize with old friends, meet new people and sip cider during this duo's performance. Entertainment courtesy of community partner Robert Di Maria of Merrill Lynch. Appetizers and refreshments will be served. BYOB. Admission is \$3 per person. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✧

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Learn More About Shell Point at 9:30am. Visit Shell Point Retirement Community for a free presentation about our signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities.

Admission is free. Call (239) 466-1131 or 1-800-780-1131 to reserve your place.



Jan 14 **SWFL Symphony Series:**

Beethoven's Eroica at 7:30pm. Shell Point is proud to partner with the Southwest Florida Symphony to offer this multimedia presentation, conducted by Maestro Leif Bjaland. The orchestra will chronicle Ludwig van Beethoven's creative journey as he composed his first great symphonic masterpiece, Symphony No. 3, Eroica. **Tickets are \$25, and can be purchased at www.shellpoint.org/concerts, or call (239) 454-2067.**



Jan 10 **Season of Praise: Tim Zimmerman & The King's Brass** at 6:15pm. Add some excitement to the New Year with a performance of classic hymn arrangements with a contemporary flair. The King's Brass instruments blend together to create innovative worship enjoyed by all generations.

Tickets are \$10, and can be purchased at www.shellpoint.org/seasonofpraise, or call (239) 454-2147.



Tickets are \$10, and can be purchased at www.shellpoint.org/seasonofpraise, or call (239) 454-2147.

FREE Jan 13 **Medical Breakthroughs & Discoveries Series: The State of Healthcare in Southwest Florida** at

10:15am. Join CEO Jim Nathan, who has grown Lee Memorial Health System into one of Florida's largest healthcare systems, as he discusses the direction that healthcare is taking in Southwest Florida. He underscores the importance of current and upcoming developments, including the Golisano Children's Hospital and The Shipley Center for Cardiothoracic Surgery. Light refreshments will follow. **Call (239) 433-7936 to reserve your place.**



Jan 16 **Concerts & Conversations: Ashu, Saxophonist** at 7pm. Shell Point welcomes saxophonist Ashu for this intimate chamber-style performance. Ashu has earned a reputation for his engaging stage presence, and has played internationally for many years. Tickets are \$25. **To purchase tickets and learn about other Concerts & Conversations Series programs, visit www.shellpoint.org/concerts, or call (239) 454-2067.**



FREE Jan 17-24 **Global Impact Week**

The Village Church offers this annual Global Outreach Conference Gospel event, themed "Access for All Peoples." Participants include Christian and Missionary Alliance's Assistant Vice President for International Ministries David Lauffer, John Sappia of Paraguay, and Charlotte Hisle of Portugal. **Admission is free. Call (239) 454-2147 for a list of events and to reserve your place.**



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Visit www.shellpoint.org/LES for full listings of this month's events!

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Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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Along The River



On Friday, Art Walk returns to downtown Fort Myers' historic River District

photo by Jamie Kuser

On Friday, January 1 from 6 to 10 p.m., **Fort Myers Art Walk** returns to downtown Fort Myers. The monthly event features new art exhibits and live artist demonstrations while providing a great atmosphere for shopping and dining. The Fort Myers Art Walk runs on the first Friday of every month (rain or shine) in the historic River District.

Art buyers and art enthusiasts can meet the local artists during the exhibit openings at most of the downtown galleries and art spaces. The downtown River District is home to more than ten art galleries and a handful of retail shops that sell local artworks. Art enthusiasts can "Meet The Artists" at most of the art galleries and enjoy the live art demonstrations throughout the River District.

For more information about Art Walk, call 337-5050 or go to www.fortmyersartwalk.com.

People often fail to follow through with New Years resolutions because they do not enjoy them. If getting in shape is your goal this year, having fun doing it at



Claudia Silveira, a professional beekeeper, sells her locally-produced honey at the Alliance's GreenMarket

Suzanne's Dance Fitness.

Owner Suzanne Tissier LaBounty started teaching her signature dance-fitness classes in the mid-1980s in downtown Fort Myers. Her current studio, tucked away among the fountains and fauna of the well-known office, retail and dinner theater locale, features classes not frequently found elsewhere.

In addition to her signature dance-exercise class, coined DanceFit, the studio also offers a BarreFit class, consisting of a basic ballet barre coupled with floor conditioning and stretching, and a LineFit class (aka line dancing), featuring basic to intermediate-level choreography and crossing musical genres – latin, country, pop and R&B.

And couples keen on learning the basics of partner dancing, whether as a fun pastime or for a special occasion, have found a new home as well. Suzanne's offers partner instruction in rumba, cha cha, salsa, swing, tango, foxtrot and more.

Other offerings on the studio's eclectic wellness roster are GYROKINESIS group classes, performed on a mat and stools, and private GYROTONIC sessions, which utilize custom-designed equipment. Taught by 30-year movement specialist Elise Kaplovitz, the technique is composed of spiraling, circular movements with corresponding breath work. The sequences create balance, efficiency, strength and flexibility. This elite conditioning method is used by dancers and athletes worldwide for both performance enhancement and rehabilitation.

Suzanne's Dance Fitness is located at mid-town's Royal Palm Square, between Colonial and McGregor Boulevards. For more information, visit www.DanceSuzannes.com or call 822-9226.

Eating well is made easier by shopping at local farmers markets. If access to healthy and delicious food isn't enough to draw you there, what about organic gardening classes, live entertainment, culinary demonstrations, art exhibits and kids' activities? For example, every Saturday at **GreenMarket at Lee County Alliance for the Arts**, you may join registered yoga teacher Anna Withrow, owner of **Yoga Bird**, for free yoga sessions beneath the shade trees from 9:30 to 10:30 a.m. The sessions are suitable for all levels and beginners are welcome. Supervised children are also encouraged to join in. Bring a yoga mat, sunscreen and water. Registration is not required.

Here is a list of open **farmers markets** in Lee County:

Wednesday: Health Park Farmers Market, Village Shoppes at Health Park, 16200 Summerlin Road at the intersection of Bass Road. 10 a.m. to 3 p.m. (rain or shine). Call 470-9007 or email healthparkfarmersmarket@gmail.com.

Fenway South Farmers Market, 11500 Fenway South Drive, Fort Myers in front of JetBlue Park. 9 a.m. to 1 p.m. Parking is free. Call 226-4783 or go to www.buylocalee.com.

Thursday: River District Farmers Market, under the US 41 Caloosahatchee bridge. 7 a.m. to 1 p.m. Call 321-7100 or go to www.cityftmyers.com.

Friday: Lakes Park, 7330 Gladiolus Drive, Fort Myers. 9 a.m. to 1 p.m. Call 533-7275 or go to www.buylocalee.com.

Fort Myers Beach Farmers Market, under the Matanzas Bridge between Second and Third Streets. 7:30 to 11:30 a.m., rain or shine. Call 765-0202 or go to www.fortmyersbeachfl.gov.

Saturday: GreenMarket at Alliance of the Arts, 10091 McGregor Boulevard near the Colonial intersection. 9 a.m. to 1 p.m. Call 939-2787 or go to www.art-inlee.org.

Florida SouthWestern State College, 8099 College Parkway, Fort Myers. 9 a.m. to 1 p.m. Call 489-9061 or go to www.buylocalee.com.

Cape Coral Farmers Market in Club Square, downtown Cape Coral. 8 a.m. to 1 p.m. Call 549-6900 or go to www.capecoralfarmersmarket.com.

Sunday: Sanibel Island Farmers Market, 800 Dunlop Road (City Hall – next to the library). 8 a.m. to 1 p.m. Call Crystal Mansell at 472-3700.*

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FORT MYERS FARE

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DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

Doc Ford's is New Year's Eve and closed New Year's Day.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

Ichiban is open all day New



Doc Ford's Rum Bar & Grille on Fort Myers Beach offers waterfront dining and entertainment **Year's Eve and New Year's Day.**

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW

Where can you go when you're in the mooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french

doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

Island Cow is open all day on New Year's Eve and New Year's Day.

2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it." A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

SS Hookers is open all day New Year's Eve and closed New Year's Day. Call ahead for NYE celebration reservations.

17501 Harbour Pointe Drive, Fort Myers. Call 466-5377 (HOOKERS).*

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LIVE MUSIC

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www.newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org.*

Valerie's House For Grieving Families Opens January 11

Valerie's House for Grieving Families, a new not-for-profit organization devoted to helping children and families work through grief following the death of a loved one is now enrolling children in its 2016 program. Support groups and activities will begin on Monday, January 11 from 6:30 to 8:30 p.m. at Valerie's House located at 1618 Avalon Place in Fort Myers' historic Dean Park. Online participant pre-registration is now open at www.valereshouseswfl.org/our-programs.

Valerie's House is a safe, comfortable place for families to share, grieve and heal together after a death in their family. Bi-weekly sessions begin with a potluck dinner, followed by small breakout groups, engaging children in age-appropriate activities to help them learn to talk about their grief, heal and bond with other children going through similar kinds of losses. Caregivers of the children also meet together. Activities include monthly family outings and group events to help participants support one another. Personal, one-on-one weekday support is also available, as needed.

Founded by Angela Melvin, Valerie's House is named after her mother, Valerie Melvin, a 31-year old nurse and mother of two daughters who was killed in a car accident in 1987 as she drove to pick up her girls from summer camp. Following her heart, Angela founded Valerie's House in Southwest Florida to help grieving children heal together and go on to lead fulfilling lives.

Valerie's House is fully supported through generous donations from the community. "We estimate that we may serve as many as 200 family members over the upcoming year," said Melvin. "We are grateful for donations of any amount to help us meet that need."

Ongoing support and donations can be made online at www.valereshouseswfl.org



Angela Melvin

Attorneys Are Challenged To Enter Chili Fundraiser For Kid Safety

A chili challenge for charity is planned for Saturday, February 20 from 11 a.m. to 5 p.m. at the Six Bends Harley Davidson in Fort Myers. The Dellutri Law Group is the title sponsor for Can You Stand The Heat?, a family-friendly community event and fundraiser, benefiting Southwest Florida Lawyers Helping Children Inc.

This annual event will bring together lawyers and the local community to raise funds to help children in Lee County. Proceeds will be used to purchase bicycle helmets for children within the Lee County area. The goal is provide 500 children with approved bicycle safety helmets.

"We have a community of fellow law professionals who are always ready and willing to step up and help others. Therefore, we challenge all of our attorneys to form a team and step out for the Chili Challenge," said Carmen Dellutri, founder of the law firm.

Any member of the bar, private practice or firm can enter the chili challenge. The entry deadline is Friday, February 12. Call Angeli Chin at 313-3995 or Christie Lee Garratt at 939-0900; or fill out an entry form at <https://goo.gl/b2gsP7> or email Cgarratt@DellutriLawGroup.com.

There are opportunities for sponsorship and vendorst. The event will have a kid zone, live entertainment, raffles and live demonstrations. Admission is \$5 per person, which includes four voting tickets for the cook-off. Additional voting tickets can be purchased for \$1 each. Raffle tickets will also be sold for prizes.*

Cribbs Earns Dean's Scholarship

Thomas Cribbs, a resident of Fort Myers, has been admitted to Cornell College for the Fall 2016 semester and has earned the Dean's Scholarship. The Mount Vernon, Iowa national liberal arts college, 93 percent of Cornell graduates earn their degrees in four years. In 2013, Cornell was named one of the 25 colleges with the best professors by the Center for College Affordability and Productivity.*

or send checks to Valerie's House, Inc., P.O. Box 1955, Fort Myers, FL 33902. For more information or to register for programs, submit a contact form at www.valereshouseswfl.org/contact-us, call 478-6734 or email angela@valereshouseswfl.org.*

Jammies And Jeans At Temple Judea

On Friday, January 8 at 5:30 p.m., Temple Judea hosts Jammies and Jeans, a Shabbat evening especially for young children and their families. Held on the second Friday of each month, it is open to the entire community. The Jammies and Jeans Shabbat service is in addition to the regular 6:15 p.m. Shabbat service.

Throw on your jeans and get your kids in their jammies for a casual, warm and kid-friendly Shabbat service filled with singing, storytelling and lots of fun followed by dinner. The Shabbat service is held in the Synagogue, followed by dinner at 6 p.m.

To make dinner reservations, send an email to jenmanekin@yahoo.com. Rabbi Sack will help you enjoy and celebrate the joy of Shabbat with stories, songs, dancing and more.

Temple Judea is located at 14486 A & W Bulb Road in Fort Myers. For more information, call 433-0201 or go to www.tjswfl.org.*

Torah Study At Temple Judea

On Thursday, January 7 starting at noon, Temple Judea Rabbi Sack begins a one hour Torah study that includes an open discussion of Torah and Judaism where all levels of background and all questions are encouraged. The session is held on the first Thursday of the month at the office of Myers, Bretthoitz & Company, located at 12671 Whitehall Drive in Fort Myers. Bring a chumash if you have one. Rabbi Sack will bring the text for the session.

Temple Judea is located at 14486 A & W Bulb Road in Fort Myers. For more information, call 433-0201 or send an email to tjswfl@gmail.com.*

Church To Welcome New Minister

Looking for a new or different church home? On Sunday, January 10, Hope United Presbyterian Church welcomes a new minister Rev. Kevin Morris and his wife, Kim, to the Estero/San Carlos area. Come for worship at 9:30 a.m. Visit hopeunitedchurch.net for directions or more information.

Hope United Church is located at 7470 Hickory Drive in Fort Myers. Call 267-3331 for additional details.*

Lake Kennedy Senior Center International Chocolate Festival Trip

The Kennedy Cruiser's are off to indulge in chocolate delicacies during the season's most delicious event, the Fairchild Botanical Gardens 10th annual International Chocolate Festival in Coral Gables on Friday, January 22. Bus trip participants should arrive by 7:15 a.m. prior to departing at 7:30 a.m. The approximate return time is 6:30 p.m.

Enjoy fine chocolate samples from artisa chocolatiers, lectures on chocolate making and demonstrations from Miami's master chefs and chocolatiers! Take the Chocowalk to learn about the life cycle of a cacao plant, with stops in the Frairchild's Rainforest and more. Find out everything you ever needed to know about chocolate from the experts.

Tickets are \$64 per member and \$69 per non-member. Participants will have a variety of delicious Dutch-treat lunch options at the festival. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.*



NATURE BRACKETS

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J.N. "Ding" Darling Wildlife Refuge

For a full mailbox, call Dave at 454-1001
naturebrackets.com




Crazy Good December Fishing



by Capt. Matt Mitchell

Christmas to New Year's was an outstanding time to be on a boat either fishing or just riding around enjoying the scenery with friends and family.

Warm balmy conditions and light winds were the perfect time to be out enjoying what makes our waters a winter boating paradise. The increase in holiday boat traffic out on the sound this week was certainly noticeable.

During these periods of southerly wintertime winds like we had all week, fish just feed. Many old time fisherman have told me, "If you can't catch fish this time of year during a south wind you might as well hang it up." This proved true all

week. Even with far from good, slow moving tides the bite and action still went off. For sheer numbers of fish caught along with some real quality fish in the mix this week was outstanding.

The rebounding water temperatures had a lot to do with the fishing being so good too. There has been some of the best late December action I can remember in years. A big part of it is the water temperature still being so warm, right around the magic mid 70s, which is ideal for just about every species that swims in our waters.

The-catch-and-release snook fishing was certainly the best bite going on but redfish, mangrove snapper, inshore gag grouper, giant jacks and some really large sea trout were all part of the action too.

Plentiful bait around the bridges and off the beaches continued to make filling your livewell a simple task.

Live shiner fishing when possible is always my method of choice and with so many shiners around for the last few weeks I have not even bothered taking the usual insurance bait of live shrimp along.

It's hard to tell how long this really



Chloe Sowers from St. Louis with a 28-nch redfish she caught and released while fishing with Capt. Matt Mitchell this week

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

mild warm winter weather will continue but until it cools, off get out and enjoy the great fishing it's treating us to.

I hope everyone had a great year fishing in 2015 and that 2016 will bring an even better bite. Thank you to all my awesome clients who help me to continue

doing my dream job of charter fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

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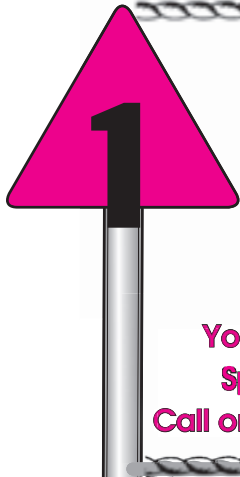
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Dave Doane

CROW Case Of The Week:
Faces Of
CROW 2015



by Patricia Molloy

This year alone, CROW has treated more than 3,600 native and migratory wildlife patients suffering from minor cuts and abrasions to broken bones and severe head trauma. More than a thousand animals were successfully treated and returned to their Lee County homes.

Highlights:

In February, a double-crested cormorant was “arrested” by the Sanibel Police and delivered to CROW in the back of a cruiser. “He was found sitting on a barstool at one of the local restaurants (where) he was exhibiting drunken behavior,” said Dr. Heather Barron, hospital director, with a laugh. But she wasn’t kidding.

“He has red tide poisoning, or brevetoxicosis, which causes ataxia and other neurologic signs which are very similar to a drunk person. It also causes a lack of inhibition and these double-crested cormorants will often approach people with no sign of fear,” she explained.

The cormorant made a full recovery at the Sanibel clinic and was released on his own recognizance.

In March, a young male Virginia opossum was admitted after being hit by a car. Examinations and radiographs determined that he had suffered multiple injuries, including head and neck trauma and severe injury to his tail. The patient endured several surgeries by the specialized vets which proved to be life-saving. Sadly, he was not a candidate for re-release; his tail was so damaged that amputation was necessary. Wild opossums rely heavily on their prehensile tails for survival.

The staff and students became so attached to the opossum, that nicknamed him Sneezzy. Dr. Heather obtained permission to keep him as a Wildlife Ambassador to help teach the public respect for wildlife and the environment. Sneezzy joins two other CROW ambassadors: Lola, an American kestrel, and Talon, a red-tailed hawk.

On May 29, as the last hot spots were extinguished in a brush fire near the Southwest Florida International Airport in Fort Myers, desperate cries were heard emanating from the charred landscape. Following the sound of the pleas, crew members discovered a frightened bobcat kitten under a burned bush. The tiny female – no more than four weeks old – was dehydrated and exhausted. And she was completely alone, with no sign whatever of her mother or any litter mates.

Realizing that the kitten had suffered burns to each of her paws, Florida Wildlife Commission officers delivered her to CROW for treatment. The arrival of the young female bobcat came as a bit of a surprise, as an orphaned male bobcat



Some 31 percent of patients were mammals. Here a shy gray fox eagerly eyes its breakfast

had been admitted from Bonita Springs mere days before.

When the little male arrived, he was severely dehydrated and malnourished, too weak to even stand. With supportive care, he gained weight and was strong enough to walk on his own. He even became feisty and hissed and growled when it was time for his daily weigh-in, exactly what a bobcat should do.

With regard to the female kitten, she was happy to have a buddy to snuggle with during her recovery. And recover she did: all four paws healed completely.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife



62 percent were avians, like this feisty lesser scaup that nipped at several staff members



Reptiles made up 7 percent of patients treated, like this yellow rat snake. Eleven amphibian patients, approximately one percent, also received medical treatment.



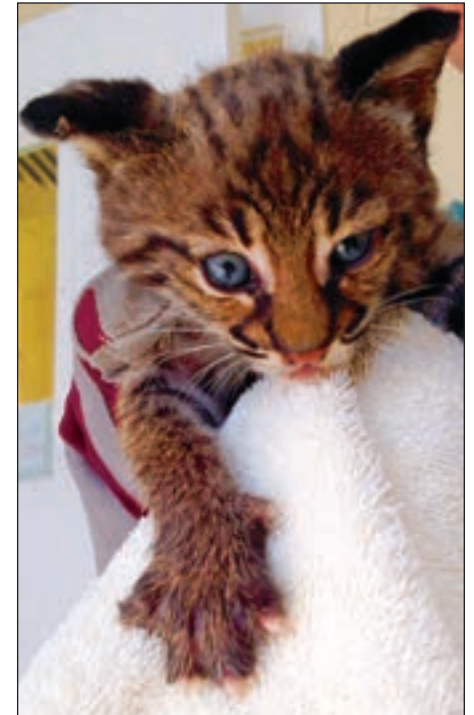
Dr. Heather Barron exams the eye of a gopher tortoise that was hit by a car



When feeding, black skimmers use their lower bill to break through the water’s surface



This raptor, a red-phase Eastern screech owl, had head trauma



Two bobcat kittens were admitted to CROW in May. This female was orphaned in a brush fire and sustained burns to her paws.



This curious otter pup peeked out from under the towel that was covering its eyes



The peregrine falcon is the fastest animal on Earth and can fly up to 200 miles per hour



Sea turtles (like this green sea turtle) must breach the water’s surface to breathe

hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org ✨

Plant Smart

Myrtleleaf St. John's-Wort

by Gerri Reaves

Myrrtleleaf St. John's-wort (*Hypericum myrtifolium*) is one of more than 30 St. John's-worts in Florida.

In the wild, it's found in wet pine-lands and prairies and along ponds and lakes.

This low-maintenance, easy-to-grow native with beautiful foliage and flowers is under-used in the home landscape.

Myrtleleaf grows erect to two to three feet with an irregular form or sometimes trails along the ground.

It has elliptic blue-green clasping leaves and large bright yellow flowers at the branch ends. The five-petaled flowers with many yellow stamens attract various pollinators.

This multi-stemmed dwarf shrub can spread via underground root suckers, but is easily controlled in a landscape setting.

Give this plant full sun to partial shade with plenty of moisture and don't let it dry out. It is not salt tolerant.

Propagate it with seeds or just let the root suckers spread.

Many St. John's-worts are used as herbal remedies.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, and hawthornhillwildflowers.blogspot.com.

Plant Smart explores the diverse flora of South Florida.✧



Native myrtleleaf St. John's-wort has bright yellow flowers and blue-green clasping leaves

photo by Gerri Reaves

Pure Florida Eco-Cruise To Picnic Island

Pure Florida's Fort Myers location will present an Eco-Cruise tour to Picnic Island on Saturday, January 9 from 8 to 11 a.m. The three-hour eco-adventure includes a narrated cruise along the Caloosahatchee River and a guided tour of Picnic Island, a natural, uninhabited island located between Sanibel and Pine Island.

During the Eco-Cruise to Picnic Island excursion, guests will have the opportunity to bask in the sunshine and experience the natural beauty of Southwest Florida. While discovering the island, explorers can enjoy leisurely walking amidst black and white mangroves, playing in sand, shelling and fishing. Visitors will also have the

opportunity to observe wildlife native to the Caloosahatchee River and Picnic Island, including dolphins, manatee, birds and other animals and plants.

Eco-Cruise tours are guided by Coast Guard-certified captains and master naturalists and highlight the history of the Caloosahatchee River and the accomplishments of Thomas Edison and Henry Ford during their time spent at the nearby Edison & Ford Winter Estates in Fort Myers. Registration for the tour is \$44 per person, and the *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

The Eco-Cruise to Picnic Island is a popular attraction for voyagers of all ages. Bottled water and light snacks will be provided and additional refreshments are available for purchase. Reservations are required. For more information or to book your tickets, call 919-2965, email FortMyers@PureFL.com or visit www.PureFL.com.✧

From page 6

'Ding' Darling Lecture Series

February 19 – No lecture
February 26 – Jerry Lorenz – Roseate Spoonbills in Florida Bay; Pink Canaries in a Coal Mine

*March 4 – Steve Noll – Ditch of Dreams: The Cross Florida Barge Canal and the Struggle for Florida's Future

*March 11 – Leslie Kemp Poole – Saving Florida: Women's Fight for the Environment in the Twentieth Century

March 18 – Emily Stokes, Reef.org – Invasion of the Lionfish

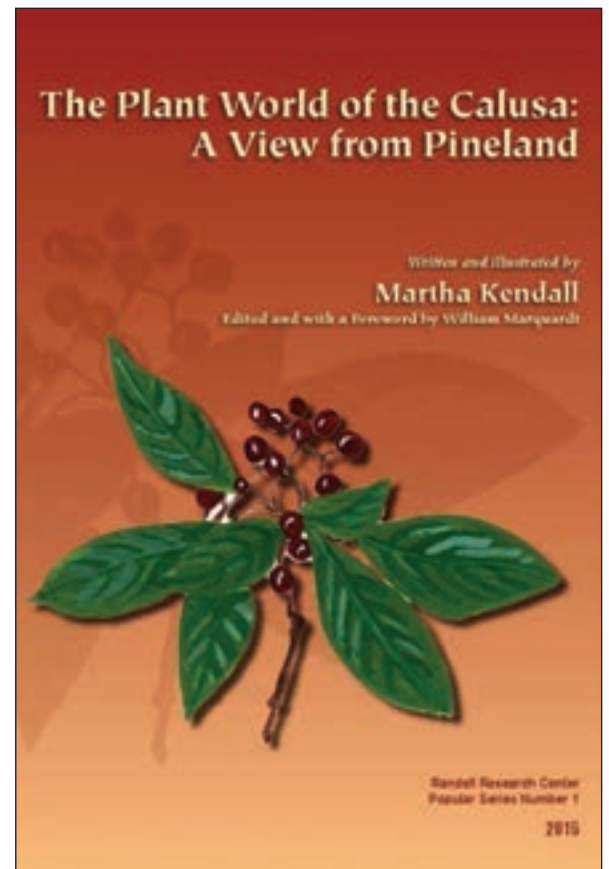
March 25 – Ian Bartoszek – Pythons in Paradise: Collaborative Burmese Python Research in Southwest Florida

April 1 – Joe Wiegand – Teddy: The Conservation President *Reprisal*

*April 8 – John H. Hartig, Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge

*April 15 – Sandra Friend and John Keatley, The Florida Trail Guide

*Starred lectures indicate a book-signing to follow.✧



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Pain In The Grass

From page 1

Bluegrass At The Alliance

The Sunday afternoon concert series continues monthly throughout the 2015-16 Season. Visit ArtInLee.org or call 939-2787 for more information. To learn more, visit www.Palmgrass.org.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.*

Advanced Boating Courses

Want to learn how to plot your own course? Do you understand how to read the signs of changing weather in Southwest Florida? Beginning in January, two in-depth classes will be offered at the San Carlos Bay Sail and Power Squadron facility to help you develop these skills.

Piloting is the first course in the sequence of United States Power Squadron's advanced courses covering the basics of coastal and inland navigation. This course focuses on navigation as it is done on recreational boats today and embraces GPS as a primary navigation tool while covering enough of traditional techniques so the student will be able to find his/her way even if their GPS fails. The course includes many in-class exercises, developing the student's skills through hands-on practice and learning.

The course will held on Tuesdays at 1:30 p.m. starting on January 19 and running for six weeks with a take-home final exam. Cost is \$75 for USPS members, or \$110 for non-members.

The five-week weather course focuses on how weather systems form, behave, move, and interact with one another

and reflects the availability of all sorts of weather reports and forecasts on the Internet. Wx2012 is a general weather course benefiting those sitting in their living rooms, as much as those standing behind the helm.

This course meets on Thursdays starting on January 28 at 1 p.m. and includes an in-class final exam. Cost is \$63 for USPS members, or \$126 for non-members.

Both courses are offered at the San Carlos Bay Squadron's Boating Education Center, located at 16048 San Carlos Boulevard in Fort Myers. Interested prospective students should call the Squadron office at 466-4040 and leave a message.*

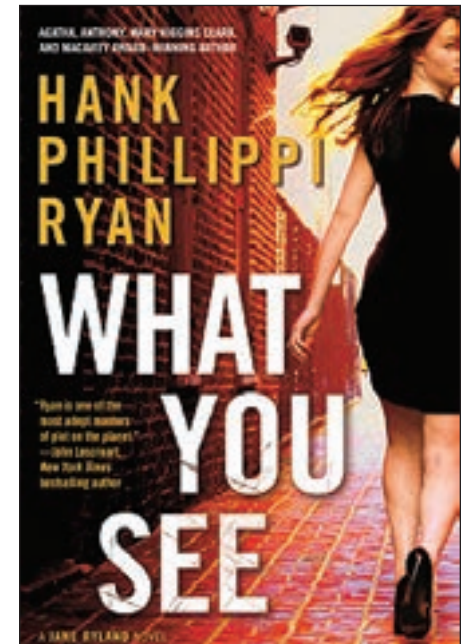
Lee Coast MOAA

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club at 5:45 p.m. Monday, January 11. The speaker will be Jeff Rice, an NFL referee.

Former, retired or active duty uniformed officers who are interested in joining MOAA may contact Jeff Nichols at 515-720-5204 for membership information.*

From page 1

Author To Visit Davis Art Center



readers get ready: you will find yourself racing to the finish."

A founding teacher at Mystery Writers of America University and 2013 president of national Sisters in Crime, read more about the award-winning author online at HankPhillippiRyan.com.

The event begins at noon and includes a gourmet salad lunch prepared by Chef Mike Gavala of G3 Catering. After lunch, guests enjoy a lecture and a question-and-answer portion that offers insights on the author and the stories she writes. A book signing opportunity will also be available.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the downtown Fort Myers River District. Tickets are \$35 each or \$100 for all four lecture lunches. Tables remain available. Visit www.sbdac.com or call 333-1933 to purchase tickets.*

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Carolyn Rogers and Lucy Costa

Foundation Hosts Two Receptions For Local Artist

The Southwest Florida Community Foundation recently hosted two artist receptions for Coming Abstraction, a solo show by printmaker and painter Barbara J. Yeomans, where four of her one-of-a-kind hand pulled prints and paintings were sold, and 35 percent of sales were donated to The Fund for the Arts of Southwest Florida, a fund the Community Foundation.

The exhibit will be open Mondays through Fridays from 9 a.m. to 4 p.m. through January 31 at the Community Foundation, located at 8771 College Parkway, Suite 201 in Fort Myers. Those interested in seeing the show are asked to call the office at 274-5900 in advance to assure that part of the exhibit located in meeting space is available for viewing.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com. ✨



Chelsea Seebauer and Diane Stramel



Winnie Hoffmann and Margie Willis



Marilyn Mecca and Tina Parker



Mark Lewis, Scott White, Carolyn Conant and Dan Adair



Sarah Owen, Barbara Yeomans and Charlotte Newton



Aline Flynn and Lois Taylor



Maddie Stewart and Dawn-Marie Driscoll

Community Band Concert

The Lee County Community Band will present a concert, Golden Moments, Silver Sounds, at 3 p.m. on Sunday, January 10 at Cape Coral High School.

Under the baton of Richard Bradstreet, the concert includes a pot-pourri of marches, big band medleys, polkas, and Broadway hits, including highlights from Leonard Bernstein's 1958 musical *West Side Story*; and Leroy Anderson's 1962 light-hearted, rollicking *Clarinet Candy*. The concert features a piano/band performance of Richard Rodgers's *Slaughter On Tenth Avenue* from the 1936 musical *On Your Toes*. The program concludes with *Themes from (Jacques) Offenbach*, including the

famous can-can from *Orpheus in the Underworld*.

An institution in Southwest Florida, the Lee County Community Band claims a large, loyal and enthusiastic audience. Come early and enjoy these always well-attended concerts. Admission is free, though donations are accepted.

Additional concert dates are February 7, March 13 and April 10; all performances will begin at 3 p.m. at Cape Coral High School, located at 2300 Santa Barbara Boulevard, one block north of Veterans Parkway.

The band is comprised of professional and amateur musicians from all walks of life who reside in Lee, Collier and Charlotte counties. The band welcomes new members every year.

For more information, call Norman Jones at 995-2097 or visit www.leecountyband.org. ✨



Ellen and John Sheppard



Michele Laboda and Eric Dochinger

Theatre Conspiracy Show To Open

Theatre Conspiracy is pleased to announce it's season of all female playwrights continues with the opening of *Kayak* by Canadian Jordan Hall on Thursday, January 7 at the Foulds Theatre, Lee County Alliance of the Arts.

Winner of the 2010 Samuel French Canadian Playwrights contest, in a time when green is the new black, *Kayak* is a witty, provocative and deeply personal perspective on state of the world today.

Alone on a vast stretch of water, BMW-driving, bleached-blond Annie Iversen teeters alone in a kayak on a vast stretch of water. Having set out to save her son from the dangers of his radical environmentalist girlfriend, she recounts the strange chain of events that left her stranded in her son's old kayak. Catapulted through a storm of memories, Annie struggles to cling to what's "right" in her ever-shrinking world.

A doting suburban mother, Annie is blindsided when her son, Peter, falls in love with Julie, a passionate environmental activist. Unable to reconcile herself to Julie's radical worldview, Annie struggles desperately to keep Peter from falling further into the young woman's dangerous world. Climate change, s'mores, SUVs and Noah's ark are all onstage as Annie sets out to save her son, and unwittingly throws herself into the path of events larger than she ever could have imagined.

This show will star Lauren Drexler as Annie Iversen, with Juan Alejandro and Alex Holmes co-starring. Stephen Hooper is directing.

For this production, Theatre Conspiracy has enlisted the assistance of the Mariner High School's Robotics club to create a "robotic kayak" that can be remotely controlled to travel around the stage. Two members of the club - Robert Herring and Josh Wiggins - have spent the last month and a half converting a used motorized wheelchair. They have added remote control capability as well as extra battery life so the "robot" can last for the full time of the show.

The Mariner High Robotics club - also known as the Marinerds - is a yearlong and dedicated club designed to provide innovative students an opportunity to showcase their potential and grow their inner self. The club is diverse both socially and activity wise. During the year the members not only participate in FTC (First Tech Challenge) competitions but also participate in TSA (Technology Student Association) and Vex Robotics. Many students in conjunction with robotics participate in band, sports, and volunteer work.

Performances of *Kayak* will be on January 7, 8, 9, 14, 15, 16, 21, 22 and 23 at 8 p.m. With one matinee on Sunday, January 17 at 2 p.m. Tickets are \$24 or \$11 for women under 41 years of age and students with proper ID. Opening night January 7 is "pay what you will" and Thursdays are buy one, get one half off. Tickets may be purchased online at www.theatreconspiracy.org or by calling 936-3239.

The January 7 performance of *Kayak* will benefit Florida Coastal and Ocean Coalition, a non-profit that works to protect Mother Earth. The Florida Coastal and Ocean Coalition is a group of organizations working together to conserve, protect and restore Florida's coastal and marine environment. The Coalition emphasizes the implementation of an eco-system based approach to coastal and ocean management, as well as recognition of the important linkage between the health of Florida's economy and the health of its beaches and dunes, coral reefs, mangroves, sea grasses, wetlands and other natural resources.*



For A Season

From page 1

Brews And Bands

Tickets are:

\$45 - Unlimited beer tasting

\$75 - VIP pass

\$5 - general admission (concerts only)

VIP passes include unlimited beer tasting souvenir cup, premium covered VIP seating area, meet and greet with each of the artists and exclusive VIP craft beer brews paired with hors d'oeuvres catered by Chef Mike Gavala of G3 Catering.

Vendor space is available.

For more information, visit www.sbdac.com or call 333-1933.*



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Bestselling Author At The Alliance

Join New York Times bestselling author B.A. Shapiro as she discusses her new book *The Muralist* at the Alliance for the Arts on Tuesday, January 12 at 7 p.m. Shapiro is best known for her book *The Art Forger* which explored the world of art forgery and theft. It won the New England Book Award for Fiction in 2013.

The evening is presented in partnership with the Jewish Federation of Lee & Charlotte counties. There will be a reception and book signing after her talk. Copies of *The Muralist* will be for sale. A \$10 donation is requested at the door. RSVP is encouraged.

Shapiro's new book *The Muralist* is a thrilling novel of art, history, love and politics that traces the life and mysterious disappearance of a brilliant young artist on the eve of World War II. Alizée Benoit, an American painter working for the Works Progress Administration (WPA), vanishes in New York City in 1940 amid personal and political turmoil. No one knows what happened to her. Not her Jewish family living in German-occupied France. Not her artistic patron and politi-



B.A. Shapiro

cal compatriot, Eleanor Roosevelt. Not her close-knit group of friends, including Mark Rothko, Jackson Pollock and Lee Krasner. And, some 70 years later, not her great-niece, Danielle Abrams, who



while working at Christie's auction house uncovers enigmatic paintings hidden behind recently found works by those now famous Abstract Expressionist artists. Do they hold answers to the questions surrounding her missing aunt?

Entwining the lives of both histori-

cal and fictional characters, and moving between the past and the present, *The Muralist* plunges readers into the divisiveness of prewar politics and the largely forgotten plight of European refugees refused entrance to the United States. It captures both the inner workings of today's New York art scene and the beginnings of the vibrant and quintessentially American school of Abstract Expressionism.

B.A. Shapiro is a master at telling a gripping story while exploring provocative themes. In Alizée and Danielle, she has created two unforgettable women, artists both, who compel us to ask, "What happens when luminous talent collides with inexorable historical forces? Does great art have the power to change the world? And to what lengths should a person go to thwart evil?"

There will be a reception and book signing after her talk. Copies of *The Muralist* will be for sale. A \$10 donation is requested at the door. RSVP or learn more at ArtInLee.org/RSVP or by calling 939-2787.

The Alliance campus and galleries, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers, are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays.*

Library Programs

January At Lakes Regional Library

Next month's roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

English Café

6 p.m. Mondays, January 4, 11 and 25

Free, informal conversation sessions for adult ESOL/ESL students.

Medicare 101

2 p.m. Wednesday, January 13

Stephanie Olivarez of the local Area Agency On Aging will give a talk on the basics of understanding and managing Medicare coverage.

Book Discussion: *Florence Gordon* by Brian Morton

2 p.m. Tuesday, January 19

A wise and entertaining novel about a woman who has lived life on her own terms for 75 defiant and determined years, only to find herself thrust to the center of her family's various catastrophes. Registration began December 19.

Local Produce & How To Use It

2 p.m. Thursday, January 21

Master gardener Adrian Diaz will present a program on what produce is grown in our area, how to store and use fruits and vegetables and local farmers' markets that may be selling things that aren't so local. Registration is required.

Steen Metz: A Conversation with a Holocaust Survivor

2 p.m. Tuesday, January 26

Local author Steen Metz was only 8 years old in 1943 when he was arrested along, with his father and mother, and

deported from his home in Denmark to the Theresienstadt Concentration Camp. In 2011, Steen completed his memoirs, which includes *A Danish Boy In Theresienstadt*, a book about his experiences. Registration is required.

Storytime

Baby Rhyme Time

10 a.m. Mondays, January 11 and 25

For ages up to 18 months. Please pick up a Storytime ticket at the Youth Services desk the morning of the program. Space is limited. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance.

Toddler Tales

11 a.m. Mondays, January 11 and 25

For ages 18 to 36 months. Please pick up a Storytime ticket at the Youth Services desk the morning of the program. Space is limited. This interactive and active time for toddlers and their favorite caregiver is designed to advance pre-reading and social skills. They'll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Family Storytime

10 a.m. Wednesdays, January 13, 20 and 27

For ages up to 5 years. Please pick up a Storytime ticket at the Youth Services desk the morning of the program. Space is limited. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of pre-reading skills through songs, rhymes, fingerplays and stories.

Preschool Storytime

11 a.m. Wednesdays, January 13, 20 and 27

For ages 3 to 5 years. Please pick up

a Storytime ticket at the Youth Services desk the morning of the program. Space is limited. Your preschooler will continue to build relationships with other kids, books, and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Children's Programs

After School Crew: Geography

4 p.m. Wednesdays, January 6, 13, 20 and 27

Weekly tales and activities all about fascinating places around the world. For kindergarten to fifth grade.

Homeschool Exploration: Engineering

10:30 a.m. Thursday, January 7

Homeschoolers, come and explore the exciting world of engineering. Learn about different types of engineering while doing fun experiments and projects. Sponsored by the Friends of Lakes Regional Library. For ages 5 and up. Registration began December 17.

Kids Read Down Fines

2 to 3 p.m. Saturday, January 9

Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. Coupons may be applied to cards issued to patrons age 18 and under only, and applies only to charges on overdue materials.

Flashback Fun

4 p.m. Tuesday, January 12

Discover retro games, activities and crafts for an afternoon of old school fun. Sponsored by the Friends of Lakes Regional Library. For kindergarten to fifth grade. Registration began December 22.

Special Needs Storytime

10 a.m. Saturday, January 16

Books, music, and sensory experiences for children age 3 to 12 with special needs and their families. Registration

begins December 26.

Ants In Your Pants Preschool Dance Party

10:30 a.m. Thursday, January 28

Shake your sillies out at the library. Get ready to twist and shout at this special dance party for preschoolers. We'll boogie down to pop hits and favorite preschool tunes. Sponsored by the Friends of Lakes Regional Library. For ages 2 to 5. Registration begins January 7.

Teen Programs

Teen Tech: Build A Robot

11 a.m. Saturday, January 9

Create a robot using LittleBits, easy-to-use circuit blocks that snap together magnetically and can be used to bring robots to life. All materials will be supplied. Sponsored by the Friends of the Lakes Regional Library. For grades 6 and up. Registration began December 19.

Kids Read Down Fines

2 to 3 p.m. Saturday, January 9

Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. Coupons may be applied to cards issued to patrons age 18 and under only, and applies only to charges on overdue materials.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call the library at 533-4000. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

Library Programs

January At Fort Myers Regional Library

Next month's roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Florida Rep Reads Aloud: Shakespeare
Noon Tuesday, January 5

Location: Cornog Plaza

Our friends from the Florida Repertory Theatre present a dramatic reading from the works of Shakespeare.

Tai Chi/Qi Gong

11:30 a.m. Wednesdays, January 6, 13, 20 and 27

Location: Amphitheatre

A low impact, stress reducing exercise for all fitness levels. This Heart of the Community project, in partnership with Project for Public Spaces, is supported by a grant from Southwest Airlines.

There's A (Library) App For That!

3 p.m. Wednesday, January 6:

e-books and Audio e-books

3 p.m. Thursday, January 28: Music, Movies and More

Location: Meeting Room A

Learn about some of the free apps you can use to take library content on the go. Class participants must bring their app-enabled mobile device and know their library card information to get the most out of class. Registration is required.

Roc Day Celebration

11 a.m. Thursday, January 7

Location: Cornog Plaza

The Weavers of Char-Lee provide hands-on weaving and spinning demonstrations and projects. Visitors are invited to bring a loom, spinning wheel, or fiber art project to work on, or are welcome to try a loom, spinning wheel or drop spindle.

Hatha Yoga

Noon Thursdays, January 7, 14, 21 and 28

Location: Amphitheatre

David Anderson from Soniyoga leads a Hatha yoga class for all ages and abilities. Please bring your own mat.

Meditative Movement

9 a.m. Mondays, January 11 and 25

Location: Amphitheatre

Meditative Movements empowers your mind, strengthens your body and energizes your being. This innovative technique integrates physical movements with positive affirmations. Wear comfortable clothing. Bring a mat/towel or chair and water.

International Film Series

6:30 p.m. Monday, January 11

Location: Meeting Room Building

Join us for the first in our trip around the world via film. This month's feature is a musical, Bollywood-style update on Jane Austen's classic novel. Sponsored by the Friends of the Library. Registration is required.

Food Truck Tuesday

11 a.m. Tuesday, January 12

Location: Richmond Street, between the North and South Plaza.

Spice up your lunch time routine with some food truck fare. Offered monthly on the second Tuesday.

Book Discussion: *Americanah* by Chimimanda Ngozi Adiche

Noon Wednesday, January 20

Location: Main Library Building, Conference Room C

A young woman from Nigeria leaves behind her home and her first love to start a new life in America, only to find her dreams are not all she expected. Registration is required.

Research Your Italian Ancestors

9:30 a.m. Saturday, January 23

John Bifano, a local genealogist specializing in Italian research will discuss research techniques in the United States and Italy. Registration is required.

Storytime

Family Storytime

10 a.m. Saturday, January 9

The whole family is invited to this enjoyable, all-ages storytime that encourages the development of pre-reading skills through songs, rhymes, fingerplays and stories.

Book Discussion: *The Killer Angels* by Michael Shaara

2 p.m. Thursday, January 21

The Killer Angels is Michael Shaara's Pulitzer Prize-winning novel about the Battle of Gettysburg. In what has often described as a masterpiece, Shaara presents the details of the three day Battle of Gettysburg through the eyes of the commanders.

Movie Madness

1 p.m. Saturday, January 23

Enjoy the revamping of a popular TV spy series following a CIA agent and KGB operative who join forces to avert disaster. Rated PG-13.

Storytime

Family Storytime

10:30 a.m. Wednesdays, January 13, 20 and 27

The whole family is invited to this enjoyable, all-ages storytime that encourages the development of pre-reading skills through songs, rhymes, fingerplays and stories.

Children's Programs

Toddler Tales

10 a.m. Tuesdays, January 12, 19 and 26

This interactive and active time for toddlers and their favorite caregiver is designed to advance pre-reading and social skills. They'll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Preschool Storytime

10 a.m. Wednesdays, January 13, 20 and 27

Your preschooler will continue to build relationships with other kids, books, and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Baby Rhyme Time

10:30 a.m. Thursdays, January 21 and 28

During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance.

Children's Programs

Car Wash Fun

10 a.m. Monday, January 4

Imaginative fun for toddlers and preschoolers. Join us as we listen to a story, make a car and drive it through our special storytime car wash. Supplies and fun provided. Registration is required.

Kids Read Down Fines

2 to 3 p.m. Saturday, January 9

5 to 6 p.m. Monday, January 11

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Outdoor Pre-K Science

10 a.m. Friday, January 15

Location: South Lawn and Amphitheatre

A high-flying, mind-blowing science experience for your little ones. For kids ages 2 to 5.

LEGO Club

5 p.m. Monday, January 25

Build and share LEGO creations.

An Afternoon at the Movies

2 p.m. Saturday, January 9

When a scientifically minded teenager discovers a technologically advanced trinket that provides a glimpse of the future, she enlists the help of a reclusive inventor to make this future a reality today. Rated PG. Children age 8 and younger must be accompanied by an adult.

Kids Read Down Fines

2 to 3 p.m. Saturday, January 16

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Kids' Club: *The Good Dinosaur* Crafts and Games

2 p.m. Wednesday, January 20

Join us for fun crafts and games based on the delightful movie *The Good Dinosaur*.

Teen Programs

LEGOs provided. Registration is required.

Teen Programs

Teen Chess Club

5 p.m. Monday, January 4

Rise to the challenge. Sets provided, but players are welcome to bring their own. Check out our new set 8-foot by 8-foot outdoor chess board.

Teen Beading Club

5 p.m. Wednesday, January 6

Create a new beading project to take home. Instructions and supplies are provided. Sponsored by the Friends of the Fort Myers Regional Library. Registration is required.

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Teen Anime Drawing Fan Club

5 p.m. Wednesday, January 13

Anime drawing fans share what they have created, discover content and connect with other fans. Colored pencils, pens and paper supplies are provided. Sponsored by the Friends of Fort Myers Library.

Karaoke For Teens

4 p.m. Wednesday, January 20

Teens come pick your favorite song to sing. Enjoy snacks, laughter and fun.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

Library Programs

January At North Fort Myers Public Library

Next month's roster of activities at North Fort Myers Public Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Books & Bites

10:30 a.m. Monday, January 4

A lively chat about books and a morning snack.

An Afternoon at the Movies

2 p.m. Saturday, January 9

When a scientifically minded teenager discovers a technologically advanced trinket that provides a glimpse of the future, she enlists the help of a reclusive inventor to make this future a reality today. Rated PG. Children age 8 and younger must be accompanied by an adult.

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Snowy Winter Winds Have At Last Reached Boston And Minnesota



by Ed Frank

The bitter, snowy winds of winter have at last reached Boston and Minnesota, but as the New Year dawns, it's time to think Spring – Spring Training in particular – with Red Sox and Twins players reporting back here in just a few weeks.

Tickets to the 15-game Red Sox home schedule at Jetblue Park at Fenway South already are on sale. And single-game tickets for the Twins 15-game schedule at the CenturyLink Sports Complex begin January 9.

Every major league team approaches Spring Training with optimism and hope. For the Red Sox, the goal has to be a reversal of three last-place finishes in the past four years.

As for the Twins, they want to build on the positive vibes of last season's 83-79 record after four straight previous seasons with 92 or more losses. The Twins were baseball's big surprise in 2015, playing for a post-season spot until the last weekend of the regular season.

Red Sox pitchers and catchers report here February 18 and position players five days later. Twins pitchers and catchers report to camp February 21, and the remainder of the team February 26.

The Red Sox Nation rightly expects big changes for the new season with the hiring of veteran baseball executive Dave Dombrowski as president of baseball operations. The move resulted in the departure of general manager Ben Cherington.

It didn't take long for Dombrowski. He sent four prospects to San Diego for All-Star closer Craig Kimbrel. Three weeks later, he signed free-agent pitcher David Price to a seven-year, \$217 million deal – the highest paid a pitcher in baseball history.

And there was more – the signing of free agent outfielder Chris Young and the trade of lefty Wade Miley, who logged 193 innings last season, to Seattle for reliever Carson Smith and versatile Roenis Elias.

As for the Twins, first-year manager Paul Molitor has to receive major credit for the team's turnaround.

The team's strong farm system produced promising rookies Miquel Sano, Eddie Rosario, Bryon Buxton, Tyler Duffey and Max Kepler.

Improved starting pitching was another factor in the team's success. Their starters had a respectable 4.14 ERA that ranked 16th in the majors.

Minnesota General Manager Terry Ryan has been relatively quiet during the present

off-season although he did sign Korean slugger Byung Ho Park as the team's designated hitter and traded centerfielder Aaron Hicks to the New York Yankees for catcher John Ryan Murphy.

With a solid lineup and a farm system stocked with talent, the Twins should contend again in 2016 in the tough American League Central Division.

But as Ryan said a year ago, he will not be satisfied until the Twins become contenders in the playoffs.

The following are the Spring Training schedules for the Twins and Red Sox:

Minnesota Twins

March 3 – Red Sox, 7:05 p.m.
 March 5 – Baltimore, 1:05 p.m.
 March 8 – St. Louis, 1:05 p.m. (split squad)
 March 9 – Philadelphia, 1:05 p.m.
 March 11 – Miami, 1:05 p.m.
 March 13 – Baltimore, 1:05 p.m.
 March 16 – Red Sox, 7:05 p.m.
 March 20 – New York Yankees, 1:05 p.m.
 March 21 – Pittsburgh, 1:05 p.m.
 March 22 – Baltimore, 1:05 p.m. (split squad)
 March 23 – Tampa Bay, 1:05 p.m.
 March 26 – Pittsburgh, 1:05 p.m.
 March 29 – Red Sox, 1:05 p.m.
 March 30 – Toronto, 1:05 p.m.
 March 31 – Red Sox, 1:05 p.m.

Boston Red Sox

February 29 – Boston College and Northeastern University, 1:05 o.m.
 March 2 – Twins, 1:05 p.m.
 March 4 – Tampa Bay, 1:05 p.m.
 March 6 – Baltimore, 1:05 p.m.
 March 7 – Tampa Bay, 1:05 p.m.
 March 10 – Twins, 1:05 p.m.
 March 12 – Miami, 1:05 p.m.
 March 14 – Pittsburgh, 1:05 p.m.
 March 15 – New York Yankees – 6:05 p.m.
 March 17 – Baltimore, 1:05 p.m.
 March 18 – Twins, 1:05 p.m. (split squad)
 March 19 – St. Louis, 1:05 p.m.
 March 24 – New York Mets, 1:05 p.m.
 March 25 – Pittsburgh, 6:05 p.m.
 March 27 – Philadelphia, 1:05 p.m.
 March 28 – Baltimore, 1:05 p.m.*

PAWS Of Sanibel

Noel

I'm Noel, also known as, Island Girl. I was living out on the first causeway island for a very long time. My foster mom trapped me and took me to the Kitty Hospital for medical care, shots and surgery. I'm doing really well now, but I need to find a forever home. I'm still really scared. I stay in my kitty condo when my foster mom comes in the room to give me food and water. She cleans my bathroom too. This is quite different than what I'm used to out on the island, but nice that I don't have to worry about where my next meal is coming from, or having to catch it. My foster mom pets me all over and sings songs to me, but I'm still too afraid to come out while she's in my room. I hope I will be less frightened soon, because I think I would like to see what it's like to sit on her lap when she pets me. Maybe some time soon.



Noel in her kitty condo

Call Pam at PAWS, 472-4823, if you want to give me a forever home.*

Sampson And Delilah

Sampson and Delilah are 6 years old, but not siblings. They are neutered and spayed, respectively, and up to date on all their shots. They were seen by the vet several weeks ago. They recently lost their owner and are in desperate need of a new home, together. They are gorgeous kitties and extremely loving of one another and their people. If you can foster or adopt, call Pam at PAWS of Sanibel at 472-4823 as soon as possible.*

Cari

My name is Cari. A nice police lady picked me up from the road last week at the intersection of Periwinkle and Sea Grape on the East End. She took me to her house to spend the night and then called the lady at PAWS. I need to find my way back home to my people. I hope they read the paper this week and call Pam at PAWS, 472-4823, and make arrangements to pick me up and take me home. If you know my people, please call them and tell them my picture is in the paper.*



Cari



Sampson



Delilah

School Smart



by Shelley M. Greggs, NCSP

Dear Readers: Happy New Year! I am passing along this wonderful poem (again) with excellent New Year's Resolutions for parenting. The suggestions are worth

a week will be eaten in front of the television.

I resolve to allow my child the opportunity to deal with failure and frustration without interfering, providing support but not excuses.

I resolve that my child will spend no more than 20 hours a week watching television.

I resolve that my child will spend at least one half hour, at a designated spot and time, on homework or reading, every school night.

I resolve to see to it, by providing incentives if necessary, that my child reads independently, even if the reading includes comics, sports pages or romance books.

I resolve to say at least two positive things to my child every day.

I resolve to make the opportunity, weekly, to spend at least a half hour with my child on some mutually needed activity (shopping, dishes, working on the car).

I resolve to lower my NQ (Nagging Quotient) and act instead of yak.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

considering.

Parental New Year's Resolutions by Dr. Alex Thomas

Well, it is time for Parental New Year's Resolutions. Pick any five from the suggestions below and, if you are still following them when the school year ends, you probably will see improvement in your child's school performance and/or behavior around the home. Feel free to change these so they work for you:

I resolve to provide a regular daily or weekly chore for my child and will assure that it is completed on time.

I resolve that I will cut our junk food budget, including pop, by 25 percent.

I resolve to see to it that my child will complete all tasks that are started.

I resolve that my child will not easily quit a team or club once it is joined, or quit music or other lessons once started.

I resolve that no more than two meals

Financial Focus

What To Look For From A Financial Advisor



by Jennifer Basey

There's a lot to know about investing, so it's a good idea to get some professional help. But with so many financial advisors out there, how can you choose one that's right for you?

You may have to interview several prospective financial advisors before deciding on one. When you talk to them, see if you can get a sense of how they might work with you. Specifically, try to answer the following questions:

Does this financial advisor...

- Understand you? Perhaps above all else, you want a financial advisor who will take the time to get to know you and your family, your goals and what's important to you.

- Clearly explain investing? Once you enter the investment world, you will likely be curious about it. Why is diversification important? What's a market correction? How do interest rate movements affect different investments? You will want to work with someone who will make the effort to educate you on investment topics and answer all your questions.

- Know your investment style? Obviously, you'll want someone who will recommend only those investments that are in your best interest and that can help you make progress toward your goals. Therefore, the person you choose needs to understand your investment personality – that is, whether you are an aggressive, moderate or conservative investor.

- Have a certain investment philosophy? You may have your own investment style and preferences – and so do many financial advisors. In fact, some financial advisors have an overriding investment philosophy that governs many of their recommendations. You need to find this out before you start working with someone.

- Communicate frequently? The most knowledgeable financial advisor in the world won't be of much help to you if he or she is not a good communicator. You need someone who will regularly let you know if you're on track or make suggestions if you're not – even if you aren't scheduled to meet for a while. And, speaking of conferring with your financial advisor, you'll want someone who will meet with you when it's convenient for you, whether it's in person or over the phone.

- Avoid making big promises? You want a financial advisor with the expertise and experience necessary to help you make the right moves. And you'll want someone committed to your success. But there's a big difference between someone who promises to do the best possible job for you and someone who promises big results. Be wary of financial advisors who claim they can consistently achieve high

Turning Unhappy Customers Into Raving Fans

The Above Board Chamber of Florida is pleased to present a seminar, Turning Unhappy Customers Into Raving Fans, from 11:30 a.m. to 1 p.m. on Monday, January 11 at the Hilton Naples, 5111 Tamiami Trail North in Naples and on Thursday, January 14 at Harborside Event Center, 1375 Monroe Street in Fort Myers. Reservations are required at www.aboveboardchamber.com.

What if you could convert 40 percent of grumbling critics into evangelists for your brand? That's the power of effectively responding to complaints online, treating critics with respect and providing heroic solutions to problems. The expert panelists at this dynamic event will provide real-world examples to demonstrate the common sense steps to increase your company's customer base by capitalizing on its pool of former critics. This program is a great way to put some strategy behind every business' new year's resolution to enhance its growth and potential.

The Naples meeting will be emceed by Libby Anderson of Talentforce Solutions and the Southwest Florida Employer's Association, and will feature a panel including Linda Lowery, vice president of Encore Bank, and June Quiza, manager

of Publix Supermarkets.

The Fort Myers meeting will be emceed by Connie Ramos-Williams of CONRIC PR & Marketing, and will feature a panel including Libby Anderson, M.S. SPHR, president of Talentforce Solutions; Lt. Angelo Vaughn, Public Service Division, Lee County Sheriff's Office; Karen Ryan, public relations manager, LCEC; and Christine Davlin, CHT, CGSP training and development manager for the Lee County Visitor & Convention Bureau.

The Naples meeting will be sponsored by Gary Mighell, president of Mighell Development. The Fort Myers meeting will be sponsored by Connie Ramos-Williams, CEO and president of CONRIC PR & Marketing.

Naples lunch registration on or before Thursday, January 7 will be \$25 for members, \$30 for guests. After January 7, registration will be \$28 for members, \$33 for guests.

Fort Myers lunch registration on or before Thursday, January 7 will be \$25 for members, \$30 for guests. Registration after January 7 will be \$33 for members, \$35 for guests.

Non-members are encouraged to attend two meetings, then consider joining us to be part of the Above Board Chamber of Florida. To become a member of the Above Board Chamber, contact Jeanne Sweeney at 910-7426 or visit www.aboveboardchamber.com.✱

returns for you – there are very few guarantees in the investment world.

- Explain how he or she will be compensated? Financial advisors get paid in various ways, often in some combination of fees and commissions. Ask all potential financial advisors how they get compensated; any reputable professional will be upfront about his or her charges.

By finding the answers to these key

questions, you should be able to find a financial advisor who is well-suited to work with you. So take the time you need to gather enough information to feel confident in your choice. After all, you're enlisting the help of someone who can have a big impact on your financial future.

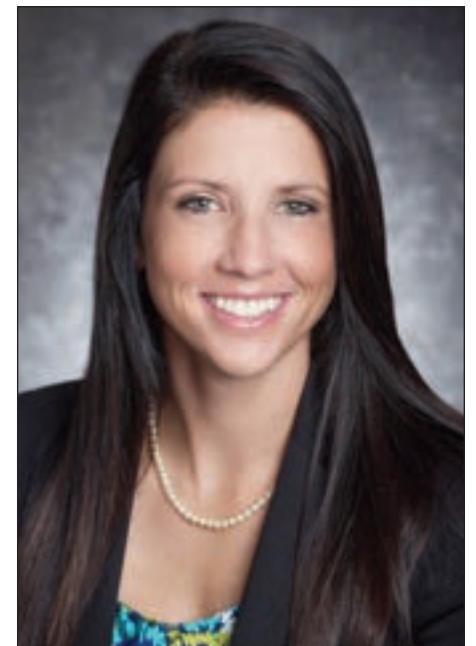
Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Richmond Named President-Elect

The law firm of Henderson, Franklin, Starnes & Holt, P.A., announced that Attorney Kayla Richmond has been named President-Elect of the Lee County Bar Association's Young Lawyers Division.

Richmond focuses her practice exclusively in the areas of divorce, marital and family law. She handles dissolution of marriage (divorce), custody, paternity, child support and domestic violence injunctions.

Very active in the community, Richmond serves as secretary and chapter representative for the Lee County Association of Women Lawyers and is a member of the Association of Family Law Professionals. She also devotes time to serving community organizations and is a mentor for the Take Stock In Children program and a committee member for Harry Chapin Food Bank Hunger Walk.



Kayla Richmond

Richmond can be reached at 239.344.1156 or via email at kayla.richmond@henlaw.com.✱

Florida Camp For Kids With Limb-Loss In Fort Myers



NubAbility athletic participants



NubAbility soccer participant

Stadium in Fort Myers, hosted by the Minnesota Twins. The #DontNeed2 Florida Camp is for children who are very mobile and desire to compete in mainstreamed school or league baseball, softball, soccer, track and field. Camp fees are \$50 for each day and registration is open online at NubAbility.org.

The #DontNeed2 Florida Camp is led by founder and head coach Sam Kuhnert, a former one-handed college baseball pitcher and college pitching coach, and his coaching team of accomplished athletes, with limb-loss, who have played at top levels of sport. NubAbility has held various sport camps for adaptive youth athletes for five years. This is its second

annual camp in Fort Myers with the Minnesota Twins organization.

Hayden Filson-Thompson of Texas, who played college softball, and Ryan Hamner of Orlando, an amputee who played for Rhode Island, will lead the baseball and softball camp. Minnesota Twins head pitching coach coordinator, and former MLB player, Eric Rasmussen, will lend his coaching talent to the event for the second year in a row. One-handed glove transfers, batting grips, stances, fielding, pitching, throwing, catching and base running will be covered for all limb-differences. The more experienced players will benefit from one-on-one instruction from college and professional coaches.

"I get to work along side my mentor, Eric Rasmussen doing what I love, getting these kids in the game of my passion," Kuhnert said. "That has me pumped!"

NubAbility soccer coach Breana McMahon, an amputee, former college player and college and high school coach, who is from Orlando, joined by Lizzie Ridder, former college player, and Mathew "Flowhawk" Hawkins, will lead the soccer camp at a field adjacent to Hammond Stadium. The focus of this camp will be on dribbling, passing and scoring on prosthetic legs and with those of upper limb-loss. How to achieve and maintain balance and agility, defend and goal tending will also be taught at the youth's level of play.

"If you have been coached properly and you work harder than the rest, you will succeed. I am proof." McMahon said.

Former Paralympic volleyball player and coach, and now adaptive strength expert and trainer Dave Newkirk of Kansas will be conducting the STRONG Camp. He will be assisted by Paralympic gold medal hopeful, William Regas Woods and track star Nick Rogers, who will conduct the speed portion of the camp. Adaptive yoga instructor, Heather

Holland, of Ruby and Pearl's Yoga in Fort Myers will lead the group in adaptive yoga for athletes. Holland is the aunt of NubAbility founder Sam Kuhnert, and has worked with him through the years in his personal training for collegiate baseball. Physical education classes are often more challenging for P.E. teachers than the actual limb-different student. In NubAbility's P.E. Skills session, NubAbility will instruct the athletes not only how they can achieve success in standard P.E. class skills, such as jumping rope one handed or on prosthetics, but also how to communicate their adaptive abilities to their teachers.

"I have traveled the world competing and coaching mainstreamed and adaptive sport. I know what the opportunity to compete has meant to me and the life lessons I have learned from it," Newkirk said. "I intend to provide professional instruction in a safe environment for kids who have also experienced life as a limb-different athlete."

The #DontNeed2 Florida Camp is designed for growth over the years and to establish a service for kids with limb-loss that desire to compete in mainstreamed sport in the southeast region of the U.S. However, several families are flying in from across the U.S. for this life-changing event that not only prepares the youth athletes for mainstreamed competition, but also encourages courage and confidence in sport and in life.

If you know of a child who has a limb-difference, ages 4 to 17, have them email NubAbility@gmail.com for more information. No child is ever turned away due to financial hardship. Camp fees are \$50. However, local sponsors have provided 10 scholarship opportunities. Simply use the coupon code TWINS in the payment portion of the online registration, available on NubAbility.org and in the cover photo of NubAbility's Facebook page.*

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Shell Point Offers Program On State Of Healthcare

Shell Point welcomes Jim Nathan, CEO of Lee Memorial Health System, for a Medical Breakthroughs & Discoveries presentation about healthcare services and future plans in Southwest Florida in The Village Church Auditorium on Wednesday, Jan. 13, at 10:15 a.m.

For more than 30 years, Nathan has led Lee Memorial Health System to become one of Florida's largest healthcare systems. He will discuss new treatment advancements at Lee Memorial Health System and how multiple major projects will improve access to healthcare for residents of our region.

Learn about the Golisano Children's Hospital, additional beds and services planned for Gulf Coast Medical Center and a new \$140 million medical campus in south Lee County. Nathan will also discuss The Shipley Cardiothoracic Center, a new initiative for innovation, education and research for heart and vascular health.

Light refreshments will follow Nathan's presentation, which is part of Shell Point's 2015-2016 Medical Breakthroughs & Discoveries series, an annual community healthcare speaker program that serves as a resource for residents in the greater Fort Myers area. All Medical Breakthroughs & Discoveries presentations are free to the public. Sign up is required at 433-7936.*



Jim Nathan

dearRPharmacist

New Medications Help With Chin Fat, Libido, Mood



by Suzy Cohen, RPh

Dear Readers:

It was a strong year for Big Pharma in 2015, with many new interesting medications hitting the shelves. My articles are syndicated worldwide, but I'm only listing

English drug names so please ask your local pharmacist to translate. Happy New Year! Love, Suzy

Kybella (Deoxycholic Acid) – This is the “double chin” drug because once injected it acts like a detergent (due to the bile acids that make up the drug) improving the appearance of unwanted fat under beneath the jawline. It's a chin tuck without the knife!

Addyi (Flibanserin) – This pill supposedly puts women ‘in the mood’ but sales are less than desirable for Sprout Pharmaceuticals, the makers of the new female lust drug. Why do I think that? Consider that over half a million men filled Viagra prescriptions its first month out back in 1998. Addyi is clearly not overwhelming women, because it was

prescribed only 227 times during the first month. I'm guessing sales are slow because you can't have a glass of wine with it, and it doesn't give you that immediate notification like Viagra (wink). Addyi targets dopamine and norepinephrine in the brain and it's taken daily, so it's really an expensive antidepressant rather than a sex pill. What's worse is it cuts into your Michael Kors fund, requiring about \$800 a month.

Aristada (Aripiprazole lauroxil) – This new injectable drug treats schizophrenia, severe depression and bipolar disease. FDA's approval of this powerful antipsychotic was based, in part, on the efficacy data of another popular drug you've probably heard of called Abilify. Now, Abilify just so happens to be America's drug of choice. Americans handed over \$7.5 billion for it between October 2013 and September 2014. Aristada is a long-acting drug that ultimately becomes Abilify, after a few chemical reactions inside your body. So Aristada could be thought of as the parent drug, and FYI, it requires methylation to fully activate itself.

Cresemba (Isavuconazonium), Rx – This new antifungal drug was granted “priority” review in 2015, which basically means they hurried everything up to get it out. Wouldn't give me any comfort. I'd just feel more like a guinea pig, but OK... it's used to treat invasive and potentially-deadly aspergillosis and mucormycosis infections so I guess their thinking was, “Let's give these folks another option and hurry it through the FDA approval process!” I do

continued on page 24

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband and I married two years ago; we are in our late 60s and it was a second for both.

We haven't even tried to blend our adult children into a family, because we know that it would never work. One of his daughters is extremely immature and she has announced that she is engaged to an equally immature and obnoxious individual.

My husband wants to give her the marriage of her dreams, and we are expected to pay all of the costs. I know

that the marriage will last 12 months at most, and I am very resentful that my husband is prepared to spend so much of our money on this young woman.

What do you think I should do?

Myrtle

Dear Myrtle,

Marriage is difficult even in the best of times, in spite of what the songs and the poems on greeting cards tell us.

It doesn't get any easier for most of the seniors, just a different set of problems. In young marriages, it may be the in-laws and in senior marriages, it could be the adult children.

To avoid problems, many people are advised to keep estates separated and have prenuptial agreements. If this had happened in your marriage maybe this problem could have been avoided. But as it is, counseling is a possibility but if that is not possible you will just have to learn to accept what you cannot change.

Lizzie

Dear Myrtle,

Let me see if I understand... you and your husband have been married for two years. You are very resentful that your husband wants to pay for his daughter's wedding because you think the daughter and soon-to-be son-in-law are both immature. And the marriage will not last more than a year.

Since when is everything about you and what you think and want? Let's look at the possible consequences of your actions. If you choose to argue against the marriage and not support it, you risk harming your

continued on page 24

Doctor and Dietitian

Brain Fitness



by Ross Hauser, MD and Marion Hauser, MS, RD

We already know that exercise is great for our body, but what we may not realize is that exercise can also strengthen the brain. Moderate exercise nourishes the brain, improves our ability to learn, boosts mental performance, remodels the brain, and helps prevent the brain from aging.

Scientists used to think the adult brain structure was fixed, and no new cells could be made or the brain altered in any way after adolescence. However, physical activity boosts blood flow all through the body, including the brain, which increases the ability of brain cells to connect with each other. Increased connectivity can occur by simply walking. More vigorous exercise, such as running, leads to faster reaction times and improved learning.

Physical activity has been linked to a

lower risk of the development of cognitive decline, because it is in essence a fertilizer for the brain, nourishing it and improving attention, memory and information processing.

Exercise reshapes the brain. When we don't use our muscles, they atrophy. The brain is no different. Brain training games help keep the brain connections strong, but add exercise into the mix and more oxygen is pumped to the brain and hormones and growth factors are released that boost the health of brain cells, stimulate growth of new blood vessels in the brain and encourage new neuronal connections.

Including exercise that requires both mental and physical activity requires the integration of different parts of the brain, such as coordination, rhythm and strategy, resulting in a greater impact on cognitive function. Dancing and circuit training are a few examples.

Start your day with exercise! Exercising in the morning prepares you for the day by increasing brain activity, boosting information retention and fine-tuning your ability to react to the situations and stressors that come your way.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

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Symposium On Macular Degeneration



Dr. Charles Johnson

Retina Health Center and the Foundation Fighting Blindness will host the 13th annual Southwest Florida Macular Degeneration Symposium on Saturday, January 23. The symposium will feature world-renowned experts providing the latest information on treatment options and new discoveries. Attendees will learn about groundbreaking new treatment options for both dry and wet macular degeneration.

This free, three-hour presentation will be given twice on January 23, from

9 a.m. to noon and from 2 to 5 p.m. at the Hyatt Regency Coconut Point Resort & Spa, 5001 Coconut Road in Bonita Springs. To reserve a seat, attendees must register in advance by calling 800-586-6765.

Dr. Charles Johnson, chief medical officer of Neurotech, will be this year's guest speaker. Dr. Johnson is an accomplished physician and pharmaceutical executive with more than four decades of experience in clinical practice and the biotech sector. Dr. Johnson was most recently the vice president of global medical affairs at Vertex. Prior to this, he held leadership positions at Inspire Pharmaceuticals and APT Pharmaceuticals. During his 13-year tenure at Genentech, he was the vice president and head of the immunology and tissue repair clinical group and had responsibility for the approvals of Lucentis for wet age-related macular degeneration and Rituxan for rheumatoid arthritis. Prior to joining the pharmaceutical industry, Dr. Johnson spent 18 years practicing medicine. He received his medical degree from the University of Cape Town in South Africa, attained board certification in pediatrics at the Red Cross War Memorial Children's Hospital and completed his pediatric pulmonology fellowship at Washington University. He has presented clinical data at numerous medical conferences and published in several respected scientific journals.

Doctors Alexander Eaton and Hussein Wafapoor of Retina Health Center will provide an overview of macular degeneration and discuss ongoing Retina Health Center studies that are helping patients at the local, national and international levels.✽

New Procedure To Assist In Weight Loss



Dr. Peter Denk

Overweight people now have a new option in losing weight. The intragastric balloon is a non-surgical weight loss solution for patients looking to lose anywhere from 20 to 60 pounds. It requires no cutting, no permanent alterations to the anatomy, and no hospital stay. It is placed endoscopically (through the mouth using a long flexible scope) and is removed endoscopically six months after placement.

Both procedures are performed on an outpatient basis.

The balloon is a silicone based implant that is filled with saline to take up space in a patient's stomach to make feeling fuller longer. After the implant, patients follow a healthy diet plan to maximize their weight loss.

The Orbera IntraGastric Balloon was approved by the FDA recently and was successfully implanted in the Fort Myers/Naples area by Dr. Peter Denk. The procedure took 11 minutes to perform. The patient went home immediately and has had minimal discomfort and nausea from the stomach getting used to the balloon. The patient will be enrolled in a year-long follow-up program.

The patient has been 35 pounds overweight for 15 years and has tried multiple supervised diets without lasting success. She heard about the Orbera balloon from the *Dr. Oz* show and found Dr. Denk through the Orbera website.

Dr. Denk's mission in Southwest Florida is to provide advanced surgical techniques including incisionless surgery, single incision surgery, and advanced laparoscopy to treat obesity, acid reflux, gallbladder disease, hernias, and a variety of complex problems in a modern and friendly approach.

Dr. Denk's practice, GI Surgical Specialists, includes minimally invasive surgical care for problems of the GI system, hernias, weight loss, and endoscopic surgery. His offices are located at 14090 Metropolis Avenue #102 in Fort Myers, and 8340 Collier Boulevard #205 in Naples. He can be reached at 313-7522 or online at www.gisurgical.com.✽

VenturePitch Announces Judges

Tamiami Angel Fund II has announced the judges for the 2016 first quarter VenturePitch SWFL. Scheduled for Thursday, January 21 at 5:30 p.m. at the Conservancy of Southwest Florida in Naples, the *Shark Tank*-style event will bring together four early-stage entrepreneurs vying for the title of most investible.

The panel of judges includes entrepreneur, investor and Tamiami Angel Fund II member Bud Stoddard; international media partner, investor and Tamiami Angel Fund II member Liza Wong; and founder and managing partner of Gulfshore Capital Richard Molloy.

Additional guests include keynote speaker and judge Felix Lluberes. Founder of Position Logic, an INC 500 and Top 100 software company, Lluberes has more than 20 years of experience in the software development industry. He currently serves as executive vice president of KORE Telemetrics.

Individual tickets start at \$60 and include light refreshments and hors

d'oeuvres. Tickets can be purchased online at www.tamiami-e.com.

Event sponsors include Hahn Loeser, Bank of America, Fusion Pointe, TriNet, RocketLounge, Institute of Entrepreneurship at FGCU, Southwest Florida Regional Technology Partnership, *Gulfshore Business*, *Business Observer*, Florida Venture Forum and VenturePitch Orlando.

For additional information and sponsorship opportunities, call 298-6940 or visit www.tamiamiangels.com.✽

From page 23

Medications Help With Chin Fat, Libido, Mood

understand that. Regardless, these scary infections happen to people with weak immune systems. This drug belongs to the "azole" class of antifungals so its sister drugs are ketoconazole and itraconazole; Cresemba is available by tablet and injection.

Lenvima (Lenvatinib) – Taken by mouth, this drug is used to treat tough cases of thyroid cancer. It was tested in 392 participants with progressive thyroid cancer that was unresponsive to radioac-

tive treatments. The drug seemed to help and 65 percent of the participants saw a reduction in tumor size, compared to two percent who received placebo. Lenvima's side-effects included heart problems, hypertension, fatigue and body aches as well as swelling and problems with the voice.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

From page 23

Mom And Me

relationship with your husband and family in general.

It seems to me, Myrtle, the better choice is to grin and bear it. You will support your husband, not pit family members against family members and if the marriage fails, perhaps it will be a learning experience for the daughter and she can mature from it.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✽

Pediatric Dentistry To Sponsor Movie Nights

Dr. Tim Verwest, DMD of Pediatric Dentistry of Fort Myers will sponsor family movie nights at the Alliance for the Arts during the 2016 season. This is the second consecutive year the dental practice has sponsored the series. All funds collected go to support the children programming at the Alliance for the Arts.

Family movie night at the Alliance for the Arts begins on Friday, January 22 at 7 p.m. with a screening of *The Peanuts Movie*.

"We enjoyed the partnership last year and think it will be a success this year as well," said Dr. Verwest.

The series continues on Friday, February 19 at 7 p.m. with *Home*, and concludes on Friday, March 18 at 8 p.m. with *Epic*.

For more information on family movie nights, visit www.artinlee.org.✽

DID YOU KNOW

TRIVIA TEST

1. TELEVISION: What is "Jeopardy!" host Alex Trebek's country of birth?
2. ANIMAL KINGDOM: What is a group of bacteria called?
3. SCIENCE: What is converted into alcohol during brewing?
4. PSYCHOLOGY: What is it called when someone has a phobia about touching money?
5. MUSIC: How many members are in the Mormon Tabernacle Choir?
6. MYTHOLOGY: What was the domain of the Roman goddess Trivia?
7. GENERAL KNOWLEDGE: What was Canada's first national animal?
8. LANGUAGE: What does it mean to be flagitious?
9. ENTERTAINERS: What age did comedian Jack Benny always claim to be?
10. GEOGRAPHY: Where is the island of Alcatraz located?

ANSWERS

1. Canada 2. A culture or colony 3. Sugar 4. Chromatophobia 5. 360 6. Sorcery and witchcraft 7. The beaver 8. Wicked 9. 39 10. San Francisco Bay

SPORTS QUIZ

1. The first major-league regular-season game played outside the U.S., in 1969, featured the Montreal Expos and which team?
2. Who was the last New York Yankee before Stephen Drew in 2015 to have a pinch-hit grand slam home run?
3. In 2014, Dallas running back DeMarco Murray set an NFL record for consecutive 100-yard rushing games to start a season (eight). Who had held the mark?
4. Who was the first Big 12 men's basketball team other than Kansas to win the conference tournament?
5. Twice the Detroit Red Wings have won the Stanley Cup with a Game Seven OT goal, in 1950 and 1954. Name either of the goal scorers.
6. In 2015, Jimmie Johnson became the fifth NASCAR driver to win 10 Cup races at a single track. Name three of the other four.
7. What was the most recent of the 17 Grand Slam singles titles won by Roger Federer?

ANSWERS

1. St. Louis -- the Expos won, 8-7. 2. Jorge Posada, in 2001. 3. Jim Brown, with six in 1958. 4. Iowa State, in 2000. 5. Pete Babando (1950) and Tony Leswick (1954). 6. Dale Earnhardt, David Pearson, Richard Petty and Darrell Waltrip. 7. Wimbledon, in 2012.

My Stars ★★★★★

FOR WEEK OF JANUARY 4, 2016

ARIES (March 21 to April 19) A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member makes contact.

TAURUS (April 20 to May 20) You're eager to move forward with a new challenge that suddenly dropped in your lap. But you'd be wise to take this one step at a time to allow new developments to come through.

GEMINI (May 21 to June 20) You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers.

CANCER (June 21 to July 22) Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

LEO (July 23 to August 22) Your new goal looks promising, and your golden touch does much to enhance its prospects for success. In your private life, Cupid does his best to make your new relationship special.

VIRGO (August 23 to September 22) That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things fall into place before you act.

LIBRA (September 23 to October 22) A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.

SCORPIO (October 23 to November 21) Partnerships -- personal or professional -- which began before the new year take on new importance. They also reveal some previously hidden risks. So be warned.

SAGITTARIUS (November 22 to December 21) Your associates are firmly on your side, and that persistent problem that has caused you to delay some activities should soon be resolved to your satisfaction.

CAPRICORN (December 22 to January 19) Favorable changes continue to dominate, and you should be responding positively as they emerge. Someone wants to become more involved in what you're doing.

AQUARIUS (January 20 to February 18)

A friend wants to share a secret that could answer some questions you've wondered about for a long time. Meanwhile, travel aspects continue to be strong.

PISCES (February 19 to March 20) Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

BORN THIS WEEK: You have the capacity to meet challenges that others might find overwhelming, and turn them into successful ventures.

THIS WEEK IN HISTORY

- On Jan. 9, 1493, Christopher Columbus, sailing near the Dominican Republic, sees three "mermaids" -- in reality manatees -- and describes the mythical half-female, half-fish creatures as "not half as beautiful as they are painted."

- On Jan. 7, 1785, Jean-Pierre Blanchard and John Jeffries travel from England to France in a gas balloon, becoming the first to cross the English Channel by air. They nearly crashed as their balloon was weighed down by extraneous supplies such as silk-covered oars.

- On Jan. 4, 1847, Samuel Colt rescues his faltering gun company by winning a contract to provide the U.S. government with 1,000 of his .44 caliber revolvers. The heart of Colt's invention was a mechanism that combined a single rifled barrel with a revolving chamber that held five or six shots.

- On Jan. 8, 1867, Congress overrides President Andrew Johnson's veto of a bill granting all adult male citizens of the District of Columbia the right to vote. It was the first law in American history to grant black men the right to vote.

- On Jan. 10, 1946, the first General Assembly of the United Nations convenes in London. Two weeks later it adopted its first resolution, which called for the elimination of weapons of mass destruction.

- On Jan. 5, 1957, in response to the increasingly tense situation in the Middle East, President Dwight Eisenhower delivers a proposal to Congress calling for a more proactive U.S. policy. The "Eisenhower Doctrine" established the Middle East as a Cold War battlefield.

- On Jan. 6, 1994, Olympic hopeful

Nancy Kerrigan is attacked at an ice rink two days before the Olympic trials. A man, hired by the ex-husband of skating rival Tonya Harding, clubbed Kerrigan in the leg in an attempt to keep her out of the Olympics. Months later, Kerrigan won the silver medal, while Harding finished eighth.

STRANGE BUT TRUE

- It was noted 20th-century French-Swiss film director, screenwriter and critic Jean-Luc Godard who made the following sage observation: "A story should have a beginning, a middle and an end, but not necessarily in that order."

- Those who study such things say that Roman emperor Gaius Julius Verus Maximinus was more than 8 feet tall.

- If you live east of the Rocky Mountains, you've probably spent summer evenings watching the flashing green or yellow lights of those beetles we call fireflies. You might be surprised to learn, though, that different species have different colored lights. For instance, the Paraguayan railway beetle can show both green and red lights (like a railway lantern; hence, the name).

- According to the U.S. Census Bureau, there are currently more than 1,500 American residents named "Seven."

- The Taj Mahal, widely known as "the jewel of Muslim art in India," was commissioned in 1632 by the Mughal emperor Shah Jahan, who wanted the tomb of his favorite wife to be housed in splendor. After construction was complete, Jahan wanted to ensure that this architectural wonder would never have a rival, so he had the chief architect and main artisans put to death. The stone masons who had done the best work on the structure had their hands amputated, and the artists responsible for the delicate inlay work were blinded.

- In some parts of colonial America it was illegal to kiss your spouse in public.

THOUGHT FOR THE DAY

"The moment we begin to fear the opinions of others and hesitate to tell the truth that is in us, and from motives of policy are silent when we should speak, the divine floods of light and life no longer flow into our souls." -- Elizabeth Cady Stanton

PUZZLE ANSWERS

H A H A A M I S O D E S S A P A S S
B M O C N I S I R O O M I E R O O T
O N T H E J O B D R A I N I N G O R L Y
F F I O N G W T E T T O T A I
E S T G J J D R E N C H W A R G A R E
D I E O F A L I I F I N O R
D A M P E R H E S I S T A N P E E L S
S L E I G H S O A R A L A
S A Y S I S O L D W I V E S D A L E
H O O S P A I R I V E G U S T A V
O S O D O N T S H E D A D E A R N E
L J R E I N T A U R E A L I O N S
D E N H I S C O U R T S S R I N N E
I M E T E A U P L I N T H S
T E R R A D R Y R E F O R F Y O U B L Y
A S I T A M Q E R O M A N
G L P H A N T D R U N K S A P P
T O M M Y R O E E E B L U P
H O M E I M E A N D D I M E A G A N
A S A N E S P A N A A R A I L N E
N E S T R E T T O N T A P S I N G E

J E T H A S H W E S T
A P E A R I A A K I N
B E R I B E R I G E N T
S E N D I N R H O
E T A C A N C A N
A T L A S T U G O H O
B O I L T U T C H E N
A G E S E X P R O M O
B O N B O N I R A
A S S N I M B U S
E A S T P A G O P A G O
B L O C O D O R I L L
B E T H T O T S L Y E

UNIONIZED

M L B P L A Y E R S E
I R E E R S S
N I H R E S N R
E E P C O Y Y A E U
R W M A B A E I T S W
S U E S R E Y A L K C I R B
I F L P C I R O
E C I L O P A O S V T
F B J U C
S R E Y A L P L F N M A



Red Sunset Clam Chowder

- 2 slices bacon, cut into half-inch squares
- 1/3 cup onion, chopped
- 3 tablespoons green bell pepper, diced
- 3 tablespoons celery, diced
- 2/3 cup potato, peeled and diced
- 1 8-ounce bottle clam juice
- 1 cup canned, diced tomatoes, with juice
- 18 littleneck clams, rinsed well
- 2 tablespoons fresh parsley, chopped
- Salt and pepper to taste

Cook bacon in a three-quart heavy saucepan over medium heat until golden. Reduce heat to low. Add onion, bell pepper, and celery and cook until softened, about five minutes. Stir in potato, clam juice, and tomatoes; cover and simmer 10 minutes.

Add clams; cover and simmer 8 to 10 minutes, stirring occasionally, until clams open. Discard any clams not open after 10 minutes. Move pan off heat. Remove clams with tongs, reserving a few clams in the shell for garnish. Detach clam meat from remaining shells and return meat to chowder. Stir in parsley, salt and pepper to taste.

Note: The chowder (without the clams and parsley) can be made one day ahead. Bring chowder to a simmer then add clams and proceed as directed.

Yield 4 servings.*



Red Sunset Clam Chowder

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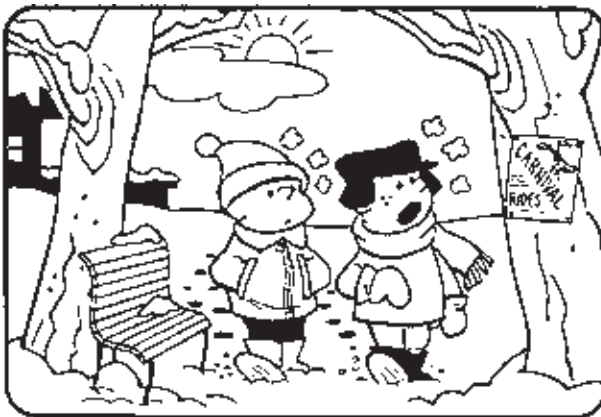
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Bench is missing. 2. Sun is missing. 3. Cap is different. 4. Zipper is missing. 5. Scarf is shorter. 6. Poster is missing.

PUZZLE ANSWERS

SUDOKU

3	6	8	5	1	7	2	9	4
4	7	2	3	9	6	1	5	8
9	1	5	4	8	2	6	7	3
1	3	4	6	2	9	5	8	7
2	8	9	7	3	5	4	6	1
6	5	7	1	4	8	3	2	9
7	4	6	8	5	3	9	1	2
5	2	1	9	7	4	8	3	6
8	9	3	2	6	1	7	4	5

SCRAMBLERS

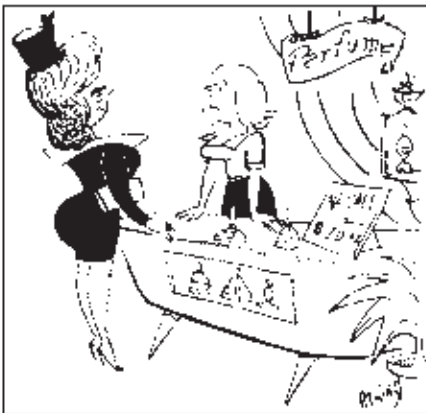
solution

1. Limber;
2. Equal;
3. Covert;
4. Astute

Today's Word
SMARTER

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"I'm going steady with a physicist ...
Do you have anything that will make
me smell _____ ...?"

Agile

RIMBLE

Alike

QUALE

Secret

VECTOR

Smart

STATUE

TODAY'S WORD

answer on page 27

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COMMERCIAL RENTAL

COMMERCIAL RENTAL



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.
*RS 12/4 CC TFN

OFFICE SPACE FOR RENT

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.
*NS 4/24 CC TFN



ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

WATERFRONT HOME
This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.

Please call for details
472-6747
Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
*RS 11/06 BM TFN

HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach. \$2,500, first,last,security. 239-910-6430 or email Luvavantis@aol.com
*NS 12/11 CC TFN

APARTMENT FOR RENT

Large 1 bedroom, east end. Ground level, screened lanais, tile floors. Dishwasher/washer-dryer. Great for single/retiree/ or seasonal residence for such. Cat OK. Annual \$895/mo. + utilities. 239-339-2337, please leave message.
*NS 12/25 CC 1/1

SEASONAL RENTAL

JANUARY & MARCH CONDO, 2016 AVAILABLE!

1 BR/1BA condo at Captain's Walk on East End of Sanibel. Queen bed, futon. On site laundry. \$2750/month. Call Lighthouse Realty 239-579-0511.
*NS 12/25 CC 1/1

RE/MAX OF THE ISLANDS

Putting owners and tenants together
Call Ryan Block
www.remax-oftheislands.com
239-472-2311
*RS 1/23 BM TFN

BEAUTIFUL AND FUN SANIBEL HOME

3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 239-472-0228.
*NS 12/4 CC TFN

VACATION RENTAL

SANIBEL VACATION COTTAGE

Available March 1, 2016
Walk to Beach, East End, 2 bedrm/ 1 bath, sleeps 4, Fully equipped
410-913-2234
*NS 1/1 CC TFN

RESORT RENTALS

Sanibel, Casa Ybel, Ocean Front, Corner Unit, Wk. of 1/15 - 1/22, 2016 Only. Details, John 410-213-9530.
*NS 12/18 CC TFN

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes • Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
*RS 1/4 BM TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
*RS 1/4 CC TFN

Cycling Safety Notes

- Ride to the right
- Warn to pass
- Wear a helmet
- Use lights at night
- Always be courteous



SANIBEL BICYCLE CLUB

SERVICES OFFERED

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
* Island Resident * Licensed & Insured
* 24/7 * www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
*RS 3/21 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
*RS 1/25 BM TFN

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971
*RS 1/4 BM TFN

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.
*RS 6/7 CC TFN

CAREGIVER

Caregiver CNA lic., 16 years experience. F.I.S.H. background check/referral. Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc. Sheila - 239-850-7082.
*NS 10/16 CC TFN

SANIBEL BLUE FINANCIAL

Need help with paying your bills?
Getting your mail?
Organizing your pre-tax worksheets?
What about someone to organize your desk?
Call an insured and bonded professional in to help:
Debi Almeida offers personal assistance for you. (Discreet and Trustworthy)
Call her today to meet
239-839-6443.
*NS 12/18 CC 2/5

TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com

CLICK ON PLACE CLASSIFIED

★ ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★ ★ ★

SERVICES OFFERED

SYLVIA'S CLEANING SERVICE
 20 YEARS EXPERIENCE.
 LOW RATES. FREE ESTIMATES.
 COMMERCIAL & RESIDENTIAL.
 QUICK CLEANS FOR \$30
 LICENSED IN CAPE CORAL & SANIBEL
 PH 239-945-2837 CELL 1-270-317-1903
*NS 11/27 CC 1/1

HELP WANTED

NON-PROFIT DEVELOPMENT DIRECTOR
 The Clinic for the Rehabilitation of Wildlife, Inc. (CROW) is seeking an experienced Development Director with 3 to 5 years experience in non-profit fundraising. Candidates should have a proven track record in managing memberships, grant writing, event planning, donor cultivation, direct mail, and planned giving. Working knowledge of Donor Perfect a plus.
 Requirements
 Bachelors degree, excellent communication skills, strong writing and presentation skills, ability to work collaboratively, comfort interacting with major donors, ability to multi-task and meet deadlines.
 E-mail cover letter, resume and salary requirements to lestep@crowclinic.org or mail to Dr. Linda Estep, Executive Director, CROW, PO Box 150, Sanibel, FL 33957.
*NS 11/1 CC 1/22

HELP WANTED

RETAIL SHOP ON SANIBEL
 Sales person with interest in antiques. Basic computer knowledge and record keeping, year round position. Approx.30 hrs. a week some weekends. Send resume or info. to e.georgene@gmail.com
*NS 12/11 CC 1/1

BOATS - CANOES - KAYAKS

DOCKAGE
 Hourly, Daily, Weekly and Monthly.
 Captiva Island 472-5800
*RS 1/4 NC TFN

AUTO FOR SALE

WHITE MAZDA VAN MPV-ES 2002
 good condition, good tires, body in good condition 99,000 miles only driven five months a year, last year of this model with automatic doors 472-9899 lindadrasnin22@msn.com reasonable price
*NS 12/25 CC 1/1

HELP WANTED

CHILDCARE WORKER NEEDED
 Childcare worker needed for special Events at Sanibel Community Church. Nursery age thru 3rd Grade. Part time with hourly compensation. Call Holly 239-472-2684.
*NS 12/25 CC 1/8



GARAGE • MOVING • YARD SALES

SANIBEL ESTATE SALE
 1653 Bunting Lane
 9 a.m. - 3 p.m.
 January 2, 2016
 Must liquidate entire contents of the home.
 CASH and CARRY
*NS 12/25 CC 1/1

HAIR STYLIST BOOTH RENTAL AVAILABLE
 Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882
*RS 3/13 CC TFN

JERRY'S FOODS WAITRESSES OR WAITERS
 Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.
*NS 5/29 CC TFN

VOLUNTEERS NEEDED
 Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

VOLUNTEERS NEEDED
 The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.
*NS 7/11 NC TFN



Shore Fishing:

Don't Harm The Fish

by Capt. Matt Mitchell

Landng a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.
 • Hold the fish in the water while you unhook it if you're going to release it.
 • The less you can touch a fish before release the better for the fish.
 • If you want a picture with the fish, support it as

you lift it out of the water – and do it quickly.
 • Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
 • Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

To advertise in the *River Weekly News*
 Call 415-7732

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayshore Park	Fort Myers	1969	6,588	\$2,600,000	\$2,500,000	96
Portofino	Miromar Lakes	2007	3,725	\$1,650,000	\$1,350,000	126
Gulf Harbour Yacht & Country Club	Fort Myers	2013	3,301	\$1,495,000	\$1,332,500	41
Buttonwood Harbor	North Fort Myers	2001	4,979	\$1,279,000	\$1,150,000	272
Sanctuary	Bonita Springs	2005	2,961	\$888,800	\$844,000	0
Cape Harbour	Cape Coral	1998	3,624	\$854,000	\$840,000	265
Corkscrew Shores	Estero	2015	3,877	\$799,900	\$800,000	2
Belle Meade	Fort Myers	2015	3,411	\$779,438	\$762,000	259
Briarcliff	Fort Myers	2000	4,237	\$700,000	\$685,000	241
Dunes Sanibel Island	Sanibel	1996	1,788	\$698,000	\$675,000	103

Courtesy of Royal Shell Real Estate

		8	1	7	2		
4		3				5	
	1		8				3
	3	6					7
		9		5	4		1
6			4			2	
7				3	9		
	2	1	9				6
	9		6			4	

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, name is Frankie and I am a 3-year-old neutered male pit bull terrier, white and brown in color. I was abandoned with my canine family. We had no food, water or shelter and now are in need of forever homes. I'm a quiet, easy-going guy with a rugged but handsome face. The little brown spot on the top of my head provides the perfect target for you to kiss.

Adoption fee: \$75 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo).

I'm Thomas, a domestic short hair, neutered male brown tabby cat, age 4. I have a wonderful, easy-going personality and would love your companionship. I like sitting on laps to be brushed and petted but I'm a very big kitty so if your lap isn't big enough I'll just cuddle up next to you.

Adoption fee: \$50 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.**



Frankie ID# 644071

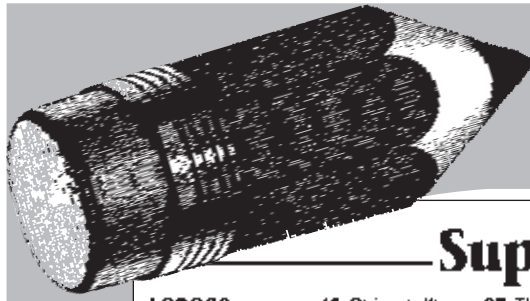


Thomas ID# 645490



- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500
- ARTS**
- Alliance for the Arts 939-2787
- Arts For ACT Gallery & Studio 337-5050
- Art League Of Fort Myers 275-3970
- Barbara B. Mann Performing Arts Hall 481-4849
- BIG ARTS 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Cultural Park Theatre 772-5862
- Edison Festival of Light 334-2999
- Florida Repertory Theatre at the Arcade 332-4488
- Florida West Arts 948-4427
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony 489-1800
- Harmony Chorus, Charles Sutter, Pres 481-8059
- Naples Philharmonic 239-597-1111
- The Schoolhouse Theater 472-6862
- SW Florida Symphony 418-0996
- Theatre Conspiracy 936-3239
- Young Artists Awards 574-9321
- CLUBS & ORGANIZATIONS**
- Angel Flight 1-877-4AN-ANGEL
- Animal Refuge Center 731-3535
- American Business Women Association 357-6755
- Audubon of SWFL 339-8046
- Audubon Society 472-3156
- Caloosahatchee Chapter DAR 482-1366
- Caloosahatchee Folk Society 321-4620
- Cape Chorale Barbershop Chorus 1-855-425-3631
- Cape Coral Stamp Club 542-9153
- duPont Company Retirees 454-1083
- Edison Porcelain Artists 415-2484
- Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
- FM UDC Chapter 2614 - United Daughters of the Confederacy 728-3743
- Friendship Force Of SW FL 561-9164
- Garden Club of Cape Coral 239-257-2654
- Horticulture and Tea Society 472-8334
- Horticultural Society 472-6940
- Lee County Genealogical Society 549-9625
- Lee Trust for Historic Preservation 939-7278
- NARFE(National Active & Retired Federal Employees 482-6713
- Navy Seabees Veterans of America 731-1901
- Paradise Iowa Club of SWFL 667-1354
- Sons of Confederate Veterans 332-2408
- Southwest Florida Fencing Academy 939-1338
- Southwest Florida Music Association 561-2118
- Kiwanis Clubs:**
- Fort Myers Beach 765-4254 or 454-8090
- Fort Myers Edison 694-1056
- Fort Myers South 691-1405
- Gateway to the Islands 218-5768
- Iona-McGregor 482-0869
- Lions Clubs:**
- Fort Myers Beach 463-9738
- Fort Myers High Noon 466-4228
- Estero/South Fort Myers 898-1921
- Notre Dame Club of Lee County 768-0417
- POLO Club of Lee County 477-4906
- Rotary Club of Fort Myers 332-8158
- Sanibel-Captiva Orchid Society 472-6940
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour) 211 or 433-3900
- AREA ATTRACTIONS**
- Bailey-Matthews Shell Museum 395-2233
- Burrough's Home 337-9505
- Calusa Nature Center & Planetarium 275-3435
- Edison & Ford Winter Estates 334-3614
- Fort Myers Skate Park 321-7558
- Imaginarium Hands-On Museum & Aquarium 321-7420
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Koreshan State Historic Site 239-992-0311
- Langford Kingston Home 239-334-2550
- Ostego Bay Foundation Marine Science Center 765-8101
- Skatium 321-7510
- Southwest Florida Historical Society 939-4044
- Southwest Florida Museum of History 321-7430
- True Tours 945-0405

To be listed in calling card email your information to: press@riverweekly.com



BEACH CHAIR PASTIME

answers on page 25

Super Crossword TA-DA!

- ACROSS**
- 1 Laughing sound
 - 5 Friends, in French
 - 9 Black Sea port
 - 15 Tick away
 - 19 Univ. VIP
 - 20 Not yet finalized, in law
 - 21 Dorm-mate, e.g.
 - 22 Yam, for one
 - 23 Pulling a plug while at work?
 - 26 Airport for Air France
 - 27 "Old MacDonald" sequence
 - 28 Part of NYC
 - 29 Avoid booze
 - 31 Rough amt.
 - 32 Cal covering
 - 34 Water balloon battles?
 - 38 boredom (endure extreme tenium)
 - 40 Frazier's longtime foe
 - 42 Wa kiu neckwear
 - 43 "That's neither here — there"
 - 44 Unaffected by kiljoys?
 - 49 Strips (off)
 - 53 Vehicles like Santa's
 - 54 Rowing tool
 - 56 Jai (Ironton sport)
 - 57 Pul in words
 - 59 Avenues, Abbr.
 - 60 Ancient valley where female spouses lived?
 - 65 Brock haulers
 - 66 Part of a lull house
 - 68 "It — told you once"
 - 69 Symphony writer
 - 70 Bear, in León
 - 71 Dec de against divorce?
 - 75 Suffix with hero
 - 76 Ence
 - 78 Letter after sigma
 - 79 Legitimate
 - 80 Electrolysis atoms
 - 81 Basketballer
 - 85 Mr. in India
 - 86 Houston-to-Chicago dir
 - 87 TV's "How — You? Mother"
 - 88 Water, in Paris
 - 89 Heavy bases under statues
 - 92 Firma or cotta lead in
 - 94 Finish doing the dishes
 - 101 Hand-talking syst.
 - 103 Scot's cap
 - 104 Above, to bars
 - 105 Muscat citizen
 - 106 Circus beast
 - 112 Maple syrup source
 - 114 Fashionable
 - 115 Singer of the 1969 #1 hit "Dizzy"
 - 116 Conger, e.g.
 - 118 Utter impulsively
 - 120 "—, James!"
 - 121 Twenty cents in change?
 - 127 Straight arrow
 - 128 Barcelona's country, to its natives
 - 129 Small (be leery)
 - 130 Dialogue bt
 - 131 Pad for a bird
 - 132 Gold-medal gymnast
 - 133 Light hits
 - 134 Playwright
 - 135 William
 - 30 Like a rain forest's climate, Abbr.
 - 31 Byrnes who was "Kookie"
 - 33 New Jersey river
 - 35 Letters after 's'ays
 - 36 Bottom-line
 - 37 American spy org.
 - 39 Widows or Linux, briefly
 - 41 Goes by foot
 - 45 Answer
 - 46 Suffix: Prefix
 - 47 "— did not!"
 - 48 Final Hebrew letter
 - 50 Great joy
 - 51 Jack of fitness
 - 52 Kitchen strainers
 - 55 K ngly state
 - 57 "I goofed ... g whoop!"
 - 58 Prefix: e
 - 61 Mil. rank
 - 62 Movie format
 - 63 Dress up in
 - 64 Prefix with moun
 - 65 "Not so fast!"
 - 67 O to lowers
 - 71 Half of MIV
 - 72 Laughing sound
 - 73 Hunger for
 - 74 One's getting wages
 - 77 Snoring
 - 80 As a recap
 - 82 He's no gentleman
 - 83 Lady
 - 84 Beach lotion abbr.
 - 90 Observed
 - 91 Hallelu o o
 - 93 Pale-cooking
 - 95 Since Jan. 1
 - 96 Taproom
 - 97 Osinchi's kin
 - 98 Persian Gul country
 - 99 Linking up
 - 100 Pound sound
 - 102 Pantry
 - 106 Joel Coen's brother
 - 107 Unfettered
 - 108 Thompson and Watson
 - 109 Cacophony
 - 110 Entice
 - 111 Beatty of film
 - 113 Aids in crime
 - 117 Old Italian money
 - 119 Aply named citrus fruit
 - 122 Have a bite
 - 123 "That's — (Tknay)"
 - 124 East Indian flatbread
 - 125 Hiking aid
 - 126 By birth

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
19				20					21					22				
23			24				25							26				
	27					28					29			30				
31			32	33	34		35	36	37									
38		39		40	41		42					43						
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115											116		117		118		119	
120					121			122	123	124				125				126
127						128												
131							132											

King Crossword

ACROSS

- 1 Lustrous black
- 4 Corned beef concoction
- 8 Into the sunset
- 12 Unoriginal one
- 13 La Scala show-stopper
- 14 Related
- 15 Vitamin B-1 deficiency
- 17 Kind y bloke
- 18 Submit
- 19 Pi follower
- 21 Schedule abbr.
- 22 Moul n Rouge dance
- 26 Book of maps
- 29 Yank
- 30 Discoverer's cry
- 31 Seethe
- 32 Historic boy king
- 33 "Big Brother" host Julie
- 34 Census datum
- 35 Census datum
- 36 Ad for an upcoming broadcast
- 37 Chocolatey treat
- 39 -01(k)
- alternative
- 40 Pompous sort
- 41 Halo
- 45 Opposite of
- 48 Samoan port city
- 50 United nations
- 51 Stench
- 52 Under the weather
- 53 "Little Women" woman
- 54 Preschoolers
- 55 Causic solution
- 3 Gull's cousin
- 4 Customs
- 5 Gladiators' venue
- 6 Knightly address
- 7 Tonsorial task
- 8 Cart
- 9 out a living
- 10 Summon subject
- 11 Stick with a kick
- 16 Perfect
- 20 Crane
- 23 Silver salmon
- 24 Throat clearing sound
- 25 Tuboo act
- 26 Common
- 27 Takeout order
- 28 Property claim
- 29 Monkey suit
- 32 Sawbuck
- 33 Muscle woe
- 35 "Help!"
- 36 Rap sheet: data
- 38 Sheetload of cookies
- 39 Gold mold
- 42 \$50.00 "Monopoly"
- 43 Unattractive
- 44 Unwieldy
- 45 Record
- 46 Hearty brow
- 47 Taper
- 49 Big fuss

DOWN

- 1 Pokus
- 2 Duet tool

MAGIC MAZE • UNIONIZED

L M K I F D B Y S S T O L I P
 M I B P L A Y E R S E W U S Q
 T O M K I F R E E R D S S B Z
 N X W U S I H Q R E S N R O N
 E E L J P C H F O Y Y A E U D
 R C M M A A Y W B A E I T S N
 S V U E S R E Y A L K C I R B
 T S T Q R P N L L P C I R O K
 I H F E C I L O P A O S W T E
 C B Z Y W V F U S B J U R C Q
 S R E Y A L P L F N P M N A M

- Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.
- | | | | |
|-------------|-------------|-------------|----------|
| Actors | Laborers | NBA players | Teachers |
| Bricklayers | Miners | NFL players | Umpires |
| Firemen | MLB players | Nurses | Writers |
| Jockeys | Musicians | Police | |

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