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SANIBEL & CAPTIVA ISLANDS, FLORIDA

SEPTEMBER 4, 2015

SEPTEMBER SUNRISE/SUNSET: 4 7:09 • 7:46 5 7:10 • 7:45 6 7:10 • 7:44 7 7:10 • 7:43 8 7:11 • 7:42 9 7:11 • 7:41 10 7:12 • 7:40

'Ding' Days Photo Contest Deadline



Bill Fischer took second place last year with his cormorant photograph

Tuesday, September 15 marks the deadline for the 28th annual "Ding" Darling Days Amateur Nature Photography Contest.

The contest, sponsored by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), is held in conjunction with the 26th annual "Ding" Darling Days, returning from October 18 to 24.

Complete contest rules follow. For an entry form and other contest information, visit [continued on page 9](#)



Coastal Cleanup volunteers, from left, Diane and Payton Ziegler, Jaea Bobo, Ar-reyana Wortham and Yanixa Garcia, picking up debris at Lighthouse Beach in 2013

photo by Jeff Lysiak

Coastal Cleanup Is September 19

by Jeff Lysiak

On Saturday, September 19, the Sanibel-Captiva Conservation Foundation (SCCF) again invites island residents and visitors of all ages to participate in an international volunteer effort to rid our coastlines and waterways of marine litter, pollution and debris.

On that day, from 9 a.m. to noon, volunteers worldwide remove millions of pounds of [continued on page 4](#)

Chamber Congratulates Nominees

The Sanibel & Captiva Islands Chamber of Commerce wishes to congratulate its staff and volunteers for their many nominations at this year's E-Awards held Thursday at the Hyatt Regency Hotel in Estero. E-Awards recognize individuals and businesses throughout Lee County that impact guests to the area in positive ways. Being nominated is quite an honor and puts you in a group of extraordinary people. Once again, the visitor center staff made an exemplary showing with the following individuals being nominated by island guests: Mike Baldwin, Julianne Kirkpatrick, Anne Liese, Allen Myers, Orlene Shimberg, Barry Solomon and George Veillette.

In addition to the chamber volunteers, the following chamber business members were recognized for their professionalism, customer service and exceptional service to the tourism industry:

- Restaurant Honorable Mention, Russ Boorman, RC Otter's
- Restaurant Winner David Rashty, Pink Shell Beach Resort & Marina
- Honorable Mention, Whitney Blair, Royal Shell Vacations
- Good Samaritan Honorable Mention, Billy Kirkland, Billy's Rentals
- Good Samaritan - Winners: Capt. Skip Laney and Capt. Brian Holaway, Captiva Cruises

Attractions Honorable Mention, Dorothy Buchholz, Broadway Palm Dinner Theatre

- Attractions Winner, Bill Hammond, Endless Summer Charters
- Accommodations Honorable Mention, Dawn Jewell, Caribe Beach Resort
- Accommodations Winner, Bob Fodor, Beachview Cottages

"On behalf of the chamber and wonderful business community on Sanibel and Captiva Islands, I am pleased to wish all the nominees, finalists and winners for the exemplary customer service and, in some cases, life-saving efforts in making our islands a sought after and desired vacation destination," said Ric Base, president of The Sanibel [continued on page 6](#)



Boy and Father enjoy the new AWE Literacy workstation

Early Literacy Stations Debut At Sanibel Library

Something is new in the Children's Area at the Sanibel Public Library. With a partnership between Rotary Club of Sanibel-Captiva and the Joan Corey Hunt fund of the Sanibel Public Library Foundation, the library has added two AWE [continued on page 3](#)



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Landmark:

South Seas Plantation In The 1960s



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Sanfiva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane. This week's image is an aerial view of South Seas Plantation in the 1960's under the ownership if the Captiva Island Company, run by Wally Watts (an RCA executive) and Paul Stahlin (a Captiva resident). Many photos like this (that capture the unique and diverse history of Captiva) are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva. The gallery is open during regular library hours.

photo archives of the Captiva Island Historical Society



Early Literacy Station helps children learn to read in Spanish or English

From page 1

Literacy Stations

Early Literacy Stations. These bilingual computer workstations are loaded with more than 45 educational software titles for kids 2 to 10 years old.

The Early Literacy Stations (ELS) offer children a safe, standalone computer that is age-appropriate, engaging, and academically relevant for children. The ELS has a colorful keyboard, a headset and child-sized mouse to facilitate learning.

The Early Literacy Station's educational software covers seven curricular areas: reading, math, science, social studies, writing, arts and music, and reference. Children have the option to use the system in Spanish or English. The workstations have no Internet connection, so they are safe and secure.

From e-books to JumpStart and Dora The Explorer, there is something special available for every child's learning preference. The Early Literacy Station has an imaginative interface that encourages exploration. Many of the software programs contain disguised learning activi-

ties that expand the child's experience through games and extension activities.

Parents can also help children develop early literacy skills by bringing them to the library to play in the Early Literacy Corner, enjoy a story time, or to check out a book. The library's weekly youth program schedule is online at www.sanlib.org.

"The Early Literacy Stations are an invaluable resource for our toddlers to fifth grade students," said Youth Librarian Barbara Dunkle. "The kids are having fun, and many times they don't know they are learning!"

The library's original literacy workstations were installed in 2009 and were extremely popular with parents and children.

"They were used daily, the mouse and keyboard were well-loved, and the stations needed to be retired," Dunkle added.

The 2009 literacy stations were a pilot project supported by a grant from Sanibel-Captiva Rotary Club and the Joan Corey Hunt Fund of the Sanibel Public Library Foundation.

The Joan Hunt Cory children's fund was established in 2008 to honor long-time library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident. In the past 10 years, the Sanibel-Captiva Rotary Club has donated more than \$400,000 to benefit individuals and families locally, nationally, and internationally.

For more information about the Sanibel Public Library, call 472-2483 or visit www.sanlib.org.



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From page 1

Coastal Cleanup

coastal trash that can hurt local economies, injure and kill marine wildlife and choke the ocean environment. SCCF's partner in the Ocean Conservancy's 29th annual Coastal Cleanup is Keep Lee County Beautiful.

According to local event coordinator Dee Serage-Century, SCCF's Landscaping For Wildlife educator, every piece of garbage removed from our beaches – big or small – can make a difference.

"Just because it's small doesn't mean that it's not important," said Serage-Century. "Birds get caught in small clumps of monofilament line that washes up on our beaches."

The Keep Lee County Beautiful website notes that marine life can easily be entangled in fishing line, nets and six-pack rings. Fish, birds and turtles mistake trash like styrofoam, plastics and cigarette butts for food, which may eventually lead to starvation.

"Marine debris weakens coastal economies by sapping dollars from the tourism and seafood industries," the website explained. "Tourism in Lee County contributed \$2 billion to the regional economy last year, and we'd like to keep it that way."

Last year in Lee County, Coastal Cleanup volunteers – including more than 200 who participated on Sanibel, Captiva and the Causeway Islands – gathered 8,601 pounds of trash. Worldwide last year, more than 560,000 volunteers picked up 16 million pounds of refuse. Cigarettes and food rappers topped the list of debris found, with plastic bottles coming in third.

Friends, families, neighbors, co-workers and church groups are encouraged to come to the SCCF Nature Center, located at 3333 Sanibel-Captiva Road, on September 19 at 9 a.m. to check in and pick up their Coastal Cleanup data cards and trash bags. Participants are asked to bring their own water to reduce the use of plastic water bottles. Also, please bring your own work gloves to reduce the use of the plastic gloves that will be available.

"We're always looking for families to come out with their kids, who can get some community service hours for school," said Serage-Century. We've got a lot of groups who have already been assigned their cleanup locations, too."

Among this year's local participants who have already signed up are groups from Norris Home Furnishings, Noack & Company, Barrier Island Title Services, John R. Wood, VIP Realty, Pfeifer Realty, John Naumann & Associates, RE/MAX of the Islands, McCallion & McCallion and the Rotary Club of Sanibel-Captiva.

"Actually, you don't have to do your pick up between 9 a.m. and noon on the day of the Coastal Cleanup," added Serage-Century. "You can do it at low tide the night before when it's cooler or earlier in the morning on cleanup day. Then, you can come by later and have lunch with us."

Lunch and snacks on the SCCF Nature Center's porch will be available from 10 a.m. until noon as well as a dumpster to deposit collected trash. Participants should fill out their data cards and turn them in at SCCF.

If you have any questions, want to reserve your favorite "cleanup" spot, or get your data cards ahead of time, call SCCF's Dee-Serage-Century at 472-2329.✪

Songwriter Fest Kicks Off September 17

The second annual Island Hopper Songwriter Fest promises more talent, more free performances and more venues for music fans.

The line-up, which includes some of Nashville's biggest hit-makers, boasts more than 70 performers and 138 performances at 24 venues throughout the islands of Lee County.

The 10-day festival has added four headliners including Kristian Bush, who built his reputation as one half of the multi-platinum, Grammy-winning country duo Sugarland. Other talents include Parmalee, a country/rock group made famous by its No. 1 smash *Carolina* and single *Musta Had A Good Time*. Jana Kramer, a country singer and actress on *One Tree Hill*, will sing her smash single *Why Ya Wanna*. LOCASH, with songs such as *Keep in Mind* and *Best Seat in the House*, will also perform.

"Island Hopper is an exciting festival that showcases great talent and a great destination," said Tamara Pigott, executive director of the Lee County Visitor & Convention Bureau "It's a rare event that offers fans the chance to hear their favorite songs and meet the people who wrote them."

The festival kicks off September 17 with Kristian Bush in concert at South Seas Island Resort on Captiva Island. Downtown Fort Myers, which is new to the festival, will feature midweek performances. The festival closes the weekend of September 25 to 27 on Fort Myers Beach.

The event features mostly free performances, with the exception of \$15 tickets for Kristian Bush and Jana Kramer. Parmalee offers a free show, but tickets must be secured at the same link available to purchase tickets. All other shows do not need

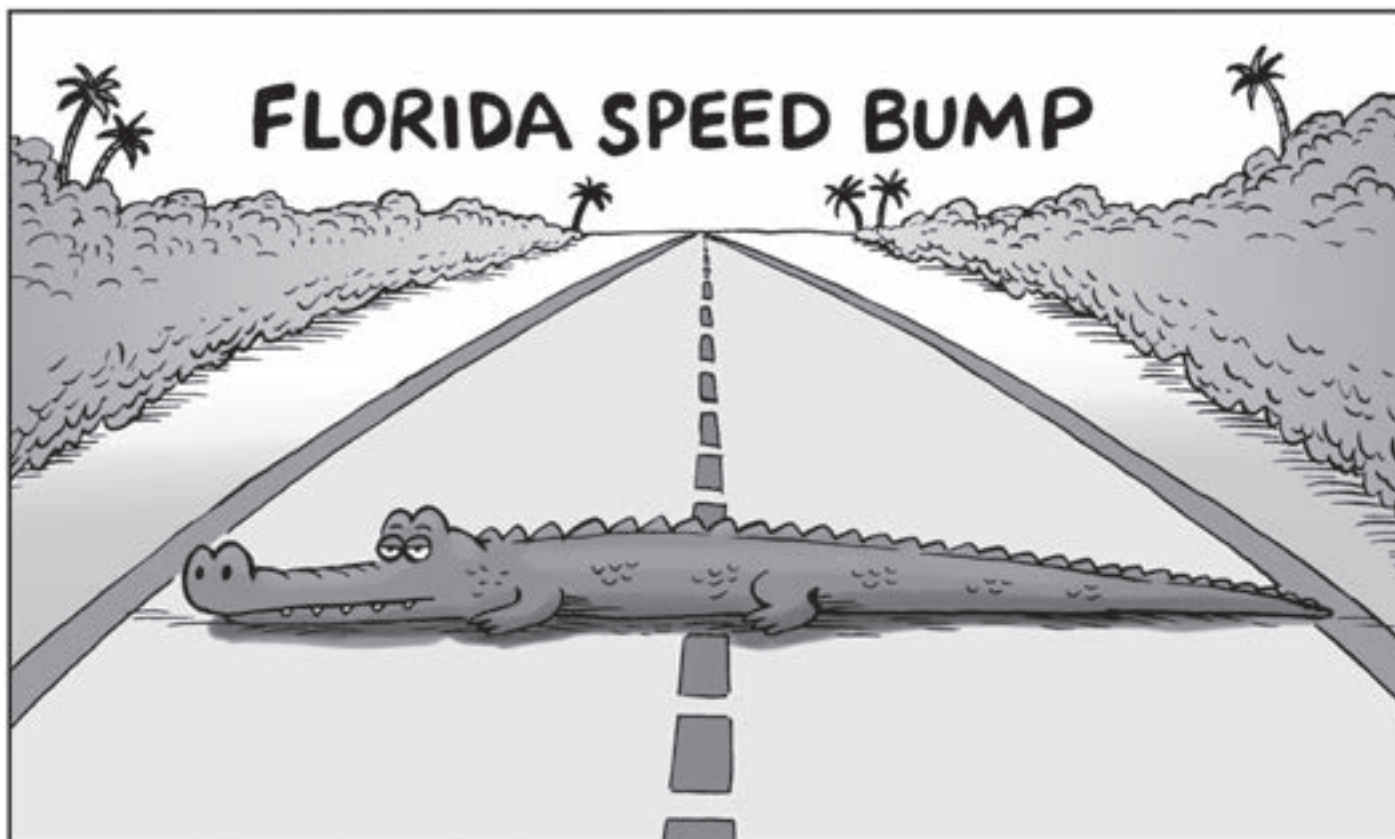
secured tickets – seats are on a first-come basis until the venue is full.

Island Hopper is presented by the Lee County Visitor & Convention Bureau, iHeartMedia, Cat Country 107.1 and BMI, the largest music rights organization in the U.S.

Visit www.islandhopperfest.com for more information, to book tickets and view the list of artists, performance schedules and venues. Special Island Hopper lodging packages are also available.✪



HORTOONS



Top Ten Books On The Island

1. *Lighthouse Point* by Lisa Poston Murphy
 2. *Big Little Lies* by Liane Moriarty
 3. *The Hound of the Sanibel Sunset Detective* by Ron Base
 4. *Heat Islands* by Randy Wayne White
 5. *Bone Deep* by Randy Wayne White
 6. *Skink No Surrender* by Carl Hiaasen
 7. *Station Eleven* by Emily St. John Mandel
 8. *Sanibel Flats* by Randy Wayne White
 9. *A Land Remembered* by Patrick D. Smith
 10. *The Evolution of Calpurnia Tate* by Jacqueline Kelly
- Courtesy of Sanibel Island Bookshop✪

Captiva Community Panel Meeting

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, September 8 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Presentation on a wetland fill permit at 13470 Palmflower Lane
- Presentation on mangrove regulation by the Florida DEP (tentative)
- Update on priority committees (tentative)
- A Captiva Erosion Prevention District update.
- A Captiva Fire District update.
- A Hurricane Preparedness and Response Committee update.
- Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be held on October 13. Information and background

documents are available online at www.captivacommunitypanel.com.✪

American Legion Post 123

On Sunday, September 6, American Legion Post 123 will host a potluck picnic. Call for more event details. The following Sunday, September 13, Post 123 will serve BBQ ribs and chicken.

Every Wednesday through September, Post 123 will host a ping pong tournament beginning at 5 p.m.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

Tuesday's special is soft shell or deep fried tacos all day.

Hump Day specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✪

Labor Day Schedule And Refuse Collection

Sanibel City Hall will be closed in observance of Labor Day on Monday, September 7, and will resume regular office hours on Tuesday, September 8.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services scheduled for the week of September 7, will be one day later in observance of Labor Day. Therefore, if your normal pick-up day is Monday, September 7, your waste will be picked up on Tuesday, September 8. The altered schedule will remain in place for the rest of the week. The normal waste collection schedule will resume on Monday, September 14.

The Sanibel Recreation Center and Center 4 Life will be closed in observance of Labor Day on Monday, September 7, and will resume regular office hours on Tuesday, September 8. If you have any questions, call the Recreation Center at 472-0345 or the Center 4 Life at 472-5743.✪



San Cap Motor Club Cruise-In At Periwinkle Place

San Cap Motor Club is hosting another cruise-in on Saturday, September 5 at Periwinkle Place Shopping Center. From 9 to 11 a.m., all are welcome to join in and share their enthusiasm of all modes of transportation. The event is casual with no pre-registration necessary.

The morning is entitled Cars & Coffee. "If you haven't had a chance to attend a cruise-in, you should plan to come to this one. The club has created new friendships along with a great morning outings for those who love all things regarding car," said one of the event's organizers, Mike Stone.

The first cruise-in was held last September and many individuals have since joined. The club now has more than 50 members.

For more information on joining the San Cap Motor Club, contact Mike Stone at 322-0044 or mike@sancapstone.com, or Scot Congress at 472-4177 or scot@scongress.com. Visit the website at www.sancapmotorclub.com check it out on Facebook at Facebook SanCap Motor Club.✪

LOOKING FOR BIOLOGICAL FATHER



Rachael "Wax" Taber and her biological father on Sanibel circa 1976

submitted by Rachael "Wax" Taber

I am looking for my biological father. I have a picture of us, taken on Sanibel Island in 1976. He owned a house there. I am hoping if I send this picture around, someone might recognize him and know his name.

I don't have any biological parents, don't need anything from him, as my adopted parents are amazing, but this is

continued on page 13

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Fish Caught



Rob and Mike Sneider with a 23-inch trout

Rob and Mike Sneider, visiting from Harrisburg, Pennsylvania, caught a 23-inch trout while on a Sea Reed Charter. They stayed at Shell Island Beach Club on Sanibel. ✨

Highlights From Community House Potluck

Recently, frozen confections from Pinocchio's Italian Ice Cream were so scrumptious that the foodies couldn't finish the four desserts that were made by owners Tom and Donna Puma. The Community House



Nancy Cleare, Dorothy Sawyer and Anne Bresslau enjoyed the array of over 50 dishes



Bob and Lynn Kern and Jim Brent take a breather while waiting for the ice cream extravaganza to begin

set up two food lines to accommodate all the appetizers, entrees and salads the capacity crowd brought. It was a fun evening for all. ✨



Lee Almas and Ralph Korn catch up



Bob Macchia moves up one of the food lines



Donna Puma addresses the crowd

From page 1

Chamber Congratulates Nominees

& Captiva Islands Chamber of Commerce.

The Francis P. Bailey, Jr. Visitor Center is located at the entrance to Sanibel Island and welcomes over 165,000 visitors each year. The Visitor Center is open 365 days a year and provides visitors with comprehensive information about things to do, places to visit, where to stay, shop or dine. The website, www.sanibel-captiva.org, provides nearly one million website referrals per year to chamber members. ✨



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Pandora's Box Too	Sanibel Sole
	Among The Flowers 🍷

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Retail Hours: 10 a.m. - 5 p.m. Daily | Restaurant Hours: Cafe's open 7:30 a.m. • Cheeburger opens 11 a.m.

SCCF Nesting Statistics

Out of 651 nests, only 192 are still incubating on our beaches (34 on the East End, 118 on the West End, and 40 on Captiva). A total of 291 nests have hatched and the rest were either lost or were 70 day digs.

SCCF Sea Turtle Nesting Stats (as of August 28):

Sanibel East: 118 nests, 298 false crawls
Sanibel West: 401 nests, 796 false crawls

Captiva: 132 nests, 227 false crawls
Total: 651 nests, 1321 false crawls
Please observe Lights Out For Sea Turtles!

*False crawl = a failed nesting attempt
If you have questions, or would like to know more about nesting stats on Sanibel, email seaturtle@sccf.org or call 472-2329. ✨

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Dorrie Hipschman, executive director of The Bailey-Matthews National Shell Museum, with attorney Janet Strickland during last year's Celebrity Island Dinner
photo by Jeff Lysiak

Tips Wanted

by Jeff Lysiak

With three weeks remaining until the Celebrity Island Dinner, the always fun fundraiser for The Bailey-Matthews National Shell Museum, the excitement for the one-of-a-kind evening of dining, dancing, karaoke and comedy is already heating up.

"Celebrity Island Dinner is unique because guests are as much a part of the

show as our celebrity waiters. Diners call the shots! And if tips are good enough, there's no telling what someone can get our celebrities to do," said Katie Ball, marketing and events manager for the shell museum. "It's one of my favorite events because everyone has a lot of fun, and the crazy antics by local celebrities really means a lot to us here at the museum."

A large part of the fun at Celebrity Island Dinner is having the waiters and waitresses – which includes some of the best-known "characters" on the islands – solicit tips for their service.

For instance, one of the new celebrity waiters this year, Dan Schuyler of Lily & Co. Jewelers, has promised that if he collects \$15,000 in tips for the shell museum, at the end of the evening, he will allow his head to be shaved.

"We at Lily & Co. Jewelers love to give back to our wonderful Sanibel and Captiva islands and have always taken great pride in working with The Bailey-Matthews National Shell Museum," said Schuyler. "I've had the great privilege and honor to be able to serve as a board member for three years and know how important it is to our islands."

Dorrie Hipschman, executive director of the shell museum, hopes that Schuyler succeeds in his lofty fund – and "fun" – raising goal.

"Dan is a great supporter of The Bailey-Matthews National Shell Museum," she added. "And the crazier the celebrity waiters get, the more I enjoy it!"

Another "rookie" celebrity waitress is Shelby Peters, president at Hillgate Marketing Services, who is eager to take part in the upcoming benefit.

"I've been selling seats at tables and telling them they will be in good hands and for a good cause," said Peters. "And, of course, it just makes total sense to tip 'Shell-bee' for the shell museum's 'Shell-ebriety' dinner."

In addition, this year's staff of celebrity waiters includes:

- Debi Almeida – owner and president, Sanibel Blue
- Ric Base – president, Sanibel & Captiva Islands Chamber of Commerce
- Mark Blust – VP of operations, Prawnbroker Restaurant Group
- Mary Bondurant – owner, Bondurant Realty
- Marvin "Rookie" Bradley – Rookie's Lawn Care and Bonny's Blooming Gardens

• Terry Igo – CEO, The Sanibel-Captiva Trust Company

• Holli Martin – office administrator, Heidrick & Co. Insurance

• Trent Peake, member services manager, Sanibel & Captiva Islands Chamber of Commerce

• Eric Pfeifer – Pfeifer Realty Group

At the dinner, you may run into a pirate or a mermaid, be served by a hippie or get serenaded by Elvis Presley, Bob Dylan or Barry Manilow. Almost anything can – and will – happen!

Celebrity Island Dinner will be held on Monday, September 28 from 5 to 9 p.m. at Traders Café and Store, 1551 Periwinkle Way on Sanibel. Tickets are \$60 each and are limited to 120 guests. Reservations are available by calling 395-2233 ext. 16 or online at shellmuseum.org.

Can't attend the dinner but still want to add a tip to the account of your favorite waiter or waitress? Visit <https://emuseum.shellmuseum.org/benefit.aspx> and make your donation to benefit the shell museum.*

Ruane Withdraws Commission Bid

by Jeff Lysiak

On Tuesday evening, Sanibel Mayor Kevin Ruane announced that he was withdrawing his candidacy for the Lee Board of County Commissioners, citing a serious health issue with a family member as the reason for suspending his campaign.

"Due to a recent serious health issue with a family member, I am unable to meet the obligations of the campaign at this time," wrote Ruane in a letter to his supporters. "I did not come to this decision lightly, but as many of you know my family is always my primary responsibility and will continue to be."

Ruane, who announced his candidacy for the Lee Board of County Commissioners seat in District 1 on June 4, plans on continuing his position as mayor of the City of Sanibel. He also confirmed that he will be returning all of the campaign contributions – approximately \$114,000 – donated towards his commission bid.

"My campaign for Lee County Commissioner has been an extraordinary experience," Ruane added. "We are so lucky to be able to live in such a wonderful community and the campaign has certainly confirmed that."

In the District 1 election, Ruane was set to face 16-year incumbent John Manning of Cape Coral. The Primary Election will be held on August 30, 2016 and the General Election is slated for November 8, 2016.*

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MEMORIAL SERVICE



MARY JEANNE MCAWARD

Friends and family of Mary Jeanne McAward are invited to a memorial celebration of her life to be held on Sunday, September 13 from 4 to 6 p.m. The gathering will be on the beach near the picnic tables at the second Sanibel Causeway, island west. In the event of rain, the service will be held at George & Wendy's Seafood Grille.✧



Last year's first place went to Matthew Boutelle from Fort Myers High School for his photo *Linesiders*

'Ding' Darling Photo Contest For High Schoolers

The 3rd annual "Ding" Darling-Theodore Cross High School Photography Contest kicks off on September 1, with a deadline of January 1, 2016. It invites high school students in Lee, Collier, Charlotte, Glades and Hendry counties to enter for prizes that include a Canon digital SLR camera package, chartered class trips to the refuge, and copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

Cross, who lived part-time on Sanibel Island and has family still living here, marched with Dr. Martin Luther King, Jr.; advised the Johnson and Nixon administrations on anti-poverty programs; wrote the influential book *Black Capital-*



Theodore Cross' coffee-table book of stunning bird portraits

ism, among others; played a prominent role in President Obama's election; and created Birders United, a birding website that ranked legislators according to their record of bird protection support.

Late in life, Cross decided to indulge his love for birds and photography and traveled the world to collect stunning portraits and stories to chronicle his adventures. He shot often at JN "Ding" Darling National Wildlife Refuge on Sanibel, and a number of the images in his book reflect his love for the refuge. Cross published *Waterbirds* in 2009 at age 85; he passed away shortly after that in February 2010.

NPR's *All Things Considered* called Cross' collection of 179 images and countless anecdotes "spectacular." The *New York Times* described it as "part visual encyclopedia, part memoir."

"The Theodore Cross Family Charitable Foundation has made possible this contest with a generous grant to the 'Ding' Darling Wildlife Society-Friends of the Refuge (DDWS)," said Birgie Miller, DDWS executive director. "We couldn't be more thrilled that they wanted their donation used in this way for a third year."

"We are so happy to be supporting a contest in my father's name, a contest that will get our youth involved with nature by looking at it - as my father so loved doing - through a camera lens," said daughter Amanda Cross.

Digital image entries can be shot from any outdoor venue in the state of Florida. A writing component to the contest requires entrants grades nine through 12 to submit a 100-word description of the "moment" captured and how it reflects

what nature and wildlife mean to the photographer.

Entry rules and guidelines are listed below. Guidelines and prize information are also posted at www.dingdarlingsociety.org/photo-contests. Call DDWS at 472-1100 ext. 233 for more information.

All entries and personal information must be submitted in digital format to the email address ddhsphotocontest@gmail.com. Submit your full name, high school, grade and an original photograph that you took of nature and/or wildlife in the open outdoors. Include a title for the photograph and a written description (minimum 100 words) of the "moment" captured and how it reflects what nature and wildlife mean to you. You and your entry must comply with the following requirements:

- High school students attending schools in Lee, Collier, Hendry, Glades and Charlotte (Florida) counties in grades nine through 12 may enter the contest.

- Only digital images are accepted and may be taken with any camera, including smartphones.

- Images must be submitted in JPEG format and must have a size of at least 2000 x 1500 pixels or resolution of 2 megabytes.

- The photograph must be taken of nature and/or wildlife in the open outdoors in the state of Florida, which may include parks, refuges, backyards and other open spaces.

- Panoramic photos are not allowed.

- Filters, cropping, enhancements and boarders are permitted. However, adding any elements not existing in the original scene will not be allowed. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines.

- Each participant may enter up to two photos but is eligible to win only one award.

- Judging will be anonymous. Please do not put your name or anything that will identify you on your photograph.

- There are three judges: A refuge staff person, a professional photographer, and a resident of the five-county region.

Judging criteria:

- Technical excellence (sharpness, lighting, composition, exposure)

- Creativity

- Explanation of photograph (minimum of 100 words)

All photos will become the property of the society. Photos may be used by the society in any way with appropriate credit.

After the images have been submitted electronically, they will be printed out for judging. The winners of the contest will have their images matted and displayed in the "Ding" Darling Visitor & Education Center.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.✧

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From page 1

'Ding' Photo Contest

www.dingdarlingsociety.org/photo-contests. Or contact DDWS at sarah@dingdarlingsociety.org or 472-1100 ext. 233.

Winners will be announced and awarded prizes at Conservation Art Day on Saturday, October 24, during "Ding" Darling Days.

Entries may be delivered in person to JN "Ding" Darling NWR or by mail to "Ding" Darling Wildlife Society (DDWS), One Wildlife Drive, Sanibel, FL 33957 (Attention: Sarah Lathrop).

- There is a \$25 per person entry fee that provides you with a membership to the Society and is used to defray the cost of the contest. One \$25 fee covers two entries per person.

- Only amateur (all ages) photographers are eligible to enter (may not possess a professional photographer tax identification number for the sale of photographs).

- Photos must be taken at JN "Ding" Darling NWR and have been taken within two years of entry date.

- Photos must be 8x10-inch (or full frame 8x12-inch) with an 11x14-inch mat. This will facilitate display in the Visitor Center. (Please, no hangers on the backs of photographs.) Frames are not permitted. Please submit a digital copy on a CD/DVD/Flash Drive. Each photo must be at least 2MB. The two photo entries can be copied onto the same CD/DVD/Flash Drive.

- Each person may enter up to two photos but is eligible to win only one award. One \$25 fee covers two entries per person.

- Photos that have won awards in previous "Ding" Darling Wildlife Society photo contests may not be resubmitted.

- Judging will be anonymous. Please do not put your name or anything that will identify you on your photograph.

- Judging criteria:

- 1) Technical excellence (sharpness, lighting, composition, exposure)
- 2) Originality/creativity
- 3) Interest
- 4) Ability to be reproduced for publication

- On digital photos, only limited image modifications are permitted. Minor manipulation should be used only to produce a more natural looking photograph. Cropping is allowed but adding any elements not existing in the original scene will not be allowed. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines.

- All photos will become the property of DDWS and will not be returned. There is no need to include a return envelope or postage. Photos may be used by DDWS in any way with appropriate credit.

- First, second, and third place winners and honorable mentions will be formally announced during the "Ding" Darling Day's weeklong celebration held in October. Cash prizes will be awarded.

- The refuge and Wildlife Society cannot be held responsible for loss or damage of photos.

- There are three judges: A refuge staff person, a professional photographer

and a member of the Sanibel community.

- Cash prizes are as follows: 1st Place – \$100; 2nd Place – \$50; 3rd Place – \$25.

DDWS sponsors "Ding" Darling Days with support from Tarpon Bay Explorers, the U.S. Fish & Wildlife Service, and other private and business partners. To become a friend of the refuge, visit www.dingdarlingsociety.org.

"Ding" Darling Days 2015 sponsors include: Roseate Spoonbill Sponsor – Doc Ford's Sanibel Rum Bar & Grille; Great Egret Sponsors – Wayne and Linda Boyd, George & Wendy's Seafood Grille; Great Blue Heron Sponsors – 97.7 Latino & Juan Radio, Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, *Island Sun*, Jensen's on the Gulf and Marina &

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As a non-profit 501(c)3 organization, DDWS works to support JN "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or director@dingdarlingsociety.org. ✨

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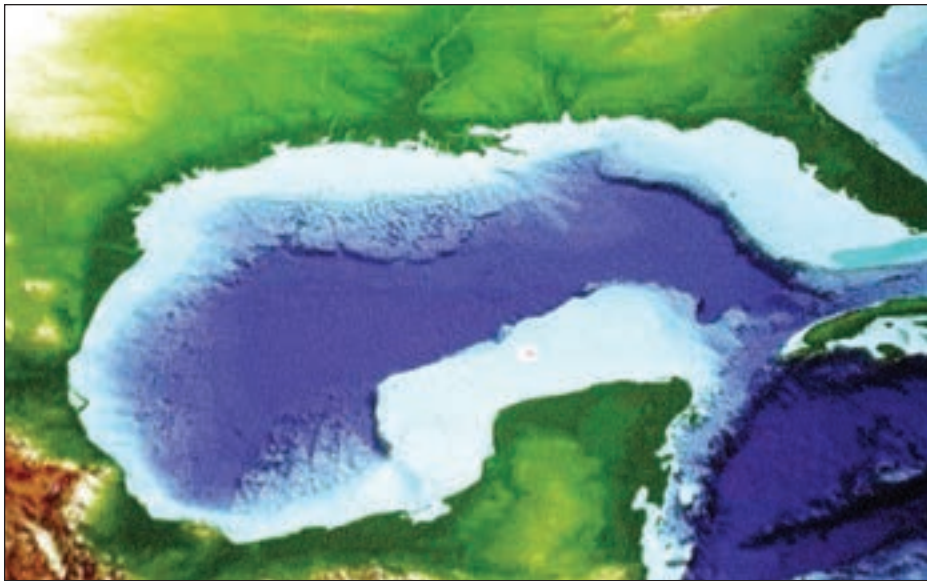


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Topographical map of the Gulf of Mexico shows the shallow waters off of the Sunshine State, known as the Florida Shelf photos by Jeff Lysiak

Education Director Discusses Tides, Currents

by Jeff Lysiak

Last week, the Sanibel-Captiva Conservation Foundation's (SCCF) program, Tides, Currents and The Florida Shelf, offered an explanation of both how and why our local islands are affected so dramatically by these forces of nature.

Hosted by SCCF's Education Director Kristie Anders, this hour-long presentation discussed how humans have been utilizing tides and currents for practical purposes for hundreds of years, how high tides and low tides impact the lives of creatures on the land and in the sea, and why the alignment of and distances between the sun, moon and earth causes dramatic changes in our tides.

According to the National Oceanic and Atmospheric Administration (NOAA), tides are very long-period

waves that move through the oceans in response to the forces exerted by the moon and sun. Tides originate in the oceans and progress toward the coastlines, where they appear as the regular rise and fall of the sea surface. When the highest part – or crest – of a wave reaches a particular location, high tide occurs; low tide corresponds to the lowest part of the wave, or its trough. The difference in height between the high tide and the low tide is called the tidal range.

"Birds concentrate their feeding times on the tides," said Anders. "Mudflat birds wait until low tides, which makes for a much more efficient feeding effort."

During her presentation, Anders displayed a series of photographs to illustrate this. For instance, bird species with taller legs may feed for longer periods of time than birds with shorter legs. Clams use jet propulsion to move into deeper waters, while oysters and barnacles (once attached) have their feeding habits affected by rising and falling tides.

In 1687, Sir Isaac Newton explained that ocean tides result from the gravitational attraction of the sun and moon on

the oceans of the earth. When the sun, moon and earth are in alignment (at the time of the new or full moon), the solar tide has an additive effect on the lunar tide, creating extra-high high tides as well as very low, low tides – both commonly called spring tides. One week later, when the sun and moon are at right angles to each other, the solar tide partially cancels out the lunar tide and produces moderate tides, known as neap tides.

A common misconception is that the earth comes closest to the sun (146 million kilometers) every year on or around January 3; it is farthest from the sun (150 kilometers) every year on or around July 4.

Anders also noted that typically during the month of February, an estimated 60 percent of all commercial trucks are transporting food across the United States. "Here in our back bay, tides are used to deliver food. It's a very effective food transportation system... much better than trucks."

Local wind and weather patterns, as well as the shape and depth of bays and estuaries, can also affect tides. Strong offshore winds can move water away from coastlines, exaggerating low tide exposures. Onshore winds may act to pile up water onto the shoreline, virtually eliminating low tide exposures.

Another graphic used by Anders illustrated how narrow openings into San Carlos Bay – including three locations along the Sanibel Causeway and a single spot at Redfish Pass – restrict water movement into and out of the bay. These greatly impact the amount of time it takes for local tides to rise and fall every day, along with the varying depths within our estuary.

"The wind can override the tides in the shallow local waters," she explained.

When used in association with water, the term "current" describes the motion of the water. This motion is caused by gravity. "Gravity is the product of distance plus mass," added Anders. "However, distance and gravity are never quite the same."

Oceanic currents are driven by several

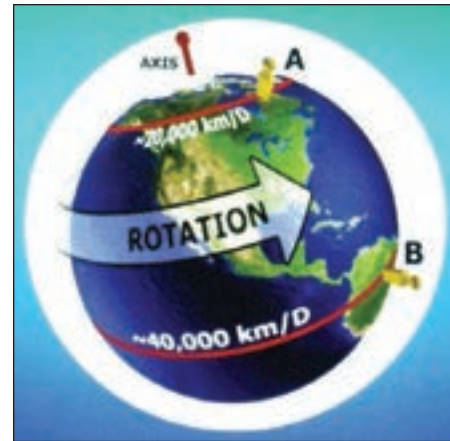


Illustration of earth's rotation, which impacts the tidal range

factors. One is the rise and fall of the tides, which is driven by the gravitational attraction of the sun and moon on earth's oceans. Tides create a current in the oceans, near the shore and in bays and estuaries along the coast. These are called "tidal currents." Tidal currents are the only type of currents that change in a very regular pattern and can be predicted for future dates.

A second factor that drives ocean currents is wind. Winds drive currents that are at or near the ocean's surface. Winds drive currents near coastal areas on a localized scale, and in the open ocean on a global scale.

In addition, Anders described why the loop current – which flows between Mexico and Cuba into the Gulf of Mexico – kept oil spilled during the Deepwater Horizon disaster in 2010 from flowing onto Florida's beaches.

One major misnomer that has lasted for generations, Anders explained, is that oil comes from water-based plankton rather than land-based plants, which creates coal. "So if anybody tells you that oil comes from a dinosaur, you can tell them they're wrong," she added.

The next presentation of Tides, Currents and The Florida Shelf will take place on Thursday, September 24 from 10 to 11 a.m. at the SCCF Nature Center, 3333 Sanibel Captiva Road.*



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Medicare Open Enrollment And Information Session

FISH of Sanibel-Captiva, Inc. invites interested participants to join the annual Medicare Open Enrollment information Session on Wednesday, September 9 from 10 to 11:30 a.m. at the FISH Walk-In Center, 2430 Periwinkle Way.

The session is designed to help take the mystery out of the Medicare Plan changes. A SHINE Outreach Specialist, in conjunction with Area Agency on Aging for SWFL, will present information on the open enrollment period and what you need to know about Medicare healthcare plans. Open enrollment starts on October 15 and ends on December 7. If you are a member of a Medicare Part D plan or a Medicare Advantage plan be on the lookout for your annual notice of change (ANOC). This document will tell you the changes that are coming to your current plan for 2016.

By attending the FISH sponsored workshop, participants can review plan changes while deciding on their Medicare coverage for 2016. No appointment is necessary, however pre-registration is recommended. All information is kept confidential.

For additional information on this valuable information session, contact Christine Swiersz, LCSW, or Jessi Zeigler, MSW, at FISH of SanCap at 472-4775.*

Coyote And Bear Tales At SCCF

On Wednesday, September 9, come to the SCCF Nature Center and learn about two newcomer species to the islands and how to live with them. Coyotes and a Florida black bear were documented on the island for the first time in the winter of 2011. The bear was

relocated to northern Florida. Coyotes can now be found on Sanibel, Captiva, Buck Key, North Captiva and Cayo Costa. Come and learn what SCCF is doing to reduce coyote predation on sea turtle nests this summer. The program is free to children and SCCF members or \$5 for adults and starts at 10 a.m.

Call SCCF at 472-2329 for more information on these programs. The SCCF Nature Center is located at 3333 Sanibel-Captiva Road.*

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Way at 5 p.m. A pot luck is held at a mem-
ber's home on the third Sunday of each
month. For more information call 433-4901
or email ryi39@aol.com.*

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OBITUARY



DARON LYNN SCHERR, MD

Daron Lynn Scherr, MD, 46, was
born on May 10, 1969 in Valley
City, North Dakota to Pius and
Delphine (Klose) Scherr. He was killed
in a motorcycle accident near his home
in Fort Myers on August 7, 2015.

Daron was baptized and confirmed
at St. Catherine's Church in Valley City.
He graduated from Valley City High
School in 1987. Daron obtained his BS
in biotechnology from NDSU in 1991.
He graduated from the University of Al-
abama in Birmingham Medical School
with his MD in 1995. While attending
medical school, he met and married
Susan Waller on July 24, 1993.

Daron and Susan made their home
in Falmouth, Maine where Daron
completed his residency and internship
in internal medicine at nearby Maine
Medical Hospital in Portland. They
moved to Idaho Falls, Idaho where Da-
ron became board certified in internal
medicine and began his practice of
medicine. He later became board certi-
fied in sleep medicine from Stanford's
School of Sleep Medicine in Palo Alto,
California and Southwest Cleveland
Sleep Center, Cleveland, Ohio. Daron
ran the Sleep Institute in Idaho Falls
and the Health and Wellness Center
in Pocatello. He was a diplomat of the
American Board of Sleep Medicine, the

American Board of Internal Medicine,
and a fellow of the American Academy
of Sleep Medicine. Daron was beloved
by both his patients and staff. He was a
talented physician and natural teacher
who truly believed in educating patients
so that they could be their own best
advocate.

To adequately put Daron's life into
words would be next to impossible. He
had a "larger than life" personality and
his energy and presence would fill any
room he entered. Daron loved adven-
ture; nothing was ever too high, too
fast, or too deep for him to pursue. He
was a private pilot, sailor, spelunker,
scuba diver, skydiver, climber, snow
skier, snowboarder, camper, avid cyclist
and runner.

Daron had a passion for living and
lived his life to the fullest every moment
of every day. He fiercely loved his fam-
ily, nuclear and extended. He gave of
himself to anyone who needed his help
or guidance. His sense of humor was
exceptional and his smile and laughter
were contagious. Daron did everything
with gusto: he gave amazing bear hugs,
whisker rubs and was known for his
playfulness, youthfulness and fun-loving
spirit. He couldn't toss his sons, nieces
or nephews high enough or be out
played. Daron celebrated life with feroc-
ity, fearlessness and – most of all – with
loving generosity.

Daron was inquisitive, yet matter of
fact. He did not sugarcoat his opinions
but had a direct and purposeful manner
of communicating and explaining things
to others. Daron was full of intense,
boundless energy. He was talkative and
yet, was a good listener and was accept-
ing of others. He would spend countless
hours exploring the world with his wife
and sons. He wanted to share in their
interests, hopes and dreams. He reveled
in their successes and accomplishments
as well as accompanied them in their
losses and disappointments. Daron was
fully engaged in life's journey.

Daron's loving spirit lives on: in his
wife, Susan; his sons Jacob, 16, and
Berringer, 14; his parents, Pius and
Delphine Scherr of Valley City, North
Dakota; his brothers Neil and his wife
Ann of Nelson, Minnesota; Lonney
and his wife Jodie of Valley City; his
nieces and nephews, Garret Scherr,
Valley City, Hunter; Allison and Lauren
Scherr, Nelson, Beau (Jess) Noeske, Las
Vegas, Nevada; Mattie Cruff, Michaela,
Grace and Gabriel ("Buddy") Scherr,
Valley City; Brianna Waller, Birming-
ham, Alabama; and Susan's parents,
Richard and Jan Waller, Huntsville,
Alabama and Sue O'Conner of Idaho
Falls.

A funeral mass celebrating Daron's
life was held on August 22 in Valley
City. Memorials may be sent to the
charitable organization Big Brothers
and Big Sisters, 545 Shoup Avenue,
Suite 341, Idaho Falls, ID 83402.

As per Daron's expressed wishes,
celebrations of his life will take place in
Idaho, Alabama and Florida in the com-
ing months.*

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OBITUARY



ROSEMARY HOPE ROBINSON

Rosemary Hope Robinson, 80, of Bonita Springs, passed away on August 27, 2015. Formerly of Simsbury, Connecticut, she moved to Florida in 1982, living in Sanibel, Fort Myers and, most recently, Bonita Springs. She was born September 16, 1934 in Bridgeport, Connecticut, the daughter of J. William and Mildred C. (née Donnelly) Hope.

Rosemary grew up in Fairfield,

Connecticut. She was a graduate of Unquowa School in Fairfield, Covenant of the Sacred Heart in Greenwich, Connecticut, and Marymount College in Tarrytown, New York. Her favorite summers were as a young mother spent on Fairfield Beach with her daughters, sisters, cousins, nieces and nephews. Her love of the beach brought her and her husband of 28 years, Leo, to Sanibel Island in 1982, where she was a real estate professional for 25 years.

Robinson is survived by her loving daughters, MaryLynn (David) Shepherd of Cuyahoga Falls, Ohio, Rosemary "Kim" (Michael) McDonnell of Burlington, Connecticut, Hope A. Zicari of Rochester, New York, Amy Sanislo of Bonita Springs; stepdaughter, Pamela Robinson of Kittery, Maine; her sister, Justine Hope Dunn of Trumbull, Connecticut; and seven cherished grandchildren, Alicia Hope, James "Chip", Chelsea, Katelyn, Scott, Geoffrey and Isabella Hope; and many nieces, nephews, cousins and dear friends.

She was preceded in death by her parents, her beloved husband, Leo F. Robinson, and her sister, Patricia Forbes.

There will be a private service at St. Isabel Catholic Church on Sanibel Island, Florida at a future date.

The family wishes to express their appreciation for the thoughts and prayers of so many friends at this difficult time.

Online condolences may be offered at www.shikanyfuneralhome.com.✽



The Bailey-Matthews National Shell Museum

Free Admission To Shell Museum

As part of the 2015 Blue Star Museum program, The Bailey-Matthews National Shell Museum is offering free admission through September 7, 2015 for active members of the military and up to five family members.

"Since Memorial Day, many military families have visited the shell museum and we hope to see many more during this last week of the Blue Star program," said Admissions Specialist Priya Lehr.

The Blue Star Program works in conjunction with the National Endowment for the Arts, which states on their website:

The free admission program is available to any bearer of a Geneva Convention common access card (CAC), a DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card, which includes active duty U.S. military – Army, Navy, Air Force, Marines, Coast Guard, as well as members of the National Guard and Reserve, U.S. Public Health Service Commissioned Corps, NOAA Commissioned Corps – and up to five family members. See more at online <http://arts.gov/national/blue-star-museums/frequently-asked-questions#sthash.vK1wOnMp.dpuf>.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., and noon to 4 p.m. on Labor Day, Monday, September 7.✽

From page 5

Biological Father Search

the only shot I have to find out where I come from.

Anything you can do to help me would be deeply appreciated.

The only information I know:

- He had a house on Sanibel Island.
- I called him "Dobee," which I think was a 2-year-old trying to say "Daddy."
- His first name might have been Stephen/Steven.
- He has probably passed away by now, but nonetheless, I will never stop looking.

To contact Rachael "Wax" Taber, send an email to askus@squirrelzillala.com.✽

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Jensen's Claims Unusual Attraction: World's Smallest Fishing Museum



John Jensen invites visitors to the Captiva Fishing Museum, the world's smallest fishing museum, at Jensen's Twin Palm Cottages & Marina

photos by Jeff Lysiak

by Jeff Lysiak

The islands have their fair share of must-see destinations, including the Sanibel Lighthouse, the JN "Ding" Darling National Wildlife Refuge, The Bailey-Matthews National Shell Museum, the Sanibel Historical Museum & Village, along with the beaches and other local landmarks.

But did you know that Captiva can claim to be the location of one of the area's most unique attractions?



The diminutive museum contains hundreds of fishing artifacts, photos and vintage memorabilia

According to a recent story that's been making the rounds on the Internet, entitled 14 Surprising Facts About Fort Myers & Sanibel, Captiva is home to the world's smallest fishing museum.

"Stop by Jensen's Marina for a visit to John Jensen and his siblings, David and Jimmy, and get a glance at their gathering of antique rods and reels from the territory, photographs of renowned people who wanted to fish there, and gear that incorporates baseball legend Ted Williams' fishing supply container," the story reads. "A while later, stride outside for a gander at the manatees who like to hang out at the marina."

Located next to the Jensen's Marina office and store in a tiny - approximately six feet wide and seven feet deep - space with entrances on two sides, the museum was constructed five years ago.

Last week, John Jensen recalled a chance encounter which ultimately led to adding

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A photograph and signed check from John F. Kennedy, Jr., pictured with John Jensen



Photographs of Ted Williams fishing, along with several of his rods and reels



The Captiva Fishing Museum's Wall of Fame

the fishing museum to their family business. While on vacation in Michigan, Jensen met Tom Poynter, whom he discovered spent the winter months in Fort Myers with his family. Several years later, after Poynter joined the Jensen's Marina staff, it was suggested that adding an "unusual" attraction to the property might draw some visitors.

"We had some space available here and we wanted to do something with it," said Jensen. "Of course, it had to do something with fishing."

Drawing from their own collection of vintage angling gear and a few newly-purchased pieces, Jensen's Marina opened their own fishing museum adjacent to the water's edge, where tourists and cottage guests often gather to observe manatees, welcome back returning fishing charters and chat around the tables, benches and chickee huts.

Included in the diminutive museum, which requires no admission fee, is an impressive assortment of fishing rods, reels and lures, a three-dimensional map of regional waters, a history of big game fishing in the area, a video presentation featuring Captain Bob Sabatino talking about his experiences as an angler, a collection of the famous (and not-so-famous) people who have stayed at Jensen's or fished the waters of Captiva as well as other vintage souvenirs and relics.

But far and away, the most impressive items amongst the collection are several unique pieces which were once owned by baseball legend Ted Williams, including his fishing tackle box.

"We bought a number of his personal items which were auctioned off by Williams' daughter," said Jensen. "Everybody at the auction wanted to get his baseball stuff, but we were focused on his fishing gear."

Several of Williams' fishing poles, signed personal checks and an autographed photo of "Teddy Ballgame" are also included in the display. Jensen also noted that Williams is the only person in history to be a member of the baseball, fishing and military hall of fame.

Long-time supporters of America's veterans, Jensen's museum also features signed

photos of some military personnel who have stayed there, including a number of recent visitors who came to Southwest Florida via Operation Open Arms.

Other notable personalities on the walls of the museum are framed photographs of celebrities including Kevin Nealon, Emmylou Harris, Rob Lowe, Ted Turner, Leon Redbone, Christopher Walken, Annie Leibovitz, Kevin Costner and John F. Kennedy, Jr.

Jensen shared a personal encounter with the late son of President John F. Kennedy, who rented a boat from the marina back in 1990.

"He rented a boat to go out with his girlfriend," Jensen recalled. "It was a really windy day, and after they got back, he stopped by the office. We had the New York Knicks and Los Angeles Lakers game on the TV, and since he was a big Knicks fan, he stayed for about half an hour watching the game with us. He was really cool... a quiet, normal guy."

Visit the world's smallest fishing museum at Jensen's Twin Palm Cottages & Marina, located at 15107 Captiva Drive. For hours of additional information, call 472-5800.*

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Pippa Valenti admires the giant, upside-down seagrass forest created by Sanibel Sea School campers for their parents.

Seahorse Week At Sanibel Sea School

submitted by Leab Biery

Thousands of seahorses make their home in Sanibel's vast seagrass forests, but they are so well camouflaged that we rarely see them. During Seahorse Week at Sanibel Sea School, we set out in search of these unusual fish and learned about some of their remarkable habits.

In most animal species, the female is responsible for carrying eggs and giving birth to offspring, but it's the seahorse dad who carries the fertilized eggs after a female delivers them to his brood pouch. To better understand the male seahorse's parenting challenges, campers ran through a seagrass forest obstacle course while trying not to lose or break any of their eggs.

"That was impossible," said camper Nico Palanzi, "I dropped my eggs everywhere!"

We also snorkeled and seined near the causeway, where we found plenty of live



A tiny seahorse found near the causeway islands.

seahorses to examine up close, went on a seahorse scavenger hunt, and turned our classroom into a giant, upside-down seagrass bed. Parents were invited to "snorkel" through our artwork on Friday morning.

As usual, we surfed, tied macramé bracelets and had a Friday afternoon cookout. It was the last week of camp for many of our campers, who are heading back to school. We wish them all a wonderful school year!

Sanibel Sea School is a 501(c)(3) non-profit organization whose mission is to improve the ocean's future, one person at a time. To learn more, visit www.sanibelseaschool.org.

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Snook Season Now Open



by Capt. Matt Mitchell

If you fish, you probably know that September 1 marks the opening of snook season for the west coast of Florida. With good numbers of snook of all sizes spread out from the beaches all the way

to the back country, catching a snook has been relatively simple... although catching one in the five-inch legal slot size always proves much tougher. Landing the first slot-sized snook of season is a thrill with the only thing that makes it better for many anglers is being able to release it unharmed, watching it swim off to fight another day. Either way, if you choose to harvest or release a legal-sized snook, the population can support it.

A real plus for local snook anglers this

year is that opening day of season does not fall on Labor Day like it did last year. Traffic will be pretty quiet out on the water for the opener as it not only does it fall on a Tuesday, but Tropical Storm Erika was forecast to slide by us Monday into Tuesday, bringing lots of rain. With good tide movement and a falling barometer, we should have good snook action on opening day. No matter how old I get and how long I fish our waters, there is still something memorable about that first keeper snook of season, though now it's more about getting the client that first legal fish of season, which still brings that same excitement as if I had caught it myself.

Some diehard snook anglers will be set up fishing from the bridges, piers and passes by midnight on September 1. Heavy gear and big baits are the usual for this type of late night fast water snook fishing. Others with lighter tackle will be on the shorelines in these same areas, generally throwing plugs and jigs along the shadow lines and rips around the structure. Dock lights are also another popular place to be on opening night. Big snook fishing is often nocturnal pastime, and many of the best at it are extremely secretive to say the least.



Brooke Ferrara from Daytona Beach with her 34-inch snook caught and released while fishing with Capt. Matt Mitchell this week

The older I get, the more of a daytime snook fisherman I have become, with live shiners and spinning tackle being my usual method of choice. No other bite in fishing compares though to the earthquake-like thump you feel while fishing in the pitch black of night while holding a 18-inch-plus live ladyfish straight down a bridge piling. When a snook inhales your ladyfish on a 100-pound test tackle, if you can't get its wildly shaking head out of the water in the first few seconds, this battle will be over as quickly as it started. This is brute strength,

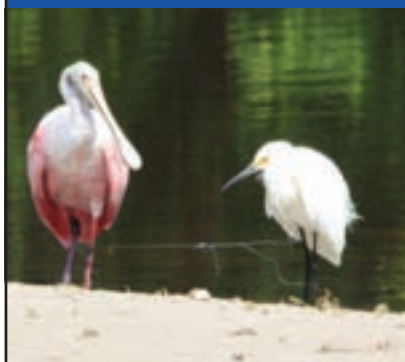
close quarters, one-on-one fishing. When I think back to many of the late night hours spent on docks and piers during my youth, it's more the memory of the crazy adrenaline rush when that big snook is hooked than it was the size of the snook that was caught that comes to mind.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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CROW Case Of The Week:

Curious Brown Pelican

by Patricia Molloy



One of the most beloved seabirds in North America is the brown pelican (*Pelecanus occidentalis*). These comically graceful avians waddle awkwardly on land, yet fly and dive with unparalleled grace. They have long bills with expandable pouches that can hold more than their bellies can. And their

dark, probing eyes convey a curiosity and intellect.

A brown pelican (patient #15-2354) was recently admitted to CROW after being found down and depressed. "He came in with some hook wounds," explained Dr. Allison Daugherty, DVM intern. The bird was anesthetized so that the multiple wounds could be thoroughly cleaned and debrided. Bandages were placed on both wings.

"I couldn't find much scabbing on his left flank. I really think he'd be OK to go outside pretty soon, but I think he's not eating on his own yet. Hopefully he will once he's outside," said Dr. Molly. In addition to being force-fed nutrient-rich food, the pelican is receiving iron supplements and subcutaneous (under the skin) fluids.

CROW is in the precarious position of treating infirm wildlife while limiting human contact as much as possible. This is to ensure that the patients do not become accustomed to people so that they can successfully survive upon return to their natural habitats. Staff, students and volunteers undergo extensive training to ensure that proper procedure is followed at all times. These rules that are meant to minimize the stress of captivity for its wild patients, however, some

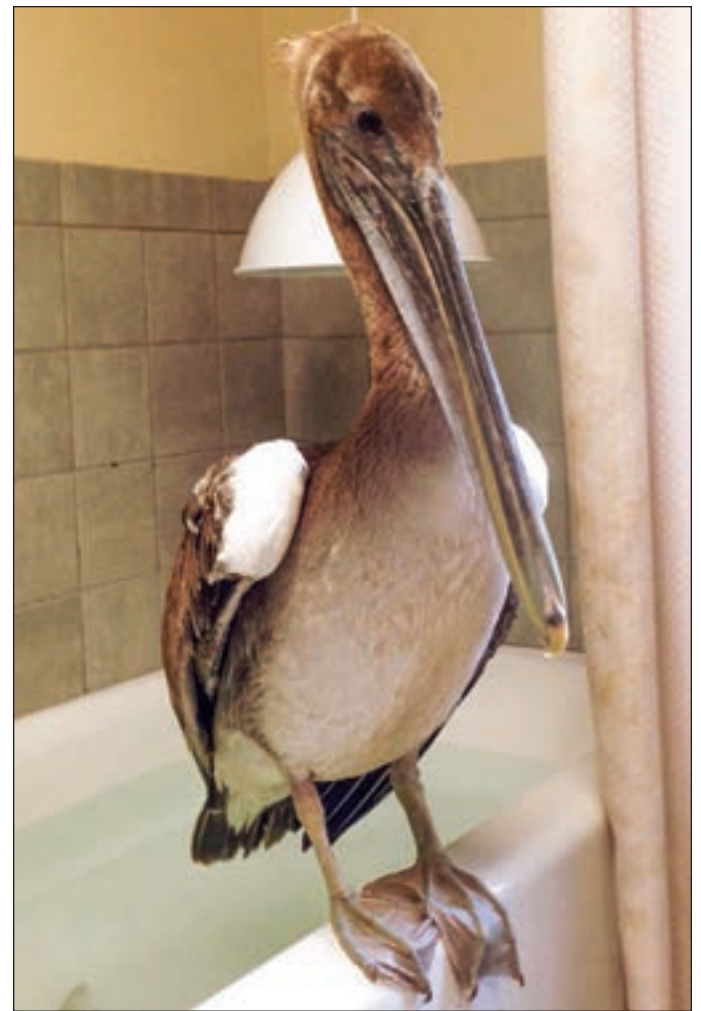
patients are more curious than stressed.

As pelicans are seabirds, CROW's staff ensured that he had daily "tub time." In addition to being good physical therapy, it allows them to monitor the bird's strength and stamina at a safe distance without causing undue stress. During a recent tub time session, two students took the opportunity to thoroughly clean the pelican's cage. No sooner had they turned their backs to tidy-up, they heard a splash, followed by a soft "kerthunk." They turned around to find that the curious pelican had hopped from the water onto the edge of the tub in order to obtain a better view of their activities. The pelican was quickly and gently encouraged to return to the water, then the curtain was drawn to give the students – and the patient – a bit of privacy. It was a comical reminder even the best-laid protocols can be foiled by the unpredictable behavior – and curious nature – of the clinic's wildlife patients.

As Drs. Allison and Molly explained, the patient will soon be moved to the pelican complex, a secluded outdoor enclosure with a large pool surrounded by plenty of sand. It will continue to be fed nutrient-rich food each day, and its progress will be evaluated and documented. Thanks to the excellent care it is receiving at CROW, the brown pelican is well on its way to full recovery.

The patients at CROW do not have health insurance. If you would like to help with the cost of care for this brown pelican, go to www.crowclinic.org and make a donation toward patient #15-2354.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



The curious pelican took a break from "tub time" to quietly observe the two students who were cleaning its cage



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Captiva Cruises Offers Sunsest Cruise With Wynn Varbel And Kendal Marvel

Join Captiva Cruises for a sunset cruise with songwriters Wynn Varbel and Kendal Marvel next month during the 2nd annual Island Hopper Songwriter Fest, presented by BMI, iHeartMedia, Cat County 107.1 and The Beaches of Fort Myers & Sanibel.

Varbel and Marvel will perform against a beautiful Gulf of Mexico sunset aboard Captiva Cruises flagship vessel, the *Lady Chadwick*, on Sunday, September 20 from 6 to 8 p.m. The boat features an air conditioned main cabin, open air upper deck and full service cocktail bar. The evening offers guests a unique opportunity to experience the voices, back stories and personalities of the songwriters in an intimate setting.

Marvel began his musical career in Nashville. His first top five hit was *Right Where I Need To Be*, performed by Gary Allen. Other hits include Jake Owens' *Starting With Me*, Yee Haw and *Don't Think I Can't Love You*. He also wrote *Tougher Than Nails*, performed by Joe Diffe, and *Twang*, performed by George Strait. Marvel also had songs cut by Lee Ann Womack, Trace Adkins, Blake Shelton, Josh Turner, Jamey Johnson and Josh Thompson.

Varbel is also a hit maker. Two of his No. 1 songs – *Have You Forgotten* and *Waitin' On A Woman* – were nominated for Song of the Year by the County Music Association. His most recent No. 1 song, *I'm A Little More Country*, was nominated by the Academy of Country Music for Song of the Year. Varbel's songs have been performed by artists including Easton Corbin, Garth Brooks, Lee Ann Womack, Brad



Kendal Marvel

Paisley, Darryl Worley, Kellie Pickler and Montgomery Gentry.

Advance reservations are required by calling Captiva Cruises at 472-5300. Adult tickets cost \$45 while children (12 and under) are \$35. A 10 percent discount is available for those staying in a Lee County accommodation during the Island Hopper Songwriter Fest. The offer is good by mentioning discount at time of reservation. Proof of reservation must be shown upon check-in.

The 10-day festival kicks off on Thursday, September 17 on Captiva Island. The festival continues in downtown Fort Myers and closes on Sunday, September 27 on Fort Myers Beach.

For more information, call 472-5300 or visit www.captivacruz.com.*



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Shell Of The Week

Bruised Nassa



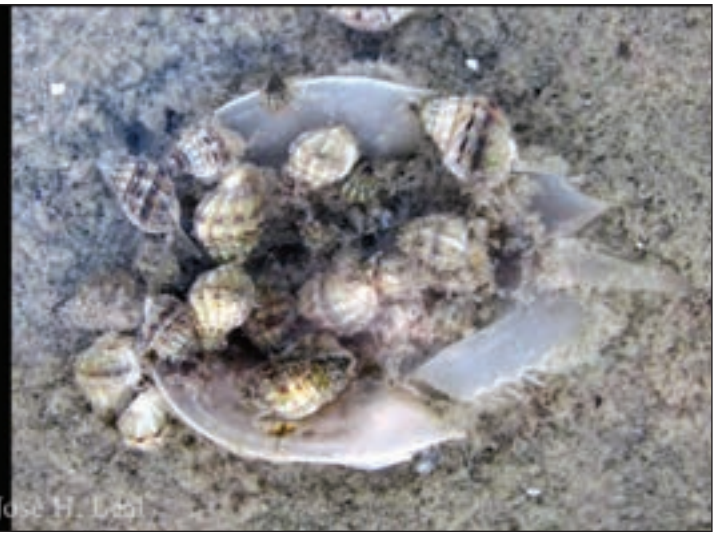
by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The bruised nassa, *Nassarius vibex* (Say, 1822), is a denizen of the mud flats and back

bays of Southwest Florida and other areas of the tropical western Atlantic. Its shell, measuring about 0.5 inch, is extremely variable, but typical of the species is the relatively broad shield that surrounds the shell opening, or aperture. Bruised nassa are scavengers, feeding on the decaying corpses of other marine animals, including fish, horseshoe crabs, crabs and other crustaceans, to name just a few. The photo on the right was taken during one of the low-tide walks led by me on Bunche Beach in Fort Myers; it shows a group of bruised nassa feeding on the remains of a horseshoe crab carapace. Learn more about the bruised nassa at <http://shellmuseum.org/shells/southwest-florida-shells/nassarius-vibex>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our



The bruised nassa, *Nassarius vibex* (Say, 1822). On the right, a group of bruised nassa feeding on a dead horseshoe crab.

photos by José H. Leal

marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off Shell Museum admission. (Current Island Inn guests please book through the Inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks

Monday at 1:30 p.m.: Carolyn's

Collection – A fun and entertaining look at gem-quality shells. (Please check shellmuseum.org to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30 p.m.: Midday Tank Talk at the museum live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells

– Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO Celebrity Island Dinner Fundraiser, Monday, September 28 5 p.m. at Traders Café. Cost of \$60 per person includes a three-course gourmet dinner, beer and wine during dinner and epic karaoke fun. Advance booking required. Book online at shellmuseum.org or by calling 395-2233, ext 16.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

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Plant Smart

Volunteers, Friends Or Foes?

by Gerri Reaves

The appearance of a volunteer in the landscape calls for a decision. Let it be, or get rid of it?

Sometimes the decision to eliminate a plant is easy – if it's listed as a category-1 invasive species, for example. Such plants have caused "documented ecological damage," according to the Florida Exotic Pest Plant Council.

So there's no reason to spare a carotwood (*Cupaniopsis anacardioides*), Brazilian pepper (*Schinus terebinthifolia*), or umbrella tree (*Schefflera actinophylla*) if you spot one in your yard.

The umbrella tree growing just below the crown of the cabbage palm (*Sabal palmetto*) threatens the native tree. The invader will send down aerial roots to establish a ground base and could eventually envelope and out-compete the host tree.

A more pleasant scenario is when plants sprout in very unlikely spots where



An invasive umbrella tree has taken up residence below the crown of a native cabbage palm photos by Gerri Reaves

they can do no harm. It's worth leaving them alone out of sheer curiosity and respect for the seedling's resourcefulness.

Seeds end up in wall crevices, on roofs or in other unlikely places by being



Scarlet milkweed, a nectar and host plant for butterflies, is a welcome interloper

deposited in bird droppings, by wind or water, and other means.

Florida's state tree is one such master self-propagator, an admirable or damning characteristic, depending on the gardener's point of view.

Witness the palm growing in the crack of a seawall. How did it get there – wave action or a particularly acrobatic bird?

But even a desirable species might have to be eliminated because of property or safety concerns. Vines can ruin house paint, and roots seeking purchase can create or enlarge wall crevices.

Volunteers such as the scarlet milk-



This cabbage palm growing in a seawall is a picture of tenacity

weed (*Asclepias curassavica*) pictured growing in a juniper and silver buttonwood hedge, are absolute gifts. Although this species is not a native, it is extremely Florida friendly and low-maintenance, not to mention beautiful.

It is a host plant for the monarch and the queen butterflies and a food source for a variety of nectar-sipping insects and hummingbirds. With monarch butterfly populations plummeting, the appearance of any species of milkweed should be something to celebrate.

Just be sure to guard milkweed against all lawn chemicals and tolerate those chomping caterpillars that turn into gorgeous butterflies.

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Sanibel-Captiva Art League

Art League Library Exhibit



Sylvia Kasparie



Stan Timson

at 472-2483 or log on to www.sanlib.org for information and upcoming events. For more information about the Art League's seasonal schedule such as weekly Paint-Outs and Portrait Workshops, Clothesline Sale, exhibits and monthly meetings, visit www.sancapart.com or write to San-Cap Art League, P.O. Box 1192, Sanibel, FL 33957.*



Terry Shattuck



Jim Storer



Kathy Taylor

The Sanibel-Captiva Art League invites residents and visitors to see the members' paintings on view through September at the Sanibel Public Library, 770 Dunlop Road, during regular library hours. Call the library



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Famed Dodgers Broadcaster Vince Scully Will Return Next Season For His 67th Season



by Ed Frank

Here in the land of retirees – many of whom retired decades ago – can you imagine working into your late 80's and then, maybe for just the first time, you begin thinking about hanging it up?

A few weeks ago, we wrote about 82-year-old Max Schumacher, president and chairman of the Indianapolis Indians baseball team, who has worked full time for this team for 59 consecutive years.

And then last week, Vince Scully, the famous 87-year-old announcer for the Los Angeles Dodgers, said he would be back next year as the voice of the Dodgers for his 67th year.

Maybe its baseball that provides the fountain of youth.

The ageless Scully, who will turn 88 in November, began with the Dodgers in 1950 when they were the Brooklyn Dodgers. His 66 seasons are the longest tenure any broadcaster has been with a single team in professional sports history.

In his announcement about returning for the 2016 season, the personable Scully said it would be the last one.

"I do feel in my bones that will be enough, for sure. I'm sure the people say that will be enough too," he said during a press conference.

There has been a litany of great sports casters through the years, but any list would have to include Scully at the top.

His love of the "Dodger Blue" was evident in 1964 (the Dodgers had moved from Brooklyn to Los Angeles in 1958) when the New York Yankees offered Scully the opportunity to succeed Mel Allen as their lead play-by-play announcer.

He chose to remain with the Dodgers and his popularity in the Los Angeles area became such that in 1976 Dodger fans voted him "the most memorable personality" in the history of the franchise.

We should point out that there is one other Dodger with a longer tenure than Scully's – the iconic former player, manager and executive Tommy Lasorda. But it's only one year longer than Scully's 66 years.

Scully's broadcasting resume is not limited to baseball as he also has worked football and golf for both NBC and CBS.

continued on page 41



Pete Bender, 10K committee member; Brandi Howell, Stroemer & Co., Nancy Bender, 10K committee co-chair; Kelly Fraser, Stroemer & Co.; Dean Howell; Ed Ridlehoover, 10K committee co-chair; and Jack Alexander, Stroemer & Co.

Stroemer Joins FISH As Silver Sponsor

Stroemer and Co. has joined the 7th annual 10K Race 4 FISH as a Silver Sponsor. The certified public accounting firm says the popular race is a fantastic opportunity to show its support for the non-profit organization dedicated to helping those in need.

"Why wouldn't we support FISH in its mission," said Jack Alexander, Stroemer & Co. audit manager. "Events, such as the 10K race, help provide the neces-

sary funds to serve the various needs of residents here on Sanibel. It's wonderful to once again be a part of the race."

"We genuinely appreciate Stroemer and Company for its support of the 10K race, and in turn, the programs it helps provide for those who need it most in our community," said Ed Ridlehoover, 10K committee co-chair.

FISH relies on community support to fund all programs and accepts unopened, unexpired food items which are delivered directly to island families in need. 100 percent of all contributions are used by FISH to support its mission. FISH of San-Cap is a United Way house and an equal opportunity provider.*

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Blue Crab Salad with Avocado

- 1/3 cup red onion, finely chopped
- 3 tablespoons mayonnaise
- 2 tablespoons fresh cilantro, finely chopped
- 3 teaspoons fresh squeezed lime juice
- 1/2 teaspoon ground cumin
- 1/2 teaspoon lime zest
- 8 ounces jumbo lump blue crabmeat, picked over for shells
- 1 large ripe avocado, halved, pitted and peeled

Mix together red onion, mayonnaise, cilantro, lime juice, cumin and lime zest in medium sized mixing bowl. Gently mix in crabmeat. Season salad with salt and pepper. Drizzle avocado halves with remaining 1 teaspoon lime juice to prevent discoloration and season with salt and pepper. Arrange avocado halves, cut side up, on plates. Fill tops of avocado with crab salad. Garnish salad with lime wedges.

Yield: 2 servings.

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Tower Gallery artist Eileen Walden Johnson with paintings from her exhibit at Bank of the Islands

Bank Unveils Art Exhibition

Bank of the Islands is displaying new artwork as part of its continuing series of lobby exhibits showcasing local artists. The recently created art program is presented in association with Tower Gallery, Lee County's oldest art collec-

tive.

The fifth artist to be featured in the series is Eileen Walden Johnson. Her paintings will be on display in the bank's Sanibel office during banking hours through September 15.

"We love bringing Eileen's paintings to the attention of our customers and island neighbors," said Bank of the Islands Sanibel-Captiva office manager Willy Ocasio. "Sharing her dynamic artwork is a great way to show how much we appreciate being your island bank."

Grounded in traditional landscape painting, the bold colors and freedom of movement in Johnson's work echoes the shapes and colors she observes in her surroundings.

Bank of the Islands is located at 1699 Periwinkle Way, at the corner of Casa Ybel Road, on Sanibel.

Tower Gallery is an artists' cooperative consisting of 23 artists working in various media. Located at 751 Tarpon Bay Road on Sanibel, the gallery is open seven days a week from 10 a.m. to 9 p.m. For more information, call 472-4557.*

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DeHaan-Garland Named Top Ten Business Woman

Gayle DeHaan-Garland of Fort Myers has been named a recipient of the American Business Women's Association 2016 Top Ten Business Women of ABWA honor. This is a national recognition given to a select few of the thousands of ABWA members. As a leading organization for working women, the American Business Women's Association takes recognition to a national level with the prestigious Top Ten Business Women of ABWA program.

The Top Ten is the highest honor



Gayle DeHaan-Garland

awarded to a member in ABWA. These women are applauded for their career accomplishments, community involvement, and of course, their contribution to ABWA. The Top Ten represent the best of the Association. This year, of the 10 women honored nationally, three of them hail from Florida.

DeHaan-Garland is a member of ABWA's Sanibel Captiva Charter

Chapter, where she has served as President and was named Woman of the Year for the 2011-12 term. She has also served as vice chair of the ABWA Southwest Florida Council. In addition, Gayle has established a financial advisory practice of Ameriprise Financial (Molloy & DeHaan-Garland) in Fort Myers, where she lives with her husband, artist Larry Garland.*

Big Band Pianist Concludes Shell Point Summer Concert Series September 10

Shell Point Retirement Community welcomes Dick Hyman: Big Bands & Combos as the final performance in its 2015 Summer Concert Series. This concert will be held on Thursday, September 10 at 7:30 p.m. in The Village Church on The Island at Shell Point.

Dick Hyman has had a long-standing career as a pianist, organist, arranger, music director and composer. While developing his own musical style, Hyman researched and recorded works by piano greats from the early periods of jazz, like Joplin, Gershwin, Jelly Roll Morton and Duke Ellington. His performance will feature film clips of famous Big Band recordings, followed by Hyman's own solo version.

Tickets for this concert cost \$20, and may be purchased online at www.shellpoint.org/concerts or by calling 454-2067.*



Dick Hyman



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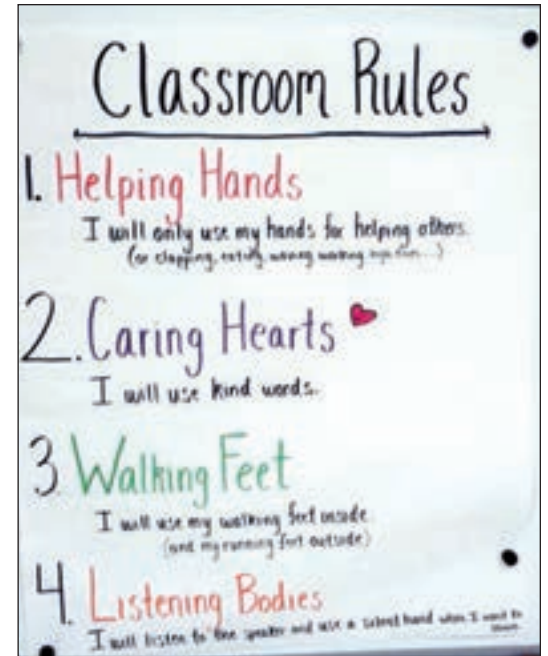


Ms. Mandy reads a story to her class during circle time

The Children's Education Center of the Islands began its 2015 school year with a bang. Students were ready to be back in school to meet their new teachers and to see old friends. It was a great start to a new year of learning.✱



Angelina Roa is excited to be back with her friends in the three-year-old class



The class rules for the VPK class, which were decided on by the children, could very well be rules for everyone.

Register For Surf And Turf On Captiva

Registration is now open for the 3rd annual Surf & Turf Experience fundraiser to benefit Disabled Veterans Insurance Careers (DVIC). The fundraiser will take place from October 16 to 18 at South Seas Island Resort on Captiva. The three-day, two-night sportsman's weekend consists of three-person teams competing in fishing and golfing contests.

The weekend activities include a fishing and golf tournament, accommodations at South Seas Island Resort, evening cocktail receptions, breakfast and lunch. The \$1,500 entry fee also includes the Friday evening dinner and casino night and the Saturday evening dinner featuring an auction and awards ceremony. In addition, players will receive custom, limited edition apparel and a commemorative gift.

All proceeds from the event will support the mission of DVIC to educate, train and create meaningful employment opportunities within the insurance industry for disabled veterans.

To register or become a sponsor of the event, contact Stacey Mercado at 433-7189 or SMercado@BBandT.com.✱

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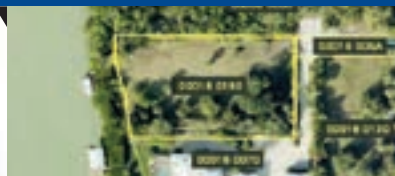
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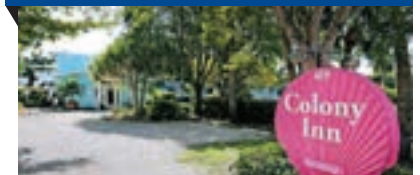
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Real Estate Vs. Stocks?



by Timothy P. Vick, Senior Vice President and Senior Portfolio Manager

Real estate has played a pivotal role – positively and negatively – in many clients' financial plans the past decade. And we've been there, alongside many of you, to coach you through the often emotional decisions regarding buying and selling a property.

With both real estate and stock prices escalating again in tandem, clients are facing the same balancing-act questions they did a decade ago: Should I invest excess cash in the stock market, or renovate my home? Should I take profits on my stocks, pay off the mortgage, and be debt free? Should I take money out of the stock market to buy a rental property? Is it time to sell that vacation property we hardly use anymore? We've found the answers often become obvious once you frame the question in terms of your long-term financial needs, and our team of financial professionals can assist you with the toughest of these decisions.

In looking at this issue, first determine

how your stocks and real estate fit into your long-term plans. For some of you, your home(s) are not integral to your financial plans, as you have sufficient investable assets to pay bills and provide a permanently comfortable lifestyle. But for others, your real estate – especially second or third homes – may one day be just as vital as your stock portfolios in meeting your lifestyle needs, so you will need to assess when and how to monetize those assets.

Second, determine how your stocks and real estate suit your income needs. Many clients need their entire balance sheet (bank accounts, real estate, stocks, bonds, etc.) working for them and generating sufficient income to fund retirement needs. Yet, we find in many cases that the majority of a client's assets are not contributing, thus putting all the pressure on the stock portfolio to appreciate.

Third, appraise your assets' ability to appreciate. With the exception of the anomalous 2002-07 housing boom, stock prices have appreciated at much faster rates than home prices long-term. Stocks tend to rise in tandem with business values, and businesses tend to grow at the rate of their sales and profits (which have averaged six percent long-term in the U.S.). Add in dividends, and stocks have been able to generate long-term "total returns" closer to nine percent per year for nearly a century. In contrast, local home prices tend to rise with local incomes, which have risen one to three percent per year long term. In unique, high-end markets such as Naples,

Sarasota and Sanibel-Captiva (coastal "tourism" markets that attract national or international buyers) prices are dependent on the health of buyers' balance sheets, and can change more rapidly. But once you factor in maintenance and carrying costs on a house (three to five percent of the value each year) and realtor commissions (another six percent), the net return on owning a home still tends to fall short of stock returns.

Finally, let market conditions determine the best course, but never try to "time" either market. Today, conditions favor investments in both stocks and real estate, but they are not either/or choices. With home prices rising again, it has been tempting for many investors to sell stocks, and cull their retirement portfolios to buy a second home or pay off a mortgage. Yet the mathematics still discourage it. Selling portions of a stock portfolio to pay cash for a home permanently removes the portfolio's compounding potential, and may also deprive the account of income needed for living expenses. Generally, if your stocks can rise at a faster yearly rate than the after-tax interest rate on a mortgage, you are better off borrowing to buy the property. Many stocks we own for clients already sport dividend yields that are higher than mortgage rates, making the decision to borrow easier.

For clients looking to buy a home now, we can help arrange a mortgage or a line of credit (LOC) collateralized by your stock portfolio.*

Superior Interiors

Fabulous Focal Points



by Marcia Feeney

Simply stated, every room in your home needs some sort of fabulous design focal point. And, if your room is lacking a focal point, then one of your first design steps should be to create one.

Often times, rooms do include some feature or furnishing that makes a natural focal point. The table or buffet in the dining room, the bed in a bedroom, the desk in a library or den is usually the most noticeable feature – and the logical candidate for being emphasized.

Huge paintings supersized graphics of all sorts and sizeable pieces of sculpture can be used as focal points themselves or add to the excitement of an emphasized area.

Conversational areas, designed with avant garde furniture and made of innovative materials, are sure to be scene-stealers. Unusual fabrics – either vividly colored or strikingly patterned – can be used for emphasis, and a dramatic area rug is one way of setting off or highlighting any specific part of a room.

continued on page 41

Doctor and Dietitian

When Summer Is A Pain In The Back



by Ross Hauser, MD and Marion Hauser, MS, RD

During the summer we see a lot of average folk as well as athletes with low back pain. Summer is a time for people to enjoy sunny outdoor activities and it is also when athletes are training and getting ready for marathons and fall sports.

Overall, regular exercise and staying fit prevent back pain. Low back pain is more common among people who are overweight, since the extra pounds put stress on the back, especially weekend warriors who push themselves hard after sitting around all week. Yet, anyone can get back pain.

When an athlete injures the lower back it is almost always a sacroiliac

injury, and the athlete will experience pain on one side more than the other. It doesn't necessarily mean they did something wrong, only that they are maximizing their training. And sometimes they overdo it and an injury occurs.

On the other hand, poor running form is a very common cause of low back pain. Good form means the abdominal muscles are engaged, the pelvis is level and the torso is tall. Proper running form also involves landing on the mid-foot to the balls of the feet and not on the heels.

When experiencing low back pain, applications of heat, gentle exercise and movement, acupuncture, yoga and chiropractic care may all be beneficial. If there is a lack of relief with these modalities or when the low back pain injury is not significantly better after massage, chiropractic, or other manual therapies, another course of action to consider is Regenerative Injection Therapy, also known as Prolotherapy. These natural injection treatments stimulate the body to repair itself. As the source of the injury repairs, the nagging back pain can be relieved as well as a feeling of increased stability.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**



Escape The Ordinary With Marahlago

Lily & Co. Jewelers gives an escape from the ordinary in its breathtaking collection by Marahlago, who melds nature, art and her great sense of style with the stunning Larimar stone. Its rarity is legendary – found only on a single square kilometer protected by a dense rainforest in the Dominican Republic.

Larimar was forged from the volcanic forces that shaped the Caribbean Islands where it remained undiscovered



until small bits tumbled down a river to the sea, being polished along the way. In 1974, a local artisan rediscovered the stone and renamed it for his daughter (Larissa) and the Spanish word for sea (mar).

Marahlago discovered a beautiful blue Larimar piece among her husband's old travel souvenirs, which prompted a treasure hunt around the Caribbean. In time, Marahlago found her way to the source... and a new endeavor was born.

"Careful inspection of the Marahlago Larimar collection reveals that each piece is crafted with meticulous attention to the tiniest detail," said Dan Schuyler, co-owner

continued on page 41

Will Power

The Importance Of Communication



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Americans don't like to talk about sensitive topics like money and death. I deal with both of these topics on a daily basis with my clients, so to me it's pretty much second nature. It's apparent, however, that most of my clients squirm at the thought of revealing their financial condition as they must in order for me to properly help plan their estate. Couple that with discussing their own mortality and you got a pretty nasty combination.

And that's just the beginning. While communication with your team of legal, tax and financial professionals is important to put a proper estate plan in place, the project isn't complete without informing your loved ones.

I'm not kidding.

"Why do I need to tell my family about my finances and my will? It's none of their business!" I've heard on more than one occasion.

I reply that you don't need to tell your family, but the more that you communicate, the less likely problems arise.

Consider a situation where in his last will and testament, "Al," designates his Florida property for his son and another Michigan property for his daughter. Al then has a stroke and becomes unable to communicate. He eventually needs a nursing home, but Al doesn't have a lot of money. Discovering his lack of liquidity, daughter decides to move Al to his Michigan lake house (near where she lives), and sells the Florida property to provide money for his care.

Daughter's actions effectively disinherited her brother from Al's estate. Daughter and son didn't realize this until Al's death, as Al didn't communicate his financial condition or the contents of his will with his children. Daughter disinherited her brother innocently, but that could easily devolve into bad feelings and finger pointing. Communication of his financial condition, along with the contents of his will prior to his illness, could have helped his children consider alternatives that could have avoided these problems.

Yet another common communication problem arises in blended families. Consider the situation where "Robert" is married to "Judy," his second wife who is not the mother of his children, "Rachel" and "Rebecca." Robert loves Judy and wants to provide for her, but he doesn't want to leave everything out right to her, since Robert wants his daughters to benefit from his wealth following Judy's death.

Robert leaves a life estate in his residence to Judy, along with a marital trust that

pays Judy income for her life. At Judy's death, all of the assets are left to Rachel and Rebecca.

Robert should communicate his intent to Judy and his daughters. Who knows what their expectations are? While Robert might feel that no one should have expectations, that attitude defies human nature. Judy may not have many assets of her own to live off of, and may be quite fearful of her financial future if Robert predeceases her.

If Robert doesn't discuss and share with her what he intends to leave her and how he intends to leave it, Judy's anxiety is only going to increase. In the best of all worlds, continued on page 41

Local Realtor Attends Largest Real Estate Event Of The Year

Susan Andrews, realtor/broker/owner of SanibelSusan Realty Associates, attended the 99th annual Florida Realtors Convention & Trade Expo held August 19 to 23 at Rosen Shingle Creek Resort in Orlando.

Each year, the Convention & Trade Expo brings realtors from around the state together to discuss key issues that shape their profession and the state association. One of this year's highlights was a general session featuring Lou Holtz, an inspirational coach who revitalized the Notre Dame football team to win nine bowl games and a national championship.

During the five-day event, Andrews evaluated prospective new instructors while serving on the Florida Realtors Faculty Development Audition Panel, participated in the three state committees where she is a member (Professional Standards Forum, Professional Development Committee, Resort & 2nd Home Specialists Forum), and worked as an Education Ambassador introducing speakers during the education sessions.*



Susan Andrews

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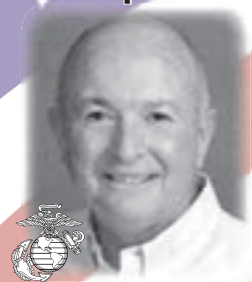
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Happy Labor Day!

School Smart



by Shelley M. Greggs, NCSLP

Dear Shelley, My son has dyslexia. I have been reading about a new font that is just for people with dyslexia. What do you know about this font? Is it for real?
Jeff G., Fort Myers

Jeff,

Yes, I too have seen reports about a new font that makes reading for those with dyslexia much easier. Current research tells us that there is evidence that the presentation of specific types of text has a significant effect on a text's accessibility for people with dyslexia. Approximately 10 to 17 percent of the population in the U.S. has dyslexia, a neurological disability that impairs a person's ability to read and write. Dyslexia is typically characterized by difficulties with accurate word recognition and by poor spelling and decoding abilities. According to the National Center for Learning Disabilities, some with dyslexia have trouble with reading and spelling, while others struggle to write, or to tell left from right. Dyslexia can also make it difficult for people to express themselves clearly. It can be hard for them to use vocabulary and to structure their thoughts during

conversation, per the National Center for Learning Disabilities.

Dan Britton, a graphic designer, has come up with a font that could potentially help people better understand the emotional experience of dyslexic people when reading texts. Britton himself was diagnosed with dyslexia while he was still in college.

Britton who set out to create a font that would make reading more accessible and less frustrating designed Dyslexie, the name for this new font. It uses several techniques that help certain letters and punctuation stand out to a dyslexic person: a heavy base line, alternating stick/tail lengths, larger than normal openings on letters like "c" and a semi-cursive slant.

While there is no hard science on the success rate of this font presently anecdotal experiences support it's use. "It gives students additional clues to what the letters may be," said Lisa Oswald, assistive technology coordinator and speech pathologist at Eastside Elementary.

Jana Chao, the fourth grade reading and language teacher also at Eastside Elementary, said she uses the font for many of her materials and has seen a difference in her students. She currently has three who are dyslexic.

"I've asked them if it helps as far as reading and... all of them have spoken positively about the font that it helps them. Especially with the b's and the d's. I've definitely seen a difference," Chao said. "If nothing else, it keeps them from

continued on page 36

Bank Of The Islands Named Taste Of The Islands Presenting Sponsor



From left, Nanette Scoville, CROW's Development Director; Rob Lisenbee, vice president, Bank of the Islands; Geoff Roepstorff, CEO of Edison National Bank/Bank of the Islands; Robbie Roepstorff, president of Edison National Bank/Bank of the Islands; and Willy Ocasio, Bank of the Islands' Sanibel-Captiva office manager

Bank of the Islands/Edison National Bank is returning as Presenting Sponsor for CROW's 34th annual Taste of the Islands, scheduled for Sunday, November 8 from noon to 5 p.m. at Sanibel Community Park. Taste of the Islands will feature restaurants from Sanibel and Captiva Islands. In addition, there will be a silent auction along with food, fun and live music. All proceeds will benefit direct patient care at CROW's wildlife hospital. For additional information about CROW's Taste of the Islands, visit www.crowclinic.org.



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Shell Point Launches Six-Part Series On The Story Of China

The Academy of Lifelong Learning at Shell Point Retirement Community launches its fall semester with The Story of China. This series of six historical lectures, will be held at Shell Point on Tuesdays this fall, from 10 a.m. to 11:30 a.m.

Beginning on September 15, The Story of China explores the impact of China's history, religion, and culture on the world. Professor Adrian Kerr will examine this immense and varied country, from the origins of its native people to taking its position on the world stage. The schedule of lectures will include:

- September 15 – Prehistory and Early Times
- October 6 – The Qin to the Han
- October 13 – From the Han to the Mongols
- October 20 – The Great Ming Dynasty
- October 27 – From the Ming to the Republic
- November 3 – From the Republic to Today

Professor Kerr, a resident of Southwest Florida, has studied ancient civilizations in Egypt, China and more for over 30 years. A regular world traveler, Kerr specializes in interaction between early civilizations, and the impact these ancient communities have on modern times.

Separate tickets are required for each session, and cost \$10 each. To purchase tickets for these presentations, call 489-8472 or visit www.shellpoint.org/events.



Professor Adrian Kerr

San-Cap Community Bank Names Treasury Management Vice President

Mona Strasser has joined Sanibel Captiva Community Bank as vice president of treasury management. She is responsible for implementing the bank's deposit software products for business customers.

"Our software products make banking easier and more efficient for businesses," said President and CEO Craig Albert. "Having someone with Mona's expertise and depth of banking knowledge on staff to work with our business customers is a significant advantage for them. She is saving our customers time and stress."

Sanibel Captiva Community Bank's online services include electronic bill payment, ACH origination, wire management, Positive Pay fraud detection and a new mobile banking app. Strasser visits the bank's business customers individually to help install the software. She also trains them to take full advantage of the software's capabilities, to make funds management as simple and fast as possible.

Strasser has more than 14 years of banking experience, including serving as vice president/banking center manager with a regional bank. A Lee County native, she is a Red Knight Foundation committee member.

"Word is spreading that we offer these convenient products at no cost to the business customer, providing huge savings," added Albert. "Our demand deposit accounts have increased 30 percent since this time last year, primarily because of our new business accounts."

To learn more, visit www.sancapbank.com.



Mona Strasser

Read us online at IslandSunNews.com

Just Published... Common Cents Estate Planning by Craig R. Hersch



Craig Hersch is a Florida Bar Board Certified Attorney and "Will Power" columnist



This groundbreaking book is based on attorney Craig R. Hersch's 25 years of experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- Estate planning for second and blended marriages
- Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at Amazon.com.

To order a copy, follow the link at www.sbshlaw.com/books.



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From page 34

School Smart

being as frustrated."

One of Chao's students said he noticed a difference when his teacher and started using the font. "It's bigger, and it makes the words look different where I can look at it better."

It may be worth a try for your son to use this font to see if it helps him. Dyslexie is available for a free download for personal usage. Visit dyslexiefont.com for more information.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consult-

ing company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.



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Sanibel & Captiva Chamber Earns Statewide Recognition

The Francis P. Bailey, Jr. Visitor Center on Sanibel has been named one of only 13 official Florida Certified Tourism Information Centers in association with a new VISIT FLORIDA program.

The VISIT FLORIDA Certified Tourism Information Centers (CTICs) program brings VISIT FLORIDA recognition to Visitor Services facilities around the state, providing these facilities and their staff with benefits that enable successful promotion of travel to and throughout Florida.

To become an official Florida Certified Tourism Information Center, visitor centers must meet requirements specified by VISIT FLORIDA, such as: centers must be a VISIT FLORIDA Partner, centers must be open year-round at a minimum of five days per week, centers must be located in a convenient and accessible location for the ease of travelers, and centers must have access to parking and restroom facilities to accommodate visitors including persons with disabilities.

"VISIT FLORIDA is not looking to franchise visitor centers," said David Dodd, VISIT FLORIDA vice president of visitor services. "The VISIT FLORIDA Certified Tourism Information Center program is focused on presenting a consistent Florida message and a quality Florida experience for all visitors to the Sunshine State."

"We are very proud of our staff and volunteers who look after the many visitors that come through our doors each and every day" said chamber president Ric Base

The Francis P. Bailey, Jr. Visitor Center is located at the entrance to Sanibel Island



New Visitor Center sign

and welcomes over 165,000 visitors each year. The Visitor Center is open 365 days a year and provides visitors with comprehensive information about things to do, places to visit, where to stay, shop or dine.

The Sanibel & Captiva Islands Chamber of Commerce is dedicated to promoting the prosperity of its members and preserves the quality of life of our community. With over 560 active chamber members from both islands including businesses from Lee and Collier counties, the chamber plays a key role in facilitating communication and cooperation between business, residents and government to enhance the economic health of the islands.



The Francis P. Bailey, Jr. Visitor Center has been named a Florida Certified Tourism Information Center

The Francis P. Bailey, Jr. Visitor Center is located at the entrance to Sanibel Island and welcomes over 165,000 visitors each year. The visitor center is open 365 days a year and provides visitors with comprehensive information about things to do, places to visit, where to stay, shop or dine. Their website – www.sanibel-captiva.org – provides nearly one million website referrals per year to chamber members.✧



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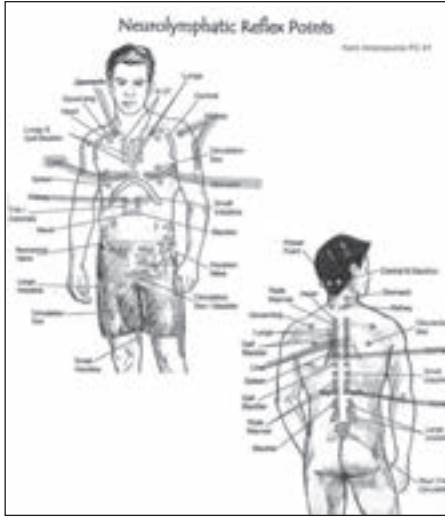


by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Did you know that our lymph system, which has twice as many lymph vessels as blood vessels, has no pump?

Historically, vigorous physical activity released the toxins from the lymph system. However today, with our sedentary lifestyle, there is little opportunity to move the toxins from our bodies without intervention. There are more than 90 Neurolymphatic reflex points on the surface of the body, which are not always located directly over lymph nodes, vessels or lymph tissue. However, research has shown that by rubbing the reflex points (see accompanying chart) toxins will be released from the system, clearing stagnate energies (including emotional energy) and leaving you feeling energized.

If you cut yourself, clear liquid appears; this is lymph. Its' role is to support the immune system by creating antibodies, producing specialized white blood cells, transporting nourishment to the cells and then eliminating and transporting waste products from the cells. If lymph movement is compromised by the accu-



Neurolymphatic reflex points
from Innersource FC #1

mulation of toxins that are not removed, then the system becomes less able to efficiently function to remove toxins. In other words, the system is in overload.

An essential principle of EEM is moving stagnate energy to make space. So, use as much pressure as you can tolerate to push the toxins from these points. Many points may be tender, so be mindful of your body. Go slowly when starting (especially if you have been ill), but build to the point that enables rubbing daily with vigor. The Neurolymphatic Rub is part of the 5-Minute Routine:

Step 1. Rub the points shown in the figure with firm pressure, moving the skin up and down or with a circular motion.

Step 2. Rub each point about five seconds. Try to rub all points over a few days.

Step 3. Tender points should be rubbed a bit extra. Tenderness may con-

tinue for some time, but eventually will dissipate as you clear congestion.

Step 4. If you have many toxins in the system, nausea may be experienced as toxins are released into the bloodstream. Although not harmful, proceed slowly the next time you rub.

Have fun with your energy. Next week's topic is Dry Skin, Mouth, Eyes, Nasal Passages? Rub Large Intestine Points.

*If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.sem-melmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

Marrow Donor Program Drive

In seeking a bone marrow match for 7-year-old Parker Jones, who is currently fighting for his life, and to raise awareness of the importance of bone marrow donation, HealthPark Medical Center is hosting a Delete Blood Cancer Drive for the National Marrow Donor Program on Monday, September 14 from 10 a.m. to 2 p.m.

"Approximately every three minutes, someone in the U.S. is diagnosed with a blood cancer and for so many, the only hope for a cure is the gift of a life-saving bone marrow transplant," said Angela Abu Shahin, a family friend and coordinator of the drive. "For the thousands of people diagnosed every year with life-threatening blood cancers like leukemia and lymphoma, a cure exists.

It is imperative we increase the number of participants on the National Bone Marrow registry."

Parker does not have a lot of time. He was originally diagnosed with severe aplastic anemia approximately two years ago. At only 7 years old, Parker relapsed in February of 2015; his first bone marrow transplant had failed. Parker requires care 24/7 and will not survive without another transplant. Only 30 percent of matches are family members. That means 70 percent of the time patients must rely on an unrelated donor. Delete Blood Cancer works every day to add potential lifesavers to the National Marrow Donor Registry for patients like Parker.

When you register with the National Marrow Donor Registry through Delete Blood Cancer, you are making yourself available as a potential marrow donor for any patient in need of transplant. If you do match with a patient, you will be asked to donate either peripheral blood stem cells or marrow in procedures that differ from donating blood. Please join the registry to save lives of patients like Parker Jones. If you have questions on what being on the registry can mean for you, come to the event to learn more.

The Delete Blood Cancer Drive will be held at HealthPark Medical Center, 9981 S HealthPark Drive in Fort Myers, inside the main lobby. This is not a fundraising event or a blood drive, but a search for possible bone marrow donors. It only takes a 30 second cheek swab to be added to the National Bone Marrow Registry. Parking is free.

For more information, contact Angela Abu Shahin, treasurer and executive board member for the Lee County Medical Society Alliance, at 314-409-7787.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I feel like I am always the one doing the compromising in my relationship. How can I get my partner to compromise too?

A: Relationships have their chal-

lenges and learning to compromise can be healthy for a couple. The key is to have healthy compromises so both partners feel a sense of balance as opposed to one sided which only leads to anger and resentment.

If your partner is the one who is making the compromise, it can be thoughtful to bring something to the table to show you are being genuine and that you appreciate your partners willingness to compromise. This will add more balance and fairness between the couple and will provide some sharing that will soften the challenges of the more significant compromises. The small compromises are not

threatening to our core needs and wants and can soften around the edges.

There may be certain non-negotiating that won't be compromised with either partner, and this is OK. Have this discussion and be upfront on what you are willing to compromise. Talk about what your compromises mean to both of you, who it is most important to and why. It is possible to do this without making it seem as though you are giving up parts of yourself or doing something that will strain the relationship. Be cognizant not to give up too much of yourself through compromise as this can begin to alter your true essence of who you really are.

When a compromise is necessary, try negotiating in a way where both of you will be satisfied with the outcome. If you are at an impasse with negotiating, discuss the possibility of bringing in someone who can be objective such as a counselor or coach and provide guidance in making it a growth experience for the couple.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.*

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dearRPharmacist

How Chile Relieves Nerve Pain



by Suzy Cohen, RPh

Dear Readers: It is very ironic that something so hot as chile could provide such amazing pain relief to millions of people. Sometimes you see it spelled as chili or chilli but no matter what culture

you live in the same thought comes to mind: HOT!

Chile gets its heat from an alkaloid compound called "capsaicin" which is mostly in the seeds of the pepper. That reminds me, if you don't want your guacamole hot, leave out the seeds from the jalapeño. When you compare a chile to an orange, ounce for ounce, the chile actually has more vitamin C.

Capsaicin preparations may be able to help you if you have nerve pain, which is termed "neuropathy." This nerve pain sometimes goes hand in hand with syndromes like post-herpetic neuralgia (PHN), autoimmune disorders or diabetic neuropathy. Now let's talk about how putting the 'flame' on pain helps reduce it. Weird, I know.

When capsaicin is applied to the skin, it causes a brief initial sensitization, where you might feel some pain. But if you do it properly, it shouldn't be painful. After a few applications, there is a desensitization of the local pain nerves. In other words, the pain may still be there, but you don't feel it because your nerves are a little numb to it. This effect occurs through repeated stimulation of TRPV1 (transient receptor potential vanilloid-1) nerve fibers. These heat-sensing fibers alert you when you've touched the stove.

A 2013 study in *Current Medicinal Chemistry* showed that resveratrol eases diabetic neuropathy too, but this herb is taken orally, it's not a cream. Resveratrol was once thought to sweep up free radicals, and that's all but today we know it activates SIRT1 and Nrf2 antioxidants, while shutting the flood

gates to your pain-causing NF Kappa B pathway. I taught you this in my diabetes book in 2010. Over time, resveratrol protects against pins and needle sensations, numbness and neuronal cell death. Resveratrol is one ingredient in GlucoScript capsules, my patented supplement intended to protect you from the ravages of insulin dysfunction and elevated blood sugar

As it pertains to shingles or Post-Herpetic Neuralgia (PHN), capsaicin seems counter-intuitive because your skin already hurts. Blisters from this virus can be excruciating and can last for months in some people. The prescription Qutenza 8% Patch is available, however it is derived from a synthetic form of capsaicin. There are OTC patches available in all pharmacies.

In a human study of 250 patients with diabetic neuropathy, half were given capsaicin cream and half were given a plain moisturizing placebo cream. Satisfactory treatment of this debilitating disorder (which can lead to amputations) has escaped physicians for decades.

Patients receiving capsaicin cream enjoyed a nearly 70 percent reduction in neuropathic pain symptoms (after the initial transient burning, of course). Controlling blood sugar and other cytokines is key to reducing diabetic neuropathy pain, so in case you missed my recent article on this topic, it's archived at my website www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My mother is a mean, miserable person and unforgiving... at least to me. When I was in college, I went crazy with the freedom. I did drugs, drank alcohol and totaled the car my parents had given me. I was expelled and went and lived in a commune.

After a couple of years, I saw the light and turned my life around. I went to another college and graduated with a 4.0 average. I finished graduate school in record time and have a great job.

My mother is totally unforgiving. She ignores my loving wife and our children. My siblings have tried to talk to her, but she will not change.

Am I unrealistic to expect forgiveness after almost 25 years?

Bryan

Dear Bryan,

Our parents' acceptance and love are always important to us, regardless of our age. I am sorry you are in this position... it must be hurtful. It sounds like many people have tried to intercede on your behalf. Have you tried to talk to her? Let her know how you feel and how you would like her forgiveness.

If it continues, I would limit the time you spend together. She is your parent, but your relationship sounds dysfunctional.

Pryce

Dear Bryan,

I do not think your mother's behavior will ever change. Keep in touch with other members of your family and avoid any more discussions. The older I get, the more amazed I am at how many stories I hear that are similar to yours. Your mother seems to be a very troubled soul and certainly you alone cannot change her.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

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My Stars ★★★★★

FOR WEEK OF SEPTEMBER 7, 2015

ARIES (March 21 to April 19) Cupid is strong in the Aries aspect this week, with the cherub opening romantic possibilities for single Lambs, and strengthening ties 'twixt loving pairs already in a caring relationship.

TAURUS (April 20 to May 20) Your dramatic flair might make things more interesting as you recount an event to your colleagues. But be careful not to exaggerate reality to the point that facts and fancy combine to form fiction.

GEMINI (May 21 to June 20) You love to talk, and this week you should get lots of chances to share your thoughts with people who will not only pay attention to what you have to say, but will want to hear more.

CANCER (June 21 to July 22) The pattern of recent changes could begin to shift from mostly workplace-related events to more personal matters. Continue to keep an open mind as you prepare to deal with them.

LEO (July 23 to August 22) An opportunity for work-related travel could be just what the Terrific Tabby needs to get a new perspective on a balky situation. The trip also could prove to be personally rewarding.

VIRGO (August 23 to September 22) You might want to suggest resolving an old disagreement before it can affect a matter expected to come up for discussion. It's always best to start with a clean slate.

LIBRA (September 23 to October 22) The week favors combining dollops of creativity and practicality to work out both professional and personal problems. A longtime friend could have something of note to suggest.

SCORPIO (October 23 to November 21) Some surprising facts could come to

light if you decide to probe deeper into an "opportunity" than you might usually do. What you'll learn could determine what you'll earn.

SAGITTARIUS (November 22 to December 21) Someone close to you might seek your counsel. Hear him/her out, but hold the line at giving actual advice until you get credible answers to all your questions.

CAPRICORN (December 22 to January 19) What seems to be an overwhelming workplace project can be dealt with quite well if you handle one category at a time. Things will soon begin to fall into place.

AQUARIUS (January 20 to February 18) A personal matter might need more of your time than you had expected. Try to prioritize between your many outside commitments and your domestic responsibilities.

PISCES (February 19 to March 20) A developing situation still needs more time to grow, and more time to study before you can plunge in and make some attention-getting waves. Patience is best for wise Pisceans.

BORN THIS WEEK: You have a gift for organization that would make you a fine archivist. (Are you listening out there, Library of Congress?)

THIS WEEK IN HISTORY

- On Sept. 10, 1608, English adventurer John Smith is elected council president of Jamestown, Virginia -- the first permanent English settlement in North America. Smith had won popularity in the colony because of his organizational abilities and effectiveness in dealing with local Native American groups.

- On Sept. 7, 1813, the United States gets its nickname, Uncle Sam. The name is linked to Samuel Wilson, a New York

meat packer who supplied barrels of beef to the Army during the War of 1812. Wilson stamped the barrels with "U.S." for United States, but soldiers began referring to the grub as "Uncle Sam's."

- On Sept. 9, 1939, audiences at the Fox Theater in Riverside, California, get a surprise showing of "Gone With the Wind" as a second feature. Producer David O. Selznick sat in the back and observed the audience reaction to his highly anticipated film.

- On Sept. 12, 1940, near Montignac, France, a collection of prehistoric cave paintings is discovered by four teenagers. The roughly 16,000-year-old paintings, mostly of animals, are among the finest examples of art from the Upper Paleolithic period.

- On Sept. 11, 1965, the 1st Cavalry Division (Airmobile) begins to arrive in South Vietnam, bringing U.S. troop strength to more than 125,000. The unit was the first full U.S. Army division deployed to Vietnam.

- On Sept. 8, 1974, in a controversial executive action, President Gerald Ford pardons his disgraced predecessor Richard Nixon for crimes committed while in office involving the Watergate scandal.

- On Sept. 13, 1990, the drama series "Law & Order" premieres on NBC. It would go on to become one of the longest-running prime-time dramas in TV history -- 20 seasons. The "Law & Order" franchise was created by Dick Wolf, who began his TV career as a writer for "Miami Vice."

STRANGE BUT TRUE

- It was 20th-century Hungarian author and psychiatrist Thomas Szasz who made the following sage observation: "The greatest analgesic, soporific, stimulant, tranquilizer, narcotic, and to some extent even antibiotic -- in short, the closest thing to a

genuine panacea known to medical science -- is work."

- The story that's been adapted to film more than any other is the fairy tale "Cinderella."

- While it's true that paying to use transportation routes is nothing new, you might be surprised to learn the extent of some early pay-for-travel routes. In England in the early 1800s, there already were 30,000 miles of toll roads -- not to mention 8,000 toll gates.

- During World War II, money was smuggled into German POW camps using Monopoly games -- the real stuff was stashed in among the fake cash.

- Twerking may be a modern phenomenon, but in the 16th century, it was not unusual for a gentleman to be caught twirling (with an "i," not an "e") in public. Of course, twirling the hairs of one's mustache generally didn't raise an eyebrow in polite society.

- If you see a group of ducks in the water, you can call them, collectively, a "paddling" of ducks. In the air, however, the correct collective term is a "team."

- Before he became famous in his eponymous sitcom, Jerry Seinfeld appeared on the TV show "Benson" -- he played the governor's speechwriter. He didn't last long, though; he was fired after just three episodes.

THOUGHT FOR THE DAY

"By the age of six the average child will have completed the basic American education. ... From television, the child will have learned how to pick a lock, commit a fairly elaborate bank holdup, prevent witness all day long, get the laundry twice as white, and kill people with a variety of sophisticated armaments." -- Russell Baker

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Vince Scully
photo courtesy Los Angeles Dodger

From page 24

Dodgers

It would take pages to document his accomplishments, awards and Hall of Fame honors.

And he is proof-positive that if you love what you are doing – despite your age – you should keep doing it.

Here's what Scully's doctor told him when he discussed possible retirement:

"Do you enjoy what you're doing? Do you still do it reasonably well? Then why would you give it up? You retire and a year from now, you'll be an old man."

That's pretty good advice for everyone.

Miracle Season Ends Sunday

The Fort Myers Miracle baseball team will be unable to defend their 2014 Florida State League Championship with the season ending Sunday and the Miracle out of playoff contention.

As the week began, the Miracle's second-half season record was 34-29, seven games behind first-place Palm Beach in the FSL South Division with only seven games to play.

The Miracle will close out the season with two home games this weekend at Hammond Stadium against Charlotte, the division's champion in the season's first-half. Fort Myers will host Charlotte Friday at 7:05 p.m. and Sunday at 11:05 a.m.

Combined for the entire season, the Miracle was 72-61.*

From page 32

Focal Points

Bold, bright colors, spectacular patterns, anything that's new or unique are all fun to use, but remember – emphasis in design should be just that. One center of interest is usually enough; only a very large room is improved by more. If too many areas compete for attention, none will succeed in claiming it.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.**

From page 32

Marah Lago

of Lily & Co. "Marah's designs capture the unique hues and patterns of every Larimar gemstone for spectacular style."

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From page 33

Will Power

Robert and Judy meet not only with the estate attorney but also with a financial planner to discuss budgets and needs under various conditions. Robert's portfolio may or may not be appropriate to meet his intent.

At the same time, there's the danger that Judy's relationship with Rachel and Rebecca becomes acrimonious after Robert's passing. If Robert sits down with his daughters and explains how he wants his estate plan to work, then they are less likely to be wary of any money that Judy spends. Consider that every dollar Judy spends for the rest of her life is one less dollar the daughters will inherit.

The daughters might even bring up valid points that Robert may not have considered. What if Judy is close in age to the daughters? What if Judy doesn't want to live in the house any longer and needs nursing home care? Should the house be sold to provide money for that care? Is it more important for the daughters to inherit the home than the money one day? What about the contents of the home? Are there any items that Judy wouldn't value but are invaluable to the girls?

There are a million things to discuss. The problem is, no one wants to. Then when something happens everyone wishes that these things were discussed while Robert was healthy.

A joint meeting with a third party like an estate attorney may help get the ball rolling with delicate topics like these. Just don't sweep them under the rug because they're uncomfortable topics.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rainbolt@crowclinic.org or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, September 4, 11 a.m., adults: \$7, Teens: \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Monday, September 7 through Friday, September 11 – CROW's Visitor Education Center will be closed for fall cleaning and general maintenance and will reopen on Monday, September 14. The CROW hospital will be open during this period to receive and care for patients.*

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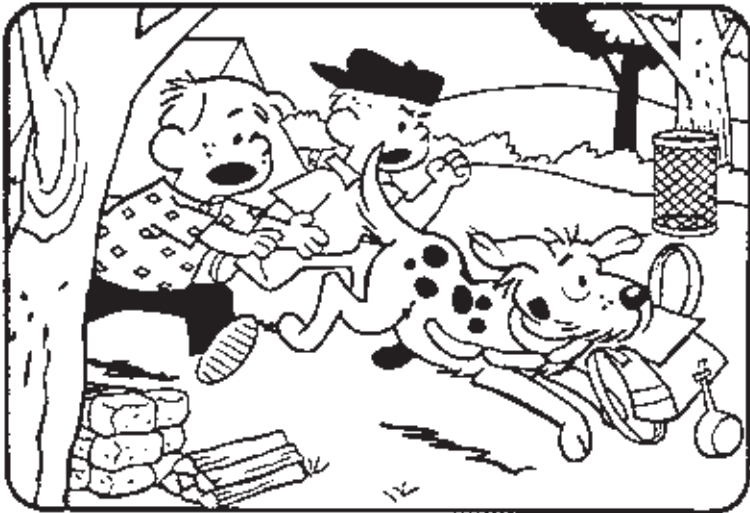
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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag:

Uncaring

SLABE

Suspend

GLADEN

Maybe

SHARPP

Crucial

GRUNTE

TODAY'S WORD

answer on page 43

	3			6				5
1				4	7	8		
		2	8				6	
2			5				3	7
		4			2		1	
	6			1		5		
8			3				5	
	4			7				9
7		5			9	3		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 43

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MAGIC MAZE

CLOSED

SUDOKU

4	3	8	2	6	1	9	7	5
1	5	6	9	4	7	8	2	3
9	7	2	8	5	3	1	6	4
2	8	1	5	9	6	4	3	7
5	9	4	7	3	2	6	1	8
3	6	7	4	1	8	5	9	2
8	1	9	3	2	4	7	5	6
6	4	3	1	7	5	2	8	9
7	2	5	6	8	9	3	4	1

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SCRAMBLERS

solution

1. Blase; 2. Dangle;
 3. Perhaps; 4. Urgent

Today's Word

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*NS 7/24 CC 9/11

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1 unit available for rent in the popular Sanibel Square property with 2rooms/1bath with 998sq. feet. Great place for your private office or business.
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*RS 1/23 BM TFN

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ANNUAL RENTAL

Single Family Coconut Creek Community, Off McGregor Blvd. Annual lease for 3 bedrooms, 2 bath, pool, 2 car garage. Asking \$2,300 a month, plus utilities. Call Patti 859-380-8763
*NS 9/4 CC 9/4

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ANNUAL RENTAL
3BD/3BA canal front home on Sanibel, large caged pool, large dock with lift, bay views with direct access.
\$3,000/mo. 239-239-233-2930.
*RS 9/4 CC TFN

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

Medical professional, wife and 1 high schooler looking for 1-2 yr. annual rental 2-3 bedroom w/garage. Previous Sanibel homeowner for 8 yrs, excellent references.
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*RS 8/14 CC 9/18

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Top 10 Real Estate Sales

Development	City	Square Footage	Listing Price	Selling Price	Days On Market	Year Built
Tuscany Isle	Bonita Springs	4,959	\$2,795,000	\$2,550,000	78	2005
Lanes FA Bayview Subdivision	Captiva	3,092	\$2,349,000	\$2,225,000	184	2001
Cape Coral	Cape Coral	2,789	\$849,900	\$775,000	115	2004
Castaway Key	Captiva	3,500	\$885,000	\$750,000	81	2010
Imperial Shores	Bonita Springs	1,588	\$735,000	\$685,000	45	1979
Savona	Estero	2,623	\$640,000	\$625,000	0	2006
Cape Coral	Cape Coral	4,000	\$639,000	\$605,000	83	2003
Suburban Ranchettes Unrec.	Fort Myers	2,987	\$519,888	\$519,888	16	1976
Cape Coral	Cape Coral	3,106	\$509,900	\$500,000	674	2002
Briarcliff	Fort Myers	2,830	\$549,900	\$490,000	33	1987

Courtesy of Royal Shell Real Estate

★ ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

HELP WANTED

Live on the Island and looking for PT work 1-2 days per week. Flexible schedule. Call 472-4886.
*NS 9/4 BM TFN

ARE YOU LOOKING FOR A REALLY FUN JOB?

ArtFest Fort Myers - Southwest Florida's premier art festival and largest weekend festival is hiring - year-round position starting now. Want to know more? Email us at sharon.mcallister@artfestfortmyers.com
*NS 9/4 NC 9/4

DAIRY QUEEN IS NOW HIRING!

Open Positions: Cook/Cashier/Shift leader, part time or full time. Please send your resume to dqsanibel@centurylink.net or stop by and apply in person.
*NS 8/14 CC 9/4

PART TIME HELP WANTED

Needful Things - Tahitian Gardens
Apply within at 1989 Periwinkle Way
*NS 8/21 CC TFN

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882
*RS 3/13 CC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.
*NS 7/11 NC TFN

HELP WANTED

FULL TIME VACATION RESERVATIONS AGENT

Full Time Vacation Reservations Agent &€ Must be familiar with Sanibel & Captiva Islands. Candidate should possess good communication skills, computer knowledge; Excel and Word proficient and like working with people. Excellent compensation package based on Vacation Rental experience. Respond only by Fax to 239 437-7543 or email to DSchuldenfrei@VIPRealty.com
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Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.
*NS 5/29 CC TFN

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*NS 11/1 NC TFN

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LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with Wildfire Blues Band, playing classic rock and dance. Renata plays funk, jazz and contemporary. on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.*

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB



Pets Of The Week

Hello, my name is Marmaduke. I'm a 1.5-year-old neutered male hound mix. Don't worry I'm not as big as the famous Marmaduke from the comic strip nor will I get into as much trouble as he does. I am just as goofy and cute, though! I promise to be a great family dog.

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion.

Hello, my name is Erin. I'm a 4-month-old spayed female domestic shorthair. I'm all the things you are looking for in a kitten – playful, inquisitive, cuddly and, of course, cute.

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion. Cats and kittens are also two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Marmaduke ID# 634150

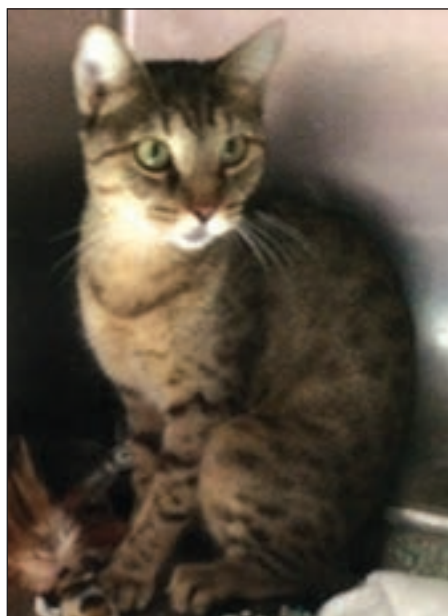


Erin ID# 624472

PAWS Of Sanibel

Lana

PAWS of Sanibel is desperately searching for a foster or forever home for beautiful Lana. She is the momma kitty trapped a couple weeks ago on West Gulf Drive. She is about 1 year old, combo tested, spayed and immunized. If you can help in any way, contact Pam at PAWS of Sanibel at 472-4823.*



Lana

Share your community news with us.
Call 395-1213
Fax: 395-2299
or email
press@islandsunnews.com

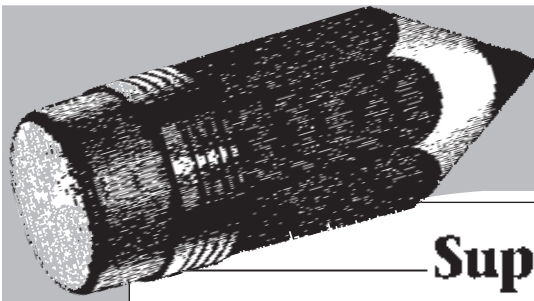
Island Sun

NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



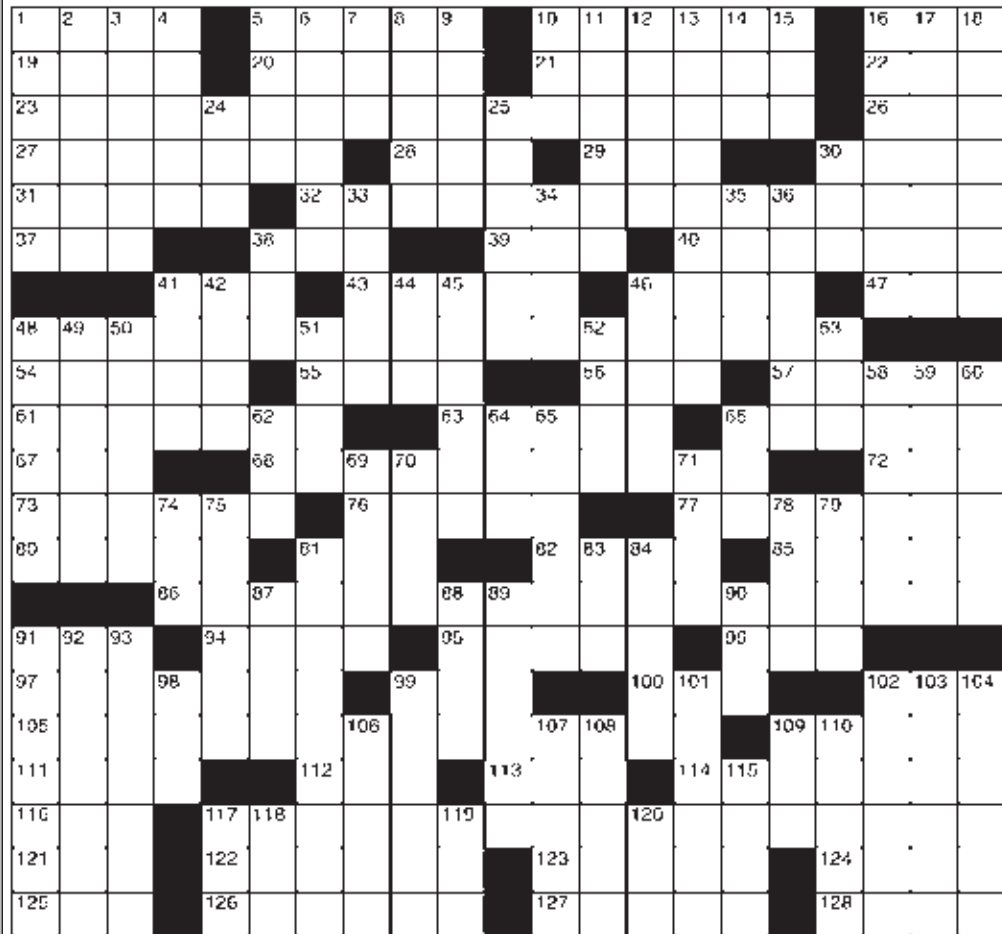
BEACH CHAIR PASTIME

answers on page 43

Super Crossword

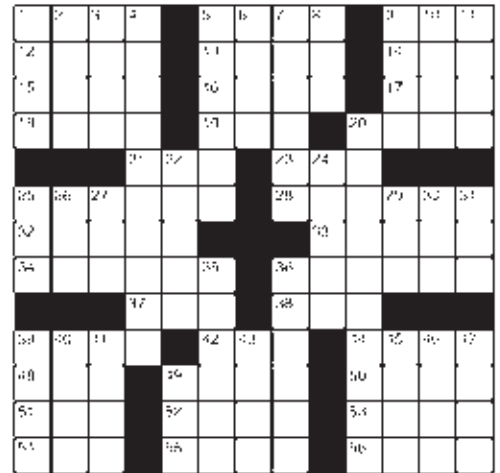
BREAKING STORY

- ACROSS**
- 1 On — with (equivalent to)
 - 5 Viking letters
 - 10 South American plains
 - 16 Cap for a Scot
 - 19 "Us" or "them"
 - 20 Prefix with structure
 - 21 Lacking scruples
 - 22 culpa
 - 23 Place for test tubes
 - 26 Bruins great Bobby
 - 27 Lemonade alternative
 - 28 Diving ideal
 - 29 Zero
 - 30 Blind as
 - 31 "Can it!"
 - 32 Warehouse or silo, e.g.
 - 37 Prom suit
 - 38 Antique auto
 - 39 Chum
 - 40 Noisy turkey
 - 41 Hearth residue
 - 43 Title giver
 - 46 Lord's lady
 - 47 Koch and Bradley
 - 48 Saying "Yay me!" say
 - 54 Oldsmobile's last model
 - 55 "Strange — may seem ..."
 - 56 living out a
 - 57 "You are not!" relict
 - 61 Is a sign of
 - 63 If paralys the fibula
 - 66 Pago Pago inhabitant
 - 67 VCR tape displacer
 - 68 P ace for excavating
 - 72 Corrosive cleaner
 - 73 Schieski of "Max"
 - 76 Beach locale
 - 77 In ciphertext
 - 80 Scandalous company of 2001
 - 81 Senator, e.g.
 - 82 " — shame!"
 - 85 La Scala show
 - 86 Upmar over a disputed matter
 - 91 Kennel noise
 - 94 "... friend who never made —" Tennyson
 - 95 Laundry cycle
 - 96 Lion's place
 - 97 Brussels site
 - 99 Suffix with rocket
 - 100 Up "t"
 - 102 Many run Windows
 - 105 Winner's coat
 - 109 "Ave —"
 - 111 Medium gait
 - 112 Refrain syllable
 - 113 Former Egypt-Syr. alliance
 - 114 "twofold nature"
 - 116 Lend support
 - 117 Obsolete hypothesis about the universe's origin
 - 121 British verb suffix
 - 122 Wounded
 - 123 Sowing a purpose
 - 124 Rock group
 - 125 Springe's's Planners
 - 126 I have a fixation (on)
 - 127 Repasts
 - 128 Give lip to?
- DOWN**
- 1 Give a hand
 - 2 Machu (site of Incan ruins)
 - 3 Farouq's, in France
 - 4 Ood's pair
 - 5 Starry grain
 - 6 Antsy feeling
 - 7 Farouq's org.
 - 8 Bard's Muse
 - 9 Cavalry sword
 - 10 Ford product
 - 11 Blown away
 - 12 Recurring subject
 - 13 Spread, as ideas
 - 14 Rowboat propeller
 - 15 Furtive
 - 16 Big name in cell service
 - 17 Made bubbly, in a way
 - 18 They suffer for believing
 - 24 To the — degree
 - 25 Va wagering
 - 30 Balkan Peninsula
 - 33 Salad bar tool
 - 34 Wise adviser
 - 35 "Hot Diggity" singer
 - 36 Two-rat on peninsula
 - 38 Letter before sigma
 - 41 Bushy '60s do
 - 42 File resident
 - 44 Jackie O's Onassis
 - 45 Kathy of country
 - 46 Capital of Senegal
 - 48 Wrangler's seat
 - 49 An hour before noon
 - 50 Shylock, e.g.
 - 51 Publisher Condé —
 - 52 Starship princess
 - 53 Holiday tuber
 - 58 Crumble into particles
 - 59 Bears Hall of Farmer Gale
 - 60 Eventually
 - 62 Sullax with Peking
 - 64 High figs for brains
 - 65 Shirt fastener
 - 66 Thesaurus word, Abbr.
 - 69 Christmas carol opener
 - 70 Court plea, in brief
 - 71 Be a parent to
 - 74 "NCIS: — Angeles"
 - 75 Involve by necessity
 - 78 Shore nook
 - 79 Unrestricted
 - 81 Advocates
 - 83 Seal holders
 - 84 Have the helm
 - 87 "That makes two —"
 - 88 Liberated, in German
 - 89 Big-top event
 - 90 Poem variety
 - 91 Not parake
 - 92 Musical echo
 - 93 Inundated
 - 98 "Skeadiddle"
 - 99 Dodges
 - 101 High school in "Grease"
 - 102 A (deductively)
 - 103 Lemon, e.g.
 - 104 Agree (to)
 - 106 Draw up
 - 107 Hollywood's O'Neal
 - 108 Preach, say
 - 109 — (in game)
 - 110 Smart (wise guy)
 - 115 Plains tribe
 - 117 HBO rival
 - 118 Indenting key
 - 119 NFL gains
 - 120 Aunt, to lines



King Crossword

- ACROSS**
- 1 Oil cartel
 - 5 "Clue" weapon
 - 9 Long, crosser
 - 12 Within reach
 - 13 Acknowledgement
 - 14 Wall climber
 - 15 — Major
 - 16 Yarbo-rough of NASCAR
 - 17 "A mouse!"
 - 18 Canal zone
 - 19 Sort
 - 20 Remedy
 - 21 Thither
 - 23 Spring mo.
 - 25 Sailing ship
 - 28 Titanic's resting place
 - 32 Altu dweller
 - 33 Blue hue
 - 34 Flight from danger
 - 36 "Annus Mirabilis" poet
 - 37 Started
 - 38 Blond shade
 - 39 Arrest
 - 42 Facial feature
 - 44 Look lasciviously
 - 48 Illustrations
 - 49 Director Apatow
 - 50 Authentic
 - 51 Id counter part
 - 52 Exam format
 - 53 Run down part of town
 - 54 Agt. "Annus Mirabilis"
 - 55 "Pretty Woman" star
 - 56 Tara root commander
 - 4 Hodgepodge
 - 5 Wisconsin city
 - 6 Elliptical
 - 7 Walk favorites
 - 8 Rain's partner
 - 9 Place
 - 10 Maintain
 - 11 Youngster
 - 20 Little Big Horn
 - 22 Bizarre
 - 24 Bartlett's, e.g.
 - 25 "Humbug"
 - 26 Hearty brew
 - 27 Rule, for short
 - 29 Future bloom
 - 30 Before
 - 31 Fair
 - 35 Urge, formally
 - 36 Lag
 - 39 Boxer Max
 - 40 Incite
 - 41 Half
 - 43 Hebrew month
 - 45 Neuter
 - 46 Praise highly
 - 47 Red Muppet
 - 49 Trot
- DOWN**
- 1 Responsibility
 - 2 Lima's land
 - 3 Relaxation



MAGIC MAZE ● CLOSED —

J T Q N J G D A X U R O L J G
 D A X V S P N K I F C A X V S
 Q E O L J H C G E C A X V T R
 P N R L J D N H Y H F S N D N
 B Y X U V I N T A T R N O P O
 O M K I T P G I E I E O I U I
 D T B E O **COMMUNITYS**
 Z X E H W U A O T C R T C K S
 Q M S S O N F R I L R L P E O E
 J I G F D F C A F I Y A L O S
 X W V T S R P O N C L C E B K

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- | | | | |
|----------|-----------|---------|---------|
| Book | Community | Meeting | Session |
| Captions | Election | Mind | Set |
| Chain | Fracture | Off | Society |
| Circuit | Loop | Out | |

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